

July 3, 2020

**NFL-NFLPA COVID-19 PROTOCOLS
FOR 2020 TRAINING CAMP
AND PRESEASON**

July 3, 2020

Table of Contents

Education Protocol..... 1

Club Facility Protocol 5

Team Travel Protocol 16

Treatment Response Protocol 24

Media Protocol 35

Enforcement of Protocols 37

COVID-19 Screening Form 38

Education Protocol

- I. Introduction. The NFL and the NFL Players Association, through their respective infectious disease experts, will develop material that Club medical staffs must use to educate Tier 1 and Tier 2 Individuals (as defined in the Club Facility Protocol) about COVID-19, including details of the Club’s Infectious Disease Emergency Response (“IDER”) Plan and best practices for reducing the risk of infections, testing and treatment. All Tier 1 and Tier 2 Individuals will be required to complete this COVID-19 education before full rosters of NFL players are permitted to return to work.
- a. Such education must, at a minimum, cover the following topics:
- i. Symptoms of COVID-19: Fever >100.4 , cough, shortness of breath, loss of sense of smell or taste, etc.
1. What to do if you have symptoms of COVID-19
2. Considerations for high-risk individuals:
- African American, Hispanic or Pacific Islander
 - BMI ≥ 28
 - Sleep apnea
 - Hypertension
 - Altered immunity
 - Diabetes mellitus
 - Cardiac disease
- ii. Infection Prevention:
1. Following guidelines delineated by the CDC and local/state health departments.
2. All Tier 1 and Tier 2 Individuals must practice good personal health habits and engage in preventative actions to help prevent the spread of COVID-19, which include:
- a. Stay home when sick, except to get medical care (and if leaving the home is necessary, wear a facemask or face covering around other people)
- b. Cover coughs and sneezes with a tissue, then throw the tissue in the trash, then wash hands with soap and water > 20 seconds.

- c. Proper and required use of PPE at the Club facility (i.e., use of masks, gloves, etc.) as required by the Club Facility Protocol.
 - d. Wash hands often with soap and water for at least 20 second—if soap and water are not available, use an alcohol-based hand sanitizer.
 - e. Clean hands before eating.
 - f. Avoid touching eyes, nose, and mouth.
 - g. Consume individual food and beverages and do not share with others (e.g., cups, water bottles).
- iii. Team travel and transportation
- iv. Isolation & Risk Mitigation protocols
 - 1. In advance of reporting of full Club rosters in July: Strongly encourage Tier 1 and Tier 2 Individuals and Players to practice virtual isolation wherever possible to minimize risk of infection.
 - 2. The NFL and NFLPA will continue to collaborate to develop protocols in advance of reporting of full Club rosters in July.
- v. COVID-19 Testing and Screening Protocols
- vi. Physical distancing requirements (6ft at all times) and limitations within the Club facility
- vii. What to do if a Tier 1 or Tier Individual has contact with an individual who tests positive for COVID-19
- viii. COVID-19 symptoms and requirements for reporting COVID-19 symptoms
- ix. Guidance for safely working out (individually or in groups) away from the Club facility
- x. Cleaning and sanitizing recommendations for personal residences and vehicles
- xi. Food safety
- xii. Media and fan interactions
- xiii. Resources (including testing and behavioral health) for family/household members

- b. Such education shall be jointly-developed by the NFL and NFLPA in video and/or standard PowerPoint presentation format and provided to all players and football staff via electronic means (i.e., email link, text message, “pushed” to players’ tablets, etc.). Each Club must also hold at least one (1) live virtual education session during which players and members of the football staff may have the opportunity to ask any questions of the Club medical staff and/or Infection Control Officer. Representatives from the NFLPA shall have the right to attend and participate in these sessions.
 - c. Written educational materials will also be provided to all players and football staffs electronically.
 - d. The Club’s Head Primary Care Sports Medicine Physician, in conjunction with the Club’s Infection Control Officer, shall be responsible for providing such education to all players and football staff members. He or she may be assisted by other members of the Club’s medical staff and/or athletic training staff if he or she deems it appropriate.
 - e. The Club’s Infection Control Officer shall certify to the NFL Management Council, in a form provided by the NFL and NFLPA, that such electronic education was provided to all players and football staff, and that all players and members of the football staff have acknowledged completion of the education no later than one week prior to the start of Training Camp. The NFL Management Council will provide copies of the certifications to the NFLPA.
- II. The NFL and NFLPA will also develop standard COVID-related educational information/resource materials to be provided to players’ and club staff’s families. Each Club will also hold a virtual information/education session/webinar for family members of players and Club football staffs, during which such family members will have an opportunity to ask questions. Representatives from the NFLPA shall have the right to attend and participate in these sessions.
- III. Once Club facilities are open, each Club will be responsible for providing additional in-person, if feasible given restrictions of physical distancing, or virtual education to all players and Club football staffs outlining the Club’s Facility Protocol, at both the Club facility and Club stadium, Team Travel Protocol and the Club’s IDER Plan.
- a. Each Club shall post extensive signage within the Restricted Areas (as defined in the Club Facility Protocol) of the facility, including but not limited to medical exam areas and athletic training, weight, locker, and meal rooms, on health policies, consisting of the following documents to provide additional education to players and football staffs on COVID-19 best practices:
 - i. CDC guidance on COVID-19 prevention

- ii. CDC guidance to stop the spread of germs
 - iii. CDC guidance on COVID-19 symptoms
 - iv. Local/State COVID-19 advisories
 - b. Subsequent educational sessions and materials will be provided on an ongoing basis, as frequently as is practicable and appropriate, including in the event there are cases of positive COVID-19 tests among players and/or football staff.
 - c. Clubs must ensure that any players and/or new members of the football staff who join the Club after the opening of facilities, or during the season, are provided with the educational materials required by this Protocol.
- IV. The NFL and NFLPA, through their respective infectious disease experts, will provide regular updates to players and Club employees via virtual meetings, emails, posters and other communications as appropriate.

Club Facility Protocol

I. Introduction. Prior to NFL players returning to NFL Club facilities for Training Camp, NFL Clubs will each be required to develop an Infectious Disease Emergency Response (“IDER”) Plan that sets forth the Club’s plan for containing an outbreak of disease (in this case, the COVID-19 pandemic). Each Club’s IDER Plan will be subject to review and approval by the NFL, NFLPA and Infection Control for Sports (“ICS”) (formerly known as the Duke Infection Control Outreach Network or “DICON”) as outlined in the parties’ side letter agreement. The parties will continue to update this Protocol as circumstances warrant and as the science evolves.

II. Facility Access

- a. Access to Restricted Areas (as defined below) in Club facilities during Training Camp will be limited to a defined group of essential personnel. Based on their roles and job responsibilities, essential football personnel will be assigned a “Tier” that will determine to which areas of Club facilities individuals will have access, as well as when and for what purpose. Each individual must display a Club issued credential displaying his or her “Tier.”
- b. **Restricted Areas** shall include the following areas: practice and stadium playing fields and sidelines; locker rooms; athletic training rooms and medical exam areas; player meal and meeting rooms; player lounge areas and weight rooms.
- c. **Tier 1** will consist of players and essential football personnel whose job function requires direct access to players for more than 10 minutes at a time on a regular basis. **Tier 2** will consist of other essential personnel who may need to be in close proximity to players and other Tier 1 Individuals and who may need to access Restricted Areas periodically. Only individuals assigned to Tiers 1 and 2 will be permitted access to Restricted Areas, and there will be limits on the number of individuals from each Club who may be assigned Tier 1 and Tier 2 access at any given time. Restricted Areas must be secured at all times and credentials must be checked prior to allowing access to such areas. **Tier 2M** will consist of designated pool media and broadcast partner personnel. **Tier 3** will consist of individuals who perform essential facility, stadium or event services but do not require close contact with Tier 1 Individuals. Club and other personnel who work exclusively in areas of Club facilities that are or will be completely cordoned off from the rest of the facility (*e.g.*, Club office employees) do not need to be credentialed in one of the three access Tiers, provided these individuals do not access any areas of the Club facility or stadium outside of their cordoned-off area on days in which Tier 1 Individuals are in the facility. Such personnel may not access any Restricted Area when Tier 1 Individuals are present in the facility and they are prohibited from having close contact with any Tier 1 Individuals (this is designed to permit nighttime cleaning staff to enter and disinfect Restricted Areas after Tier 1 individuals have vacated the facility). **Tier 3- Outdoor Access (“OA”)** will consist of individuals who may need to attend or

observe outdoor practice sessions but do not require close contact with Tier 1 Individuals. Individuals with a Tier 3-OA credential will not be permitted inside the Club facility at any time.

- d. At least seven (7) days prior to the first mandatory reporting date for players for Training Camp, each Club must submit to the NFL (attention: Meghan Carroll) a list of individuals whom the Club wishes to designate to have Tier 1, Tier 2, Tier 3, Tier 2M and Tier 3-OA access for the 2020 Training Camp and Preseason. Each list must include the individual's first name, last name, title, role (if unclear with title), employer (if not the Club), and requested access Tier. Clubs will be required to pare each list down to the applicable maximum per Tier for each day and personnel who report on those days must have received a negative virus test during the last time the test was given to all Club personnel. The NFL will review the lists and either approve or require revisions. Any proposed changes to a Club's list must be submitted to, and approved by, the NFL (attention: Meghan Carroll).
- e. **Tier 1.** The following categories are examples of essential and on-field personnel that are eligible for Tier 1 access, if designated by their Club and approved by the NFL (collectively "Tier 1 Individuals") (**Maximum Daily Number 60, in addition to players on roster.**)
- Players
 - Coaches
 - Athletic Trainers
 - Team Physicians
 - Strength and Conditioning Coaches
 - Equipment Managers
- Tier 1 Individuals are permitted to access Restricted Areas on an as-needed and regular basis.
- f. **Tier 2.** Non-playing personnel who are required to be in close contact with Tier 1 Individuals periodically or who may access Restricted Areas when Tier 1 Individuals are present, but who can reasonably maintain physical distance from Tier 1 Individuals and are able to use PPE while performing their jobs, are eligible for Tier 2 access (collectively "Tier 2 Individuals"). (**Maximum Daily Number 40.**) Examples of categories of individuals who may be designated as Tier 2 Individuals include:
- Club Facility Staff (including cafeteria and food service staff who will have contact with Tier 1 or Tier 2 Individuals)
 - Additional Coaches/Strength and Conditioning Coaches
 - Additional Athletic Trainers/Team Physicians/Medical Staff
 - Additional Equipment Managers
 - Ownership Representatives
 - General Managers

- Field Manager
- Football Operations/Football Administration Employees
- Club Communications/PR Staff
- In-house Media and Broadcast Personnel
- Video Personnel
- Security Personnel Assigned to Restricted Areas
- Certain NFL and NFLPA Staff, as needed (does not count against club maximum of Tier 2 Individuals)

Tier 2 Individuals may be permitted access to Restricted Areas and Non-Restricted Areas of Club facilities on an as-needed, but intermittent, basis. Clubs must limit access to Restricted Areas for Tier 2 Individuals to the extent possible. Tier 2 Individuals must wear PPE at all times when at Club facilities, should minimize any necessary time spent in Restricted Areas, and must avoid close contact with Tier 1 Individuals whenever possible. Tier 2 Individuals must also avoid interactions with Tier 3 Individuals. Clubs may modify their lists of Tier 2 Individuals to account for those Tier 2 Individuals who are not present at the Club facility on a daily basis. All such modifications must be submitted to the NFL (Attn. Meghan Carroll) in advance. **The total number of employees credentialed in Tiers 1 and 2 and present at the Club’s facility on a given day may not exceed 100.** However, if a Clubs does not designate 60 individuals as Tier 1 Individuals on a given day, the Club may reallocate the remaining Tier 1 credentials to Tier 2 Individuals, but in no event may the number of Tier 1 Individuals present in the facility on a given day exceed 60. For example, if a Club designates 50 employees as Tier 1 Individuals, the Club may designate 50 employees as Tier 2 Individuals. Tier 2M, Tier 3 and Tier 3-OA credentials may not be reallocated.

- g. **Tier 2M:** Pool media broadcast partner teams who will only be permitted in the facility media room, practice fields and stadium playing fields and sidelines. They will not be permitted access to other Restricted Areas in the Club facility (including locker rooms and medical areas) or to otherwise be in close proximity to Tier 1 Individuals. **(Maximum Daily Number: 10)**. Personnel who are eligible for designation as a Tier 2M Individuals:
- i. Certain designated “pool” media representatives (6)
 - ii. Broadcast partner personnel
- h. **Tier 3.** Individuals who perform essential facility, stadium or event services but do not require close contact with Tier 1 Individuals are eligible for Tier 3 access (collectively, “Tier 3 Individuals”). Tier 3 Individuals must avoid close contact with Tier 1 Individuals and Tier 2 Individuals, must wear PPE at all times when in the Club facility and are only permitted to access Restricted Areas when Tier 1 and Tier 2 Individuals are not present **(Maximum Daily Number 45)**. Examples

of categories of essential personnel who are eligible for designation as a Tier 3 Individual include:

- Certain Operational Personnel (e.g., cleaning service providers)
- Food preparation/kitchen personnel (who will prepare meals but have no contact with Tier 1 or Tier 2 Individuals)
- Additional In-house Media and Broadcast Personnel (e.g., camera operators, audio technicians)
- Field maintenance providers
- Transportation Providers
- Additional Stadium or Security Personnel not assigned to Restricted Areas

i. **Tier 3-Outdoor Access:** Individuals who may attend or observe the Club’s outdoor practice, but do not require close contact with Tier 1 or Tier 2 Individuals are eligible for Tier 3-Outdoor Access (“Tier 3-OA”) (collectively, “Tier 3-OA Individuals”). Tier 3-OA Individuals are not permitted inside the Restricted Areas of the Club facility at any time (which includes the Club’s indoor practice facility). Tier 3-OA Individuals must remain at least 10 feet away from the practice field, must wear PPE and maintain physical distance from Tier 1 Individuals, Tier 2 Individuals, Tier 2M Individuals and Tier 3 Individuals at all times. (**Maximum Daily Number: 30**). Categories of personnel who are eligible for designation as a Tier 3-OA Individual include:

- Additional media and broadcast personnel
- Additional security personnel
- Additional medical personnel (e.g., EMTs)
- Club Scouts

j. **Fans and Visitors.** Fans and visitors will not be permitted to attend Training Camp held at Club facilities at any time. A Club may hold no more than two (2) fan events at its stadium while players are practicing on the stadium field, provided that: (i) all state and local requirements regarding the number of permissible fans are followed; (ii) no fans are permitted on-field or to have any contact or interactions with any Tier 1 or Tier 2 Individual(s) (fans must be at least eight rows from barrier to field); (iii) the Club adheres to the physical distancing requirements contained in the Game Day Protocol; (iv) the Club complies with the cleaning and sanitation requirements of this Protocol at the Club Stadium; and (v) the Club adheres to all physical distancing requirements contained in the NFL’s stadium protocols. For closed air stadiums, Clubs must ensure they have proper air flow and filtering throughout the stadium, by measuring ventilation and calculating air changes per hour.

k. **Preseason Physical Exams:** Training Camp will begin with a required two-day period to conduct collectively bargained pre-season medical examinations and equipment fitting. During this period, medical consultants who enter the facility for the sole purpose of administering preseason physical exams (e.g., dentist, podiatrist) will not need a tiered credential to access the Club facility on those

specific dates only. However, all medical consultants administering preseason physical exams must be tested and screened in accordance with the Screening and Testing Protocol before entering the Club facility. Other than during this two-day period for the preseason physical exam, all medical consultants must have appropriate credentials to access Restricted Areas of the facility or come in close contact with Tier 1 Individuals.

1. **Entrance/Facility Design:** As players return to the Club facility for Training Camp, Clubs shall isolate Tier 1 and Tier 2 Individuals from other Club staff by implementing the following measures:
 - i. Clubs must designate or create a separate entrance to the facility for the sole use of Tier 1 and Tier 2 Individuals. If a separate entrance is not available, Clubs must schedule a dedicated time when a single entrance may be used only by Tier 1 and Tier 2 Individuals, and Clubs must clean and disinfect this area before and after use.
 - ii. Where possible, the flow of foot traffic into and out of the Club facility must be automated or no-touch to remove or reduce the use of touchpoints (*e.g.*, door handles, doorknobs, and push bars). Clubs must also designate those portions of the facility that players access “Restricted Areas—Tier 1 and Tier 2 Access Only”.
 - iii. Access to the Restricted Areas of the Club facility must be limited to players and essential football personnel assigned Tier 1 and Tier 2 access. Clubs must clearly mark Restricted Areas with signage.
 - iv. **Screening:** All players, Club employees and contractors who have access to the Restricted Areas must undergo daily screening and testing prior to entering the facility pursuant to the Screening and Testing Protocol. The daily screen for all “football essential” employees must include the questions included on the COVID-19 Screening Form attached to the Screening and Testing Protocol.

III. Physical Distancing

- a. Clubs must establish physical distancing protocols to allow players and/or staff to maintain six (6) feet of distance from one another when inside the facility.
- b. Clubs are required to promote physical distancing by rearranging or removing furniture and/or using distance markers to assure spacing (*e.g.*, workstations, meeting rooms), modifying the use of common areas, displaying signs that discourage hand shaking or other contact, and using cones or tape to establish one-way traffic in hallways and common corridors where possible.
- c. Clubs must reconfigure locker rooms to permit six (6) feet of space between each player (by using every other locker or adding additional lockers) where possible. If not possible, Clubs must consider other measures to reduce risk such as adding plexiglass dividers between lockers or adding temporary lockers in outside tented areas or take other measures to protect transmission. Each player must have

individual space designated to store his belongings, without comingling, if locker space is unavailable.

- d. Showers may be used but players should be kept at least six (6) feet apart when in use. Clubs may consider shutting off some shower heads to ensure physical distancing is maintained. The use of showers is encouraged after strenuous physical activity and is essential before entering any other water-based therapy treatment area. Showers shall be disinfected after each use with hospital grade EPA List N disinfectants.
- e. Cold tubs may be used as long as physical distancing requirements are met. Hydrotherapy pools may also be used as long as participants remain physically distant. Disinfection of these areas must be conducted in accordance with the latest ICS manual.
- f. Saunas and steam rooms pose additional risk and may not be used.
- g. Strength and conditioning workouts must be limited to small groups (no more than 15) of scheduled players to allow for physical distancing. The athletic training staff must require individual, staggered player appointments instead of setting a single time for large groups to arrive. Clubs must stagger other player appointments, meetings and workouts at the facility in order to permit physical distancing.
- h. Meetings must be conducted virtually to the extent possible. If in-person meetings are necessary, Clubs must make efforts to hold in-person meetings outdoors with participants sitting apart from one another and wearing masks. In-person meetings that do not permit physical distancing are prohibited. Meetings with more than twenty (20) individuals must be conducted virtually, unless physical distancing practices can be adhered to. Communal use of materials, devices, or supplies during meetings is prohibited. Any administrative, playbook, and advanced work should be conducted on a personal electronic device.

IV. Facility Cleaning and Disinfecting

- a. Prior to opening a Club facility to players for Training Camp, the Club facility must be closed to all personnel for a period of 48 hours to permit deep, comprehensive cleaning/disinfection by a professional service.
- b. Once open:
 - i. Common areas: Clubs must retain cleaning staff sufficient to clean, disinfect and sanitize all common areas that players access (at practice facilities and stadiums) both before they arrive to the Club facility and after they depart the facility each day. Clubs must retain staff sufficient to meet these requirements, including by retaining a daytime and nighttime cleaning staff, if necessary.

1. All “high touch” surfaces in common areas in the Club facility must be cleaned at least three (3) times a day with hospital-grade EPA List N disinfectants.¹ Products that have a contact time of less than or equal to 3 minutes are required. “High Touch” surfaces include tables, desks, countertops, door and cabinet handles, light switches, phones, keyboards, handrails, toilets, sink handles, touch screens, elevator buttons and entry security keypads. Clubs may provide disinfectant wipes to Tier 1 and Tier 2 Individuals to clean their individual personal items (e.g., phones, keys).
2. All other surfaces must be cleaned at least once daily with hospital-grade EPA List N disinfectants.
3. Clubs must have at least a two-week supply of hospital-grade EPA List N disinfectants prior to players returning to the facility, which should be restocked as supplies are used.
 - ii. Ventilation: Clubs must ensure they have proper air flow and filtering throughout the facility. Clubs should measure ventilation in enclosed spaces by calculating air changes per hour, where possible. If CO₂ levels in a room equals or exceeds 1,000 parts per million, then the room must undergo a comprehensive cleaning/disinfection.

iii. Weight Room

1. Clubs must locate or relocate equipment to better ventilated or outdoor areas of the facility; encourage conditioning activities to occur outside; provide personalized equipment where possible; open roll-up doors, windows and roofs to promote air circulation; and measure ventilation as outlined above.
2. All equipment must be disinfected each day before the first workout and after each participant’s workout using hospital-grade EPA List N disinfectants.
3. To the extent possible, Clubs should provide certain training equipment on an individual basis. Absorbent items (ropes, bands, foam rollers, etc.) must be provided on an individual basis. To the extent that equipment must be shared amongst players, Clubs must provide individual disinfecting wipes near such equipment so that players may clean the equipment before and after each use.

¹ EPA List N disinfectants can be found at https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2#filter_coll.

4. Hand sanitization stations and wipes must be placed in close proximity to the equipment for players to use during workouts. Players shall use hand sanitizer after using each piece of equipment.
5. Clubs must remove equipment that cannot be sanitized or disinfected after each use (e.g., chalk bucket) unless it is provided solely for individual use for the full season.
6. For activities that require extensive contact between a player and a surface (e.g., activities that require a player to lie down or sit on the floor), players should place a towel or mat on the surface. Clubs must clean and disinfect the surface after each use and may provide individual sanitizing wipes to satisfy this obligation.
7. Strength and Conditioning Coaches must wear masks while supervising workouts. Clubs must also provide masks for players for use during workouts (although use must be strongly encouraged, it is not mandatory).
8. At the conclusion of all workouts, Clubs must thoroughly clean all training equipment, preferably with an electrostatic disinfection process or use of vaporized hydrogen peroxide.

iv. Training and Treatment Rooms

1. Clubs must cover treatment or rehab tables with a clean towel (which should then be left in a dirty clothes basket for laundering) or a single-use covering, which must be discarded after usage. Treatment and rehab tables must be disinfected after each use.
2. For their protection, players and training staff are prohibited from using creams, gels, lotions, or balms from a shared container. Clubs must remove any shared containers from the facility to avoid such improper use.

v. Player Meeting Rooms

1. Player meeting rooms must be cleaned before and after each use with hospital-grade EPA List N disinfectants.

- vi. Suspected or Confirmed Cases of COVID-19. In the event anyone in the Club facility is identified as experiencing symptoms of COVID-19, the Club must take steps outlined in the Treatment Response Protocol to minimize potential transmission, including immediately cleaning and disinfecting all surfaces (including equipment), door handles, gym equipment, bathrooms and shower facilities to which the symptomatic individual had access in the previous 24 hours.

V. Equipment Cleaning and Disinfecting

- a. Player Equipment: Helmets, shoulder pads and other daily use specific hard surface equipment must be cleaned after each practice or game using EPA list N disinfectants or other ICS-approved disinfection methods. Mouthpieces must be sanitized post practice with either appropriate UV light treatment or acceptable solution such as “Defense Solution.” Player gloves and uniforms must be washed daily. Clubs must use disinfectant detergent in all laundry cycles. If gloves cannot be laundered (e.g., leather), players must be provided with sufficient pairs so that they may rotate pairs every day.
- b. Personal Items: Every individual entering the Club facility must clean and disinfect his or her cellphone, keys, and any other frequently-touched objects being carried. Clubs may provide sanitizing wipes so that individuals may clean their own personal items. Individuals must not share any personal items (including clothing).
- c. Computers: Clubs shall provide individual computers, laptops, or tablets for Tier 1 through 3 Individuals (with covers that can be easily cleaned/disinfected).
- d. Field Equipment: Field equipment must be cleaned with EPA list N disinfectants at the end of each practice. Field turf must also be disinfected pursuant to ICS and manufacturer’s recommendations.
- e. Towels: Clubs must provide players with individual or single-use towels during practice, training and games. Towels must not be shared. Following each use, towels must be laundered with disinfectants. Clubs are responsible for obtaining a sufficient supply of towels.
- f. Hydration: For their protection, players are not permitted to share water or sports drink bottles. Common water/hydration sources that do not permit physical distancing are prohibited. Use of individual single use water/sports drink bottles or disposable bottles or cups is required.

VI. Food Service

- a. Clubs must establish a process for safely distributing meals, dietary supplements, or medicines (such as Advil and Tylenol) to Tier 1 and Tier 2 Individuals.
- b. Meal room access must be limited only to Tier 1 and Tier 2 Individuals who have undergone required screening and testing. Clubs must further limit access (discouraging group dining) or staggering mealtimes to permit physical distancing.

- c. Whenever possible, Clubs should have one kitchen or catering staff responsible for all meal preparation and distribution at the facility and avoid rotating outside vendors.
- d. Whenever possible, Clubs should serve pre-made meals provided in individually packaged containers or bags, in takeout form. Clubs must use disposable utensils and plates and single-use condiments.
- e. Buffet-style, communal and self-serve food spreads are prohibited (even for coffee bars and/or shake and fueling stations). Attendants, wearing appropriate PPE and observing physical distancing, must be available to serve food, coffee or beverages at those stations.
- f. Meal room staff must be trained in proper hygiene and use of proper PPE. Meal room staff must be subject to daily screening (e.g., symptom questionnaires).
- g. The meal room must be disinfected after each meal with EPA list N disinfectants.
- h. Clubs must review and adhere to the FDA's best practices for food handling and preparation (available at www.fda.gov/media/136811/download).

VII. Personal Protective Equipment (PPE) and Hygiene

- a. All players and staff must wear masks (surgical or cloth) at all times when inside the Club facility (unless a mask cannot be worn by players due to interference with performance of athletic activities). Surgical masks must be replaced daily or more frequently if visibly soiled. Cloth masks must be laundered daily (with disinfectants), and/or staff and athletes must be provided with a sufficient supply of cloth masks so that they may rotate masks every three days. Clubs are responsible for obtaining an adequate supply of surgical and cloth masks.
- b. If a mask cannot be worn due to interference with performance of athletic activities, the mask must be placed in a labeled paper bag and the athlete must observe physical distancing practices (where possible given the particular type of activity) for the duration of the activity. Hand hygiene must be encouraged every time the mask is touched, removed, or replaced.
- c. Gloves are required for staff in frequent contact with others and are mandatory for those who work with food or who refill supplies.
- d. Clubs must make hand sanitizer and other hygiene materials (e.g., soap, tissues) available in all areas of the Club facility. This means that every meeting room, training room or other common area in the Club facility must have a hand sanitizing station available for use. Where possible, Clubs are encouraged to use no-touch dispensers.

- e. The Club must maintain a supply of the following PPE for use by the medical staff to treat players who become symptomatic:
 - i. N95 Masks
 - ii. Goggles
 - iii. Full Face Shields
 - iv. Gowns (FDA-approved gowns that meet AAMI standards)
 - v. Gloves (FDA-approved medical grade gloves)

- f. Clubs must have at least a two-week supply of all PPE and hygiene materials on hand at all times. Clubs must confirm they have obtained this supply of PPE before players return to the Club facility for Training Camp. If a Club experiences difficulty obtaining any type of required PPE, or is concerned that obtaining the required PPE will result in a shortage to their local first responders, the Club should notify the NFL immediately.

- g. The NFL and NFLPA, through their respective experts, will continue to evaluate PPE needs and requirements and update the Clubs on an ongoing basis. Engineers are currently working on possible PPE solutions (e.g., visors integrated with respiratory technology) for on-field usage during athletic activity and in games. Player needs and concerns are being addressed through this process and additional information will follow.

Team Travel Protocol

- I. Introduction.
 - a. This Protocol will govern Team Travel during the 2020 NFL Training Camp and Preseason. Clubs are required to comply with its requirements, including when using hotels and/or travel partners in the Club's home city during Training Camp.
 - b. The parties will continue to update this Protocol as circumstances warrant and as the science evolves.

- II. Training Camp
 - a. Clubs may not require players to stay in a team hotel during Training Camp. Clubs will be required to provide hotel rooms for players who need or elect to stay in the team hotel for Training Camp. In such cases, all hotel accommodations must comply with the requirements of this Team Travel Protocol.

- III. Game Travel
 - a. Clubs must establish operational processes for all team travel that promote cleanliness and reduce interactions between members of the Traveling Party (as defined below) as much as possible. Clubs must endeavor to travel in a controlled environment at all times and maintain physical distancing. In addition to the protocols set forth below, Clubs must follow, and ensure their travel partners follow, applicable guidelines and regulations delineated by the CDC² and local/state health departments. Only Tier 1 and Tier 2 Individuals are permitted to travel with their Club (collectively, for purposes of this Protocol, the "Traveling Party"), and Clubs must limit the number of non-player members in the Traveling Party to no more than 110 people.
 - b. Clubs must ensure that members of the Traveling Party minimize time in crowded settings, and are supplied with and utilize masks, gloves, hand sanitizer, and disinfectant wipes.
 - c. In addition to the COVID-19 testing outlined in the NFL-NFLPA Screening and Testing Protocol, each member of the Traveling Party is subject to temperature screens, symptom checks and mandatory hand cleaning when entering the team hotel, Club facilities, planes, buses, and other shared facilities. Please see the NFL-NFLPA Screening and testing Protocol for protocol related to travel for additional details.
 - d. Unless they are unable to drive their own vehicles, individuals in the Traveling Party shall not take separate public (e.g., buses, subways) or private (e.g., taxis, Uber, Lyft) transportation on the road to, or while in, other cities. Clubs must make all necessary

² <https://www.cdc.gov/coronavirus/2019-ncov/travelers/faqs.html>
<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>
<https://www.cdc.gov/quarantine/air/managing-sick-travelers/commercial-aircraft/infection-control-cabin-crew.html>

arrangements to facilitate safe, clean and hygienic travel for the Traveling Party to and from all cities and games.

- e. Visiting teams will continue with the standard protocol of arriving in the game city the day prior to the game to ensure players, coaches, and essential personnel are isolated within the same lodging facility to administer any applicable screening and testing and allow for requisite gameday preparation (including hydration and rest).

IV. Personal Protective Equipment (PPE)

- a. All members of the Traveling Party must wear masks when traveling.
 - i. Clubs must provide masks to players and staff and must have an adequate supply of surgical or cloth masks to cover this requirement by two weeks prior to their first team travel.
- b. Clubs must provide individual hand sanitizer, disinfectant wipes and other cleaning products to members of the Traveling Party so that they can clean their luggage and rooms upon arrival, including any high-touch surfaces (*e.g.*, luggage handles, key cards, remote controls, phones).

V. Disinfection

- a. Clubs must require that all travel partners (hotels, airlines, buses) perform and confirm frequent disinfection of all facilities, rooms, surfaces, etc. Clubs must provide third parties with the NFL-NFLPA mandated standards. Charter companies, hotels and transportation companies must represent in their contracts that they have read, understood and agree that they will, to the greatest extent possible and permissible given relevant governing regulations, meet or exceed NFL-NFLPA mandated standards as a condition of the contract.
 - i. Hotels
 - 1. All “high touch” surfaces in areas accessible to multiple members of the Traveling Party must be cleaned at least three times a day with hospital-grade EPA List N disinfectants. “High Touch” surfaces include tables, desks, countertops, door and drawer handles, cabinet handles, light switches, phones, television remote controls, handrails, toilets, sink handles, touch screens, and elevator buttons.
 - 2. All other surfaces in areas accessible to multiple members of the Traveling Party must be cleaned at least once daily with hospital grade EPA List N disinfectants.

3. Other areas of focus include guest rooms, meeting space (foyer, bathrooms, tables, chairs, AV equipment, etc.), elevators and elevator landings, arrival and departure routes, the lobby, and the fitness center.
4. Hotel staff must refrain from cleaning the interior of hotel rooms assigned to members of the Traveling Party for the duration of the Traveling Party's stay. Hotels must ensure that all staff who interact with the Traveling Party wear appropriate PPE during such interactions.³
5. Hotels should increase the ventilation rates throughout the hotel and/or increase outdoor air that circulates into the system.

ii. Airlines

1. Immediately prior to team arrival, all "high touch" surfaces must be cleaned with hospital-grade EPA List N disinfectants. "High Touch" surfaces include seats, arm rests, seat belts, tray tables, catering areas, touch screens or controllers, light/service call switches and buttons, windows, and bathrooms (toilets and sinks). Passengers must be provided with sanitizing wipes to wipe down "High Touch" surfaces while in flight.

iii. Buses

1. Immediately prior to boarding, all surfaces must be cleaned with hospital-grade EPA List N disinfectants. These areas include seats, windows, arm rests, seat belts, seat trays, cup holders, light switches/buttons, TV monitors, luggage bins and railings, stair railings, doors, bathrooms (toilets and sinks), and luggage bins below the bus. This process must be repeated while the bus waits to bring the team back to the airport.

iv. Equipment and Luggage

1. Whenever possible, the Traveling Party shall be responsible for their own luggage to avoid additional individuals handling the luggage. If not possible, then luggage should be sent directly to hotel rooms to avoid as many touchpoints as possible. Hotels must ensure appropriate sanitation procedures with regard to who touches luggage that is delivered to members of the Traveling Party. To the extent team equipment or luggage must be placed in

³ <https://www.cdc.gov/niosh/docs/2012-151/pdfs/2012-151.pdf>

storage on-site at the hotel, it must be stored in a clean, secure location, and be disinfected prior to returning to the team. Members of the Traveling Party shall not rely on bell staff for picking up luggage when leaving the hotel.

VI. Third Party Staff (e.g., Hotels, Airlines, Buses)

- a. Clubs must require that all travel partners (hotels, airlines, buses) follow the below protocols with their staffs:
 - i. Standard screening of all staff that will have any direct contact with members of the Traveling Party (e.g., in-flight crews, bus drivers, etc.). This screening protocol that will be used should include COVID-19 testing to the extent permissible by the relevant staff's labor and other contracts and must be provided to the Club Infection Control Officer for review and approval in advance of its use. For clarity, the results of screening and testing of travel partner staffs will not be shared with the Club.
 - ii. To the extent it is within the travel partner's control, mandatory use of masks and gloves by staff having any direct contact (e.g., in-flight crews, gate area staff, bus drivers, luggage handlers) with members of the Traveling Party.
 - iii. Notification if any staff member tests positive or is symptomatic for COVID-19 within 48 hours prior to Club arrival. No staff member who has tested positive for COVID-19 or was symptomatic within the previous 14 days shall be permitted to participate in any NFL Club travel. The Club shall immediately notify the NFL (Attn: _____) of any such COVID-19 positive travel partner staff.
 - iv. If possible, Clubs should work with airline partners using fixed crews, with limited commercial flight exposure and frequent testing for team flights.

VII. Food Service

a. Hotel

- i. The meal room must be private and dedicated to members of the Traveling Party only. It must be large enough to enable proper physical distancing. Automatic hand sanitizer stations must be set up at the entrance of the meal room, as well as stationed throughout the meal room.

- ii. Players and coaches/staff must be scheduled for separate meal times, and players should be staggered by position groups.
- iii. Plates, utensils, cups, etc. must be disposable and condiments must be single serve packaging.
- iv. Kitchen and serving staff must wear masks, gloves, hair and beard covers, aprons, etc.
- v. All meals must be provided to players and coaches/staff when traveling with the team. Self-serve buffet style dining is prohibited; food service with an attendant maintaining appropriate distancing and using appropriate PPE shall be permitted when necessary. Hydration must be provided in individual bottles or single-use cups. The Traveling Party is not permitted to leave the hotel to eat or otherwise use any restaurants (in hotel or otherwise) open to the public. Clubs should consider providing “welcome amenities” and/or utilizing private on-site vendors at hotels to provide food and drink in rooms upon arrival in order to minimize trips to public markets. Members of the Traveling Party may order hotel room service or other food directly to the room and may use third-party food delivery services with contactless delivery (e.g., Uber Eats, Grubhub, DoorDash, Postmates). Subject to Club rules, members of the Traveling Party may pick up food from club pre-approved eateries or restaurants but may not dine-in at a public restaurants or eateries.

b. Air Travel

- i. Flight attendants must wear masks and gloves at all times and shall be the sole distributors of food items, which must be individually wrapped and prepared.
- ii. If permissible, prior to player and staff arrival, flight attendants must place food items (snacks, prepackaged items, etc.), hand sanitizer, masks, gloves, etc. in each seat.
 - 1. Clubs must assign seats for players and staff.
- iii. In-flight catering must be as limited as possible to avoid touchpoints between flight attendants and members of the Traveling Party. Members of the Traveling Party should be encouraged to bring necessary food and beverages on board with them to reduce contact with in-flight staff. Single-use utensils, napkins, plates, condiments, and hand wipes must be provided for and disposed of after each meal.

c. Postgame Meal

- i. Use of masks/gloves by personnel responsible for packaging meals is mandatory.
- ii. Clubs must provide premade meals provided in individually packaged containers or bags in takeout form to be distributed to players/football staff upon exiting the Stadium.

VIII. Physical Distancing

- a. Clubs must establish physical distancing protocols that allow members of the Traveling Party to maintain six (6) feet of distance from one another whenever possible.
- b. Hotel
 - i. Hotels must make private entrances/exits available to members of the Traveling Party whenever possible. Hotels must also provide a private check-in area for members of the Traveling Party.
 - ii. Coaches and players must have their own hotel rooms. Members of the Traveling Party may not make separate public or private housing arrangements while traveling. Room visits are permitted only by members of the Traveling Party.
 - iii. Meeting and meal rooms must be large enough to enable proper physical distancing.
 - iv. Where possible, hotels must reserve a sufficient number of rooms for members of the Traveling Party on lower floors such that stairs, and not elevators, can be used for leaving and returning to rooms. Rooming blocks must ensure that the Traveling Party is isolated in the hotel.
 - v. The Traveling Party may not utilize the fitness center, pool, sauna or other shared hotel facilities during their stay at a hotel, unless such areas have been appropriately disinfected, are closed to other hotel patrons and only open to the Club Traveling Party. In such cases sanitizing wipes and hand sanitizer must be available, and physical distancing must be maintained at all times.
 - vi. Touch-free Departure. No member of the Traveling Party should visit the front desk upon departure. Check-out procedures, including key returns and the payment of incidentals must be handled remotely (*e.g.*, provide credit card number to pay incidentals, leave key in room or drop box).

- vii. Hotels must provide a clear path for members of the Traveling Party to get from the hotel to awaiting team transportation (and vice versa), including ensuring that fans do not gather at entrances or exits used by the Traveling Party.

c. Air Travel

- i. Planes must be configured to provide as much free space between passengers as possible, but at a minimum, where coach accommodations are used, so that members of the Traveling Party have at least one empty seat between them in each row. Clubs are encouraged to consider chartering two planes for team travel to ensure that members of the Traveling Party can adhere to physical distancing.
- ii. Whenever possible, Clubs should depart from or arrive into smaller private airports. If traveling through a public airport is unavoidable, Clubs should avoid using main terminal gates that could have the potential to expose members of the Traveling Party to the public boarding ramp.
- iii. When Clubs are required to screen for TSA compliance using charter rules, Clubs should make every effort to screen at the Club facility, where possible, or planeside. Such screening must be conducted in a manner that meets disinfection and physical distancing requirements.
- iv. Passengers should hold their own documents and scan their own boarding pass or mobile device whenever possible.

d. Bus Travel

- i. Clubs must provide at least two buses for transfers from the airport to the hotel, the hotel to the stadium, and the stadium to the airport, to ensure that members of the Traveling Party can adhere to physical distancing protocols. To that end, Clubs must limit bus occupancy to no more than 50% of capacity. All bus transfers must be configured to provide as many seats, rows and free space between passengers as possible. Only members of the Traveling Party are permitted to travel on team buses, and the buses must be treated as restricted areas.
- ii. Bus drivers must have undergone appropriate screening and testing to ensure they are not experiencing symptoms of COVID-19, wear PPE at all times, and otherwise ensure that the bus is cleaned and sanitized before and after every trip, including, but not limited to, between any individual trips between the hotel and the stadium on the same day. To the extent drivers park on-site and stay during the game, drivers must follow strict physical distancing guidelines, adhere to the NFL-NFLPA approved

cleaning and hygiene protocols, remain in private areas without interacting with other people, and clean and sanitize the bus prior to accepting the Traveling Party for a return to the hotel or a trip to the airport.

Treatment Response Protocol

- I. Introduction.
 - a. This Treatment Response Protocol shall govern a Club's response when a Tier 1, Tier 2, Tier 2M or Tier 3 Individual or other Club employee experiences symptoms of or tests positive for COVID-19 during the 2020 NFL Training Camp.
 - b. The parties will continue to update this Protocol as circumstances warrant and as the science evolves.

- II. Infection Control Officer and Infectious Disease Specialist. Each Club shall identify an Infectious Disease Specialist ("IDS") to serve as a point of contact in the event of an Infectious Disease Emergency ("IDE"), which shall be defined as circumstances caused by biological agents, including bacteria, viruses or toxins with the potential for significant illness or death. IDEs include naturally occurring outbreaks (e.g., measles, mumps, meningococcal disease), emerging and/or novel infectious diseases (e.g., COVID-19), and bioterrorism. Each Club must also appoint an Infection Control Officer to oversee the implementation of the NFL-NFLPA COVID-19 Protocols and to serve as the primary point of contact for any Club employee who experiences symptoms of COVID-19 or tests positive for COVID-19. The Infectious Disease Specialist Contact and Infection Control Officer must be identified prior to the return of players to NFL club facilities for Training Camp.

- III. Infectious Disease Emergency Response ("IDER") Plan. Prior to NFL players returning to NFL Club facilities to start Training Camp, NFL Clubs will each be required to develop an Infectious Disease Emergency Response ("IDER") Plan that sets forth the Club's plan for containing an outbreak of disease (in this case, the COVID-19 pandemic). The NFL and NFL Players Association (NFLPA) will provide a model baseline IDER Plan for Club use. Each Club's IDER Plan will be subject to review and approval by the NFL, NFLPA and Infection Control for Sports ("ICS") (formerly known as the Duke Infection Control Outreach Network or "DICON") as outlined in the parties' side letter agreement.

- IV. Reporting Requirements.
 - a. Any player, Club employee or contractor (or any person sharing a home with the aforementioned individuals) who develops symptoms or tests positive by RT-PCR or anti-body testing (or such other testing agreed to by the parties pursuant to the NFL-NFLPA Screening and Testing Protocol), shall: (i) immediately notify the Club's Head Team Physician and/or Head Athletic Trainer of such⁴, (ii) self-

⁴ Notification to the Club regarding persons who cohabitate with player, Club employee or contractor that develop systems or test positive is the responsibility of the Club affiliated individual.

isolate, and (iii) be medically evaluated by either the Club's physician(s) or the individual's private physician, who shall consult with the Club physician and the Club's IDS (where applicable) to determine next steps, including COVID-19 testing pursuant to this Protocol.

- b. All players, Club employees and contractors must promptly notify the Club's Head Team Physician and/or Head Athletic Trainer if he or she suspects coming into contact with someone that has COVID-19. The following are common symptoms of COVID-19:
 1. Loss or diminution of smell or taste
 2. Cough
 3. Shortness of breath
 4. Chest Pain
 5. Feeling feverish, chills
 6. Muscle pain (not exercise related)
 7. Nausea, vomiting, diarrhea
 8. Sinus or cold-like symptoms (headache, congestion, runny nose, sore throat)
 9. Fever (temperature > 100.4 degrees)

- c. The Club Infection Control Officer must notify the NFL Chief Medical Officer of confirmed or suspected (i.e., based on symptoms) cases of COVID-19 as soon as possible and will include the following information:
 1. Category of the known positive:
 - a. Owner/Employee:
 - i. Player
 - ii. Staff (Tier 1, 2 or 3)
 - iii. Non-Essential Personnel
 - b. Vendor
 - c. Visitor
 - i. Business-side
 - ii. Restricted Area Access (if so, why?)
 2. Method of Detection
 - a. Home or Facility Screen
 - b. Test Result (and where)
 - c. Other
 3. Name and contact of local/state health department with whom the club is coordinating contact tracing
 4. Facility Access
 - a. Last time at facility
 - b. Length of time at facility
 - c. Categories of persons in contact with at the facility
 - d. Nature and approximate duration of contact
 5. Current quarantine location/Expected return date

As soon as possible following receipt of such information, the NFL Chief Medical Officer will notify the NFL Players Association's Medical Director about an individual testing positive at the club and convey all of the above information in a deidentified manner. The NFL Chief Medical Officer will also notify Infection Control for Sports ("ICS") (formerly known as the Duke Infection Control Outreach Network ("DICON")) of the above information (in a deidentified manner), who will be available to offer assistance and support to the club medical staff as needed (e.g., transmission mitigation, disinfection, etc.). Should the NFL Players Association learn of a COVID-19 positive test for a player or other club employee, the NFLPA will provide the above (deidentified) information to the NFL Chief Medical Officer as soon as possible after receiving the information.

- V. Protocol for a Club Employees, Contractors or Players Who Experience Symptoms of COVID-19
- a. Any player or Club employee/contractor who works at a Club facility in which NFL players enter either (i) reports and /or exhibits symptoms of COVID-19 or (ii) has a confirmed temperature reading at or above 100.4 degrees Fahrenheit during either his/her Home Screen or Facility Screen **may not enter the Club facility**, but instead must immediately self-isolate away from the facility and other Club employees and must contact the Club's Infection Control Officer, Head Athletic Trainer or Head Team Primary Care Sports Medicine Physician for testing and further consultation and direction.
 - b. If a player or Club employee/contractor develops symptoms of COVID-19 for the first time while inside the Club facility, that individual must be placed in a mask and immediately isolated in a separate room with a closed door and transported and quarantined at home as soon as possible. Particular care should be taken to limit/eliminate any contact with Restricted Areas in the Club facility.
 - c. Any Tier 1, Tier 2, Tier 2M or Tier 3 Individual (including players) who develops symptoms of COVID-19 will be tested pursuant to the Screening and Testing Protocol as soon as medically feasible.
 - d. The following additional testing for NFL Players who are High Risk (as defined below) or have COVID-19 symptoms are required:
 - i. Home pulse oximeter, if confirmed COVID-19 positive.
 - ii. If fever or flu-like symptoms are present and COVID-19 is not confirmed initially, testing for other viral syndromes such as influenza and RSV should be considered (i.e., respiratory multiplex viral PCR).
 - iii. If initial PCR testing is negative, repeat testing for COVID-19 must be considered pursuant to the Screening and Testing Protocol.

- iv. Confirmation of another virus does not rule out co-infection with COVID-19, and re-testing for COVID-19 should be considered if symptoms persist beyond one week.
- v. Labs and ECG are not recommended in patients being managed as an outpatient during the acute phase of a COVID-19 illness as conducting these tests place others at risk when the patient should be in isolation; however, players will require some cardiovascular evaluation before a return to exercise.
- e. Clubs must also take the following steps to minimize potential transmission to others in the event that a Club employee, contractor or player is identified as experiencing symptoms of COVID-19:
 - i. Identify all other Club employees, contractors and players, who have had “Close Contact⁵” with the symptomatic individual and closely monitor them for any changes in their health or signs of potential COVID-19 symptoms.
 - a. Any Tier 1, Tier 2, Tier 2M or Tier 3 Individual who has had Close Contact with a symptomatic individual and remains asymptomatic shall immediately be isolated away from others, and receive a PCR virus test (or such other test required by the parties) as soon as practicable. Such individual must continue to isolate him or herself until the results of the test are obtained and are negative. Thereafter, if this individual remains asymptomatic, he or she will be permitted to continue to attend the Club facility and participate in activities, subject to the following:
 - i. Daily testing post-exposure on Days 1-8 and thereafter in accordance with the regular testing schedule set forth in the Screening and Testing Protocol;

⁵ The CDC defines “Close Contact” as living in the same household, being within six (6) feet of someone for about ten (10) minutes, or being in direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on). Close Contact does not include brief interactions, such as walking past someone. For purposes of these Protocols, a Close Contact shall also include individuals who: (i) had direct physical contact or a shared object with the infected individual during practice; (ii) handled uniforms or equipment used by the infected individual; and (iii) anyone who is documented to have had Close Contact with an infected individual while either playing a game or during game-associated travel.

- ii. Daily health questionnaires for COVID-19 symptoms, which shall include the questions in the attached COVID-19 Screening Form; and
- iii. Increased temperature checks (minimum of 3 times daily).
- iv. A record of all testing and screening results shall be maintained by the Club medical staff. For players, testing records shall be entered into each player's EMR.

- 2. Immediately clean and disinfect (with hospital-grade EPA List N disinfectants) all surfaces (including equipment), door handles, gym equipment, bathrooms and shower facilities to which the symptomatic individual had access in the previous 24 hours.
- 3. Reinforce the importance of enhanced hygiene by all individuals, including players and members of the football staff, throughout the club.

ii. The symptomatic individual may not return to any Club facility or interact with any other Club employee or consultant (other than the medical staff) unless and until each of the following has occurred:

- 1. The individual has had two (2) negative PCR virus tests, at least 24 hours apart; and
- 2. For Tier 1 and Tier 2 Individuals: the Club's Head Team Primary Care Sports Medicine Physician approves the individual to return to the Club's facilities and the NFL Chief Medical Officer is notified.

VI. Care and Monitoring for Tier 1, Tier 2, Tier 2M or Tier 3 Individuals Who Test Positive for COVID-19

- a. Club medical staff shall direct the care of any player who tests positive for COVID-19. Players shall remain entitled to also consult with their personal physicians in all related matters, including care and treatment. While in isolation following a positive test for COVID-19 (as specified below), a Tier 1 or Tier 2 Individual must be in daily communication with Club medical staff, including regular follow-up testing (pursuant to the NFL-NFLPA Screening and Testing Protocol) and monitoring of symptoms. Clubs should identify a health care facility to which it will refer players who test positive for COVID-19 for

treatment if the circumstances warrant, including but not limited to hospitalization.

- b. Initial Management after a positive test for COVID-19 (regardless of symptoms):
 - i. The infected individual must immediately isolate from all people (other than medical professionals, as necessary) and continue his or her isolation and restrict all activities outside the home (other than receiving medical care) until he or she receives clearance from his or her physician and (for Tier 1 and Tier 2 Individuals, including players) the Club's Head Team Primary Care Sports Medicine Physician.
 - ii. If the individual is at the Club facility when he or she tests positive for COVID-19, the infected individual must be placed in a mask and immediately isolated in a separate room with a closed door in the Club facility, and transported and quarantined at home as soon as feasible.
 - iii. The infected individual must be provided with a thermometer and pulse oximeter and infected individuals must be instructed to conduct daily self-symptom and temperature checks.
 - 1. Tier 1 and Tier 2 Individuals who test positive for COVID-19 must communicate their daily symptom and temperature checks to the Club's Head Athletic Trainer and/or Head Team Primary Care Sports Medicine Physician on a daily basis.
 - 2. Clubs should consider monitoring infected players' HRV, respiratory rate and slow-wave sleep using wearable sensor technology (subject to the approvals set forth below).

Clubs must provide family/household members of the infected individual instructions about precautions, home cleaning, duration of isolation, and recommendations for daily monitoring of household contacts, as well as testing pursuant to the Screening and Testing Protocol.

- c. Clubs must also take the following steps to minimize potential transmission to others in the event that a Club employee, contractor or player tests positive for COVID-19:
 - i. Identify all other Club employees, contractors and players who have had Close Contact with the positive individual and closely monitor them for any changes in their health or signs of potential COVID-19 symptoms.
 - a. Tier 1, Tier 2, Tier 2M and Tier 3 Individuals who have had Close Contact with the positive individual in the preceding

48 hours and who remain asymptomatic shall receive a PCR virus test (or such other test required by the NFL and NFLPA) as soon as practicable. Within 24 hours of receiving the results of the PCR virus test, if such test is negative, the individual will receive a second PCR test. Such individual must isolate him or herself until the results of the first test is obtained and is negative. Thereafter, if this individual remains asymptomatic, he or she will be permitted to continue to attend the Club facility and participate in activities, subject to the following:

- i. Daily testing post-exposure on Days 1-8 (and thereafter in accordance with the regular testing schedule set forth in the Screening and Testing Protocol);
 - ii. Daily health questionnaires for COVID-19 symptoms; and
 - iii. Increased temperature checks (minimum of 3 times daily).
 - iv. The individual should consider monitoring HRV, respiratory rate and slow-wave sleep using wearable sensor technology (subject to the approvals set forth below).
2. Tier 1, Tier 2, Tier 2M and Tier 3 Individual who have had Low Risk⁶ or Medium Risk⁷ Exposures to the individual who tested positive must be monitored for symptoms of COVID-19 consistent with this protocol and will otherwise be tested at the normal cadence set forth in the Screening and Testing Protocol.
- ii. Immediately clean and disinfect (with hospital-grade EPA List N disinfectants) all surfaces (including equipment), door handles, gym

⁶ For purposes of these protocols, a Low Risk Exposure is defined as an individual who was present at the club facility with the infected individual, but had no interaction with the infected individual and had no shared locations with the infected individual in the previous 48 hours.

⁷ For purposes of these protocols, a Medium Risk Exposure is defined as an individual who: maintained a distance of 6 feet or greater from the infected individual; had only brief interaction (less than 10 minutes) with the infected individual within 6 feet and both persons were wearing masks; had no physical contact with the infected individual or shared objects during practice, while other locations in the facility were shared with social distancing and cleaning standards as set forth in these protocols.

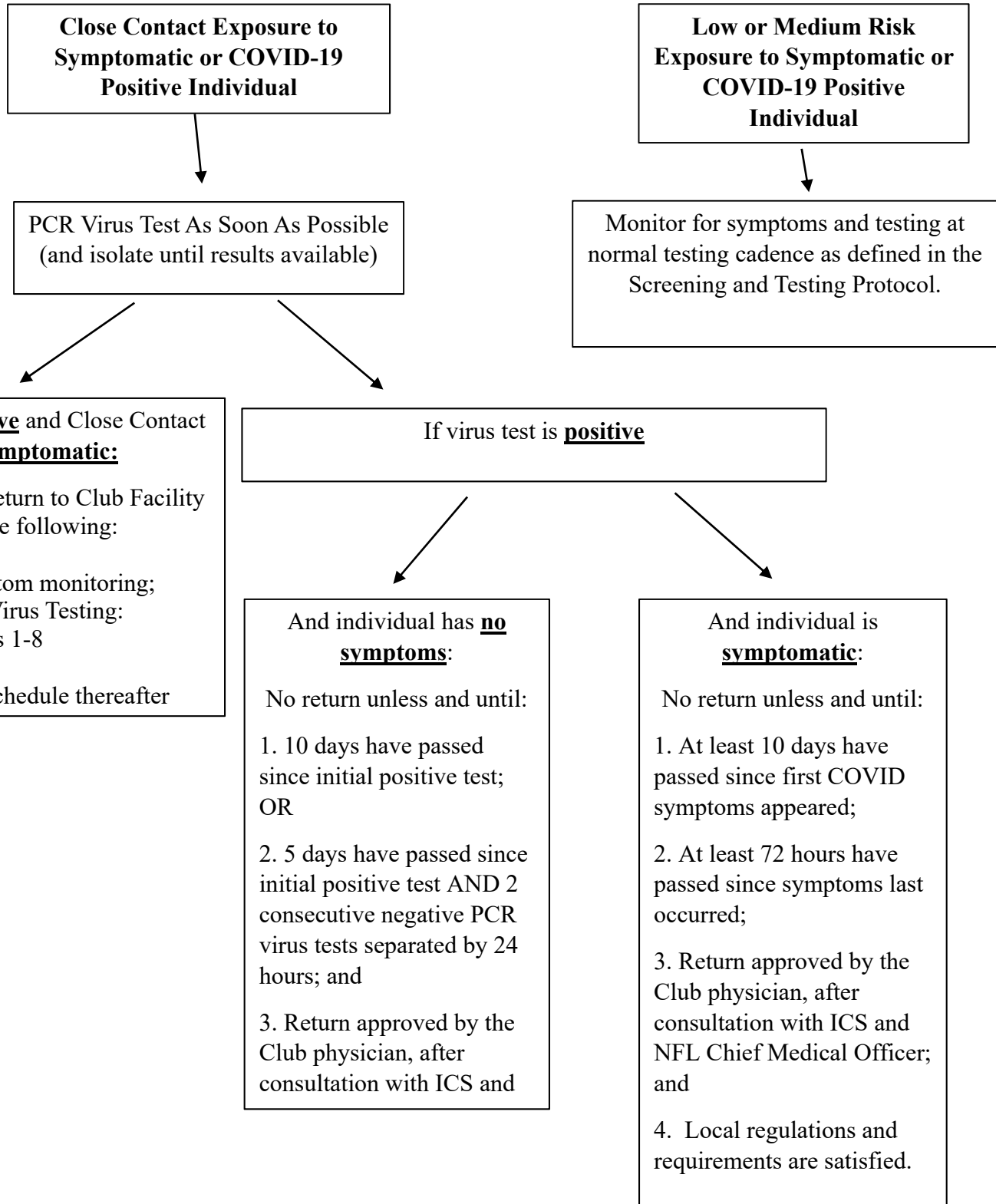
equipment, bathrooms and shower facilities to which the infected or symptomatic individual had access in the previous 24 hours.

- iii. Reinforce the importance of enhanced hygiene by all individuals, including players and members of the football staff, throughout the Club.
- d. Any individual (including players) who tests positive for COVID-19 will NOT be allowed to travel, access any Club facility or have direct contact with any other Tier 1, Tier 2, or Tier 3 Individual(s) or other Club employees, contractors or players other than the medical staff unless and until each of the following occurs:
 - i. For Club employees/contractors who test positive but remain asymptomatic:
 1. 10 days have passed since the individual first tested positive for COVID-19; OR
 2. 5 days have passed since the individual initially tested positive for COVID-19 and the individual receives two consecutive negative PCR virus tests, at least 24 hours apart, within that 5-day period; and
 3. The Club's Head Team Primary Care Sports Medicine Physician, after consultation with Infection Control for Sports (formerly DICON) ("ICS") and the NFL Chief Medical Officer determines that the individual may return to the Club facility and interaction with other Tier 1 or Tier 2 Individuals, Club employees/contractors.
 - ii. For Club employees/contractors who test positive and experience symptoms of COVID-19:
 1. At least 10 days have passed since symptoms of COVID-19 first appeared;
 2. At least 72 hours have passed since the individual last experienced symptoms of COVID-19; and
 3. The Club's Head Team Primary Care Sports Medicine Physician, after consultation with ICS and the NFL Chief Medical Officer determines that the individual may return to the Club facility and interaction with other Tier 1 or Tier 2 Individuals, Club employees or players;
 4. Any local regulations or requirements are satisfied.

5. For symptomatic infections that are categorized as **mild**, prior to team training and game play, player shall complete a minimum 3-day progressive exercise protocol under team medical staff supervision with appropriate clinical monitoring. For **moderate to severe** infections (hospitalized), it is recommended that prior to team training and game play, the player complete a progressive exercise protocol for a minimum of 7 days or equal to twice the duration of the hospitalization.
- e. Additional Cardiac Screening for Players Who Have Tested Positive For The COVID-19 Virus and Have Recovered and Players Who Test Positive for COVID-19 Antibodies
- i. Any player who (i) tests positive for COVID-19 (by PCR or antibody test), (ii) is presumed COVID-19 positive, or (iii) has any cardiopulmonary symptoms (e.g., shortness of breath, chest pain, tachycardia), is required to undergo the following testing prior to returning to participation:
 1. High-sensitivity troponin testing (or troponin I or T if high-sensitivity troponin);
 2. Standard 12-lead electrocardiogram (ECG); and
 3. Two-dimensional resting echocardiogram to assess left ventricular function.

In each case, the Club's Team Physician will review the results of the player's troponin and cardiac screening with the Club cardiologist. If there are any abnormalities or if additional testing is necessary, such testing should be facilitated by the Club medical staff pursuant to the Screening and Testing Protocol.

f. **Mitigation and Treatment Rubric for Exposures to COVID-19 Positive Individual**



VII. Contact Tracing and Additional Measures to Reduce the Risk of Transmission

- a. Contact tracing shall be conducted by IQVIA (a third-party firm with expertise in contact tracing), in conjunction with the Club's Infection Control Officer immediately upon a positive test result of a Club employee or contractor. IQVIA and the Club's Infection Control Officer will work cooperatively with local health authorities to identify other people who have been in contact with the person who tests positive. Clubs should proceed with contact tracing even if the response of local health authorities is delayed. If there are no such applicable local regulations, the Club ICO shall develop a process for contact tracing.
- b. In the event of a confirmed positive test for COVID-19 for any Club employee, contractor or individual accessing the Club facility, in coordination with local health officials, each Club must:
 - i. Conduct a contact tracing investigation to identify all other Club employees, contractors and/or players, including at other Clubs, who had Close Contact with the infected individual;
 1. Contact tracing to determine Close Contact exposures in-game will be conducted using Zebra GPS or similar approved tracking devices.
 2. Tier 1, Tier 2, Tier 2M and Tier 3 Individuals will also be required to wear Kinexon Proximity Recording tracking devices at all times while engaged in team activities (including in the Club facility, during practices, and during team travel). Such devices will only be used to determine Close Contact exposures during team activities. The data and information collected from the Proximity Recording tracking devices shall not be shared with or used by the Club or any third party for any purpose other than evaluating Close Contact exposures and evaluating efficacy and compliance with the NFL-NFLPA COVID-19 Protocols.
 - ii. Notify those individuals of their potential exposure and probable need for quarantine or isolation pending the results of testing;
 - iii. Arrange for those individuals to be tested; and
 - iv. Notify the proper health authorities as required by the applicable local regulation/law.
 - v. Such Close Contacts (other than Tier 1 and 2 Individuals) should be referred to a local healthcare facility for COVID-19 virus testing.

Media Protocol

I. Introduction

- a. This Protocol shall govern media access during the 2020 NFL Training Camp and Preseason.
- b. The parties will continue to update this Protocol as circumstances warrant and the science evolves.

II. Media Access to Club Facility

- a. Media access to Club facilities will be limited for the 2020 Training Camp and Preseason and subject to all NFL-NFLPA medical and facility protocols related to COVID-19. All media personnel with access to the club facility, which includes club local media, in-house media or network television broadcast partners, must adhere to all NFL-NFLPA medical and facility protocols as a condition of access.
 - i. Non-ownership controlled media personnel will be assigned Tier 2M or Tier 3-Outdoor Access (“Tier 3-OA”) credentials.
 1. Media personnel with Tier 2M credentials must undergo screening and testing under the applicable protocols prior to entering the Club facility.
 2. NFL television broadcast partners and the practice media pool reporters must be designated as Tier 2M Individuals.
 - ii. Media personnel with Tier 3-OA credentials may not enter the Club facility at any time and may not conduct in-person interviews with any Tier 1 Individuals (such interviews must occur virtually).
 - iii. All media personnel must wear a mask at all times when at the Club facility, including on the sideline.
 - iv. In-person interviews with players will not be permitted until further notice. All such interviews must occur virtually. In-person interviews of other Tier 1 and Tier 2 Individuals will be permitted to be conducted by Tier 2M Individuals, but physical distancing must be adhered to at all times in such cases.
- b. Members of the media and broadcast personnel with Tier 2M access will only be permitted in the media room, on practice fields, stadium playing fields and sidelines. They will not be permitted access in other Restricted Areas (including locker rooms and medical areas) or to otherwise be in close proximity to Tier 1 Individuals.

- III. Media Coverage for Training Camp. To provide fans with coverage of Clubs' preparation for the 2020 Season, the following regulations have been developed for media coverage of 2020 Training Camp:
- a. Teams must accommodate a practice media pool that includes one pool video camera, one still photographer and up to four pool reporters at any daily training camp practice sessions that would typically be open to the media. Pool reporters will be considered to have Tier 2M access and will be subject to all applicable restrictions including required screening, testing and tracing.
 - b. Clubs are permitted to limit videotaping or photographing to certain portion of Training Camp practice.
 - c. The pool report should focus on a general description of the daily work schedule and adhere to the following guidelines, in addition to the Club's regulations for media coverage of practice:
 - i. No reference to game strategy or the specific plays run.
 - ii. No reporting of which players are practicing with individual units (goal line offense, nickel defense, etc.)
 - iii. No blogging, texting, tweeting or reporting of any kind is permitted from practice, including comments overheard between players, coaches and staff while on-site. This information may also not be included in reporting (social media or otherwise) at a later date.
 - iv. The pool report may note which players are practicing as well as those who are not.
 - v. The pool report may include non-strategy and non-game plan observations.
 - vi. Clubs and media must abide by the privacy and confidentiality obligations related to COVID-19 as outlined in the Screening and Testing Protocol.

Enforcement of Protocols

I. **Enforcement**

- a. The NFL and NFLPA will strictly enforce compliance with the terms of these Protocols.
- b. **Inspections.** The NFL Management Council and NFLPA may ensure each Club's compliance with these regulations by conducting unannounced inspections. Such inspections will be conducted jointly. Clubs are required to fully cooperate with the individuals conducting these inspections. Prior to re-opening Club facilities to players for Training Camp, Clubs may be required to submit to such an inspection conducted by representatives of the NFL and NFLPA.
- c. **Reporting.** Club personnel are required to promptly report to the Club's Infection Control Officer and to the NFL (attention: Meghan Carroll) any information regarding a potential violation of this protocol. Players should notify the NFLPA of any potential violation. NFL and NFLPA will jointly investigate any and all such reports. Clubs are strictly prohibited from retaliating, in any way, against any person for reporting a violation of these protocols (regardless of whether the report is proven to be accurate).
- d. **Monthly Certification.** Prior to opening Club facilities to players for Training Camp and each month during the 2020 Season, the Infection Control Officer and the Head Team Physician of each Club must jointly certify, in a form provided by the NFL (and approved by the NFLPA) and submitted to the NFL, that the Club acted in full compliance with the provisions of (i) its approved IDER Plan and (ii) these Protocols.
- e. Should a Club employee or other member of the Club's staff knowingly and materially fail to follow these protocols, they will be subject to discipline.

COVID-19 Screening Form

All Game Day Personnel are required to complete the following COVID-19 symptom and exposure questionnaire prior to reporting to the club facility for any activities during the Initial Period. If your answer to questions 1, 2 or 3 is “Yes,” please contact a member of the club’s medical or athletic training staff to discuss whether you may report to the club facility.

1. In the past 48 hours, have you experienced any of the symptoms of COVID-19:

Symptom	YES	NO
Cough		
Shortness of Breath		
Sore Throat		
Headache		
Chills		
Loss of Taste or Smell		
Muscle Pain/Achiness		
Nasal Congestion		
Runny Nose		
Vomiting		
Diarrhea		
Fatigue		

If you answered “Yes” to any of the above, please provide details below:

2. Have you had a fever at or above 100.4 degrees Fahrenheit or taken any fever-reducing medications (e.g., Tylenol or Advil) in the last 48 hours?

YES	NO

If you answered “Yes”, please provide details including temperature readings, if possible, below:

3. Do you have any reason to believe that you, or anyone with whom you’ve had close contact may have been exposed to COVID-19 in the past 14 days?

YES	NO

If you answered “Yes”, please provide details and identify the individuals, if possible, below, including approximate duration of contact (e.g., 10 mins, 30 mins, 1 hour, 10 hours, 24 hours):

4. Please list below any countries outside of the United States in which you have spent time in the past 30 days. If you have not left the United States within the past 30 days, please write “None.”

NAME _____

DATE: _____

