



**FLARE**

# Tournament Pathway



## National

National tournament including regional winners, held at various high-quality venues across the UK. Winners have previously represented the UK at International competition.



## Regional

- Scotland
- Wales
- North West
- North East
- West Midlands

- East Midlands
- Anglia
- London
- South East
- South West



## Local

Local/District/County level tournaments/festivals run by School Sport Partnerships, Active Partnerships and Universities



# Age Categories

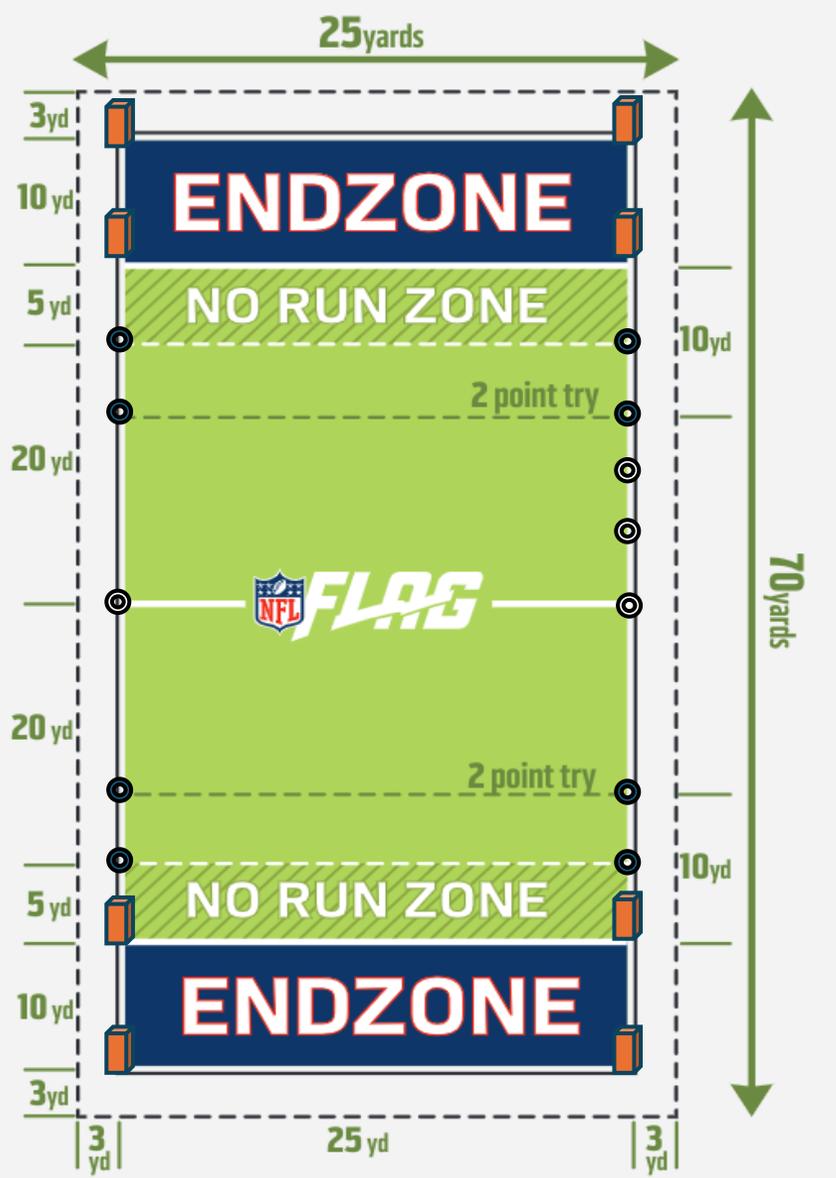
	NFL UK & Ireland Primary (Mixed)		NFL UK & Ireland Secondary Lower (Mixed)		NFL UK & Ireland Secondary Upper (Girls)		NFL UK & Ireland Varsity		
Age Category	U10	U11	U12	U13	U14	U15	U16	U18	
Scotland	P5	P6	P7	S1	S2	S3	S4	S5	S6
England and Wales	Year 5	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
Northern Ireland	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13	Year 14
Republic of Ireland	<i>5th Class</i>	<i>6th Class</i>	<i>1st year</i>	<i>2nd year</i>	<i>3rd year</i>	<i>4th year</i>	<i>5th year</i>	<i>6th year</i>	<i>7th year</i>



# Squad Requirements

- Squad sizes can be a maximum of 10 and a minimum of 7.
- B teams can be accepted at local SSP/AP tournaments, but only one team is eligible to qualify for NFL Flag Regional events.
- Teams should consist of a minimum of 2 players of the opposite sex other than the 8 players on a roster (e.g. 2 female/8 males or 2 males/8 females).
- A minimum of 1 player of the opposite sex than the other 4 players must be on the field at all times.





# FIELD SET-UP



**ENDZONE PYLON/ORANGE  
OR RED CONE**



**WHITE DISC/CONE**



**DISC /CONE**

- Field is 25 yards (22.86m) wide and 70 yards (64m) long.
- Typically, 3-4 flag fields can be placed side by side on a full-sized football or rugby field (with goals/goal posts removed).
- Only cones are required to mark out the field, with a different colour used for endzones (if pylons are not available), halfway, no run zone and 2 point line.

# Officiating

Please use the following link to find your local BAFA club to provide referee support at your tournament.  
Please contact the NFL team who can introduce you to your local club.

<https://clubs.britishamericanfootball.org/>

## **BAFCA Officiating Courses**

British American Football Coaches Association have several paid flag officiating courses should you want to upskill yourself/staff to officiate flag games

<https://www.sportstructures.com/education-training/our-courses/sport-coaching-courses/sport-specific-coaching-courses/bafca-courses/officiating-courses/>



# Equipment

Schools should be told to bring flag belts and footballs with them.  
Please use the following link to purchase equipment.

<https://www.wilson.com/en-gb/football/collections/flag-football>

30% discount codes are available. Please email [uk.flag@nfl.com](mailto:uk.flag@nfl.com)



# Contact Us

Jared Doherty-Gray, Participation Lead

[Jared.gray@nfl.com](mailto:Jared.gray@nfl.com)

Toshane Boyce, Participation Coordinator

[Toshane.Boyce@nfl.com](mailto:Toshane.Boyce@nfl.com)

<https://www.nfl.com/ukire/nfl-flag>

Tag your photos @NFLUK on socials

