



**INTRODUCTION TO COVID-19
POLICIES & PROCEDURES**

WHAT IS COVID-19?

Novel, emerging virus

Policies and procedures are based on current knowledge and may change based on new knowledge





DO YOUR PART

PROTECT YOURSELF. PROTECT
YOUR FAMILY. PROTECT YOUR TEAM.

Risk cannot be eliminated – **must reduce exposure**

Keeping the team environment safe
is everyone's responsibility

Consistent **protocol compliance** minimizes
risk for everyone!



WHAT CAN YOU DO?

**STAY HOME
WHEN SICK**



Report
any symptoms

WEAR A MASK



At the facility and
in public.

**PRACTICE PHYSICAL
DISTANCING**



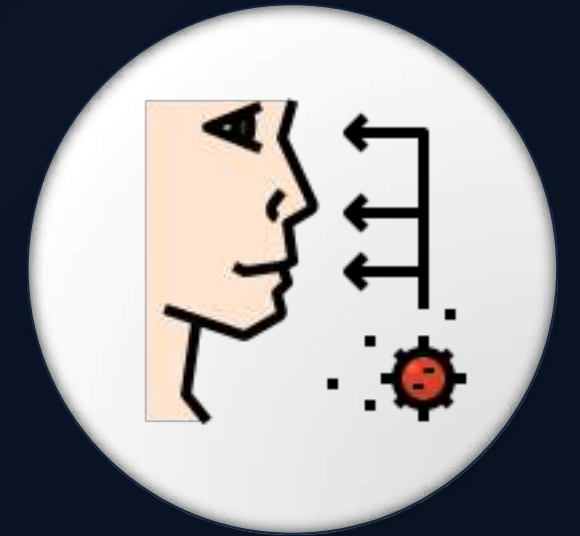
Stay at least
6 feet from
other people.

**WASH HANDS
OFTEN**



Or use an
alcohol-based
hand sanitizer.

AVOID TOUCHING



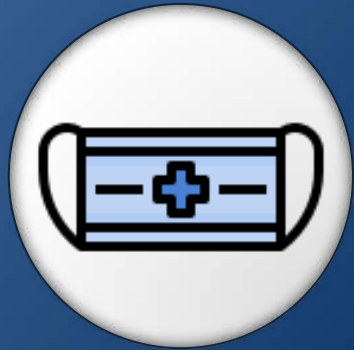
Your eyes, nose
and mouth.





AT THE FACILITY

AT THE FACILITY



WEAR A MASK

Properly wearing a mask or face covering is a critical and effective prevention strategy against coronavirus



DO NOT SHARE

Do not share towels, water bottles, food, or clothing with others

Any shared equipment must be cleaned after each use



PRACTICE PHYSICAL DISTANCING

Adhere to all physical distancing protocols at the facility



A healthcare worker wearing a full set of personal protective equipment (PPE), including a white lab coat, a clear face shield, a surgical mask, and gloves, is performing a nasal swab test on a patient. The patient is seated in the driver's seat of a white car with the window rolled down. The worker is holding a nasal swab in one hand and a small vial in the other. The scene is set against a dark blue background, and the overall lighting is dim, emphasizing the clinical and protective nature of the activity. The text "SCREENING AND TESTING PROTOCOLS" is overlaid in the center of the image, with "PROTOCOLS" in red and the rest in white.

SCREENING AND TESTING
PROTOCOLS

SCREENING AND TESTING



- ▶ **Testing is critical** - but it's only one component of a comprehensive effort to prevent the spread of COVID-19
- ▶ Details of the **screening and testing protocols** (including testing frequency) will be negotiated and agreed to by the NFL and NFLPA
- ▶ **Protocols will be updated** as science evolves



TESTING



- ▶ BioReference Laboratories will handle all sample collection and analysis
- ▶ Designated testing site at each club facility

TWO TESTS

- PCR test for COVID-19 virus conducted by nasal swab
- Antibody test for COVID-19 antibodies conducted by blood sample



SCREENING



- ▶ Daily Club facility symptom screening and temperature check
- ▶ Applies to all individuals entering the Club facility

SCREENING QUESTIONS

- In the past 48 hours, have you experienced any of the symptoms of COVID-19?
- Have you had a fever > 100.4 degrees or taken any fever-reducing medications (e.g., Tylenol or Advil) in the last 48 hours?
- Have you or anyone with whom you've had close contact been exposed to COVID-19 in the past 14 days?
- Have you spent time in any countries outside of the United States in the past 30 days?





**TREATMENT AND RETURN
TO PLAY**

COVID-19 SIGNS AND SYMPTOMS

- ▶ Loss of smell or taste
- ▶ Shortness of breath
- ▶ Chest pain
- ▶ Feeling feverish, chills
- ▶ Muscle pain (not exercise related)
- ▶ Nausea, vomiting, diarrhea
- ▶ Sinus or cold-like symptoms (headache, congestion, runny nose, sore throat)

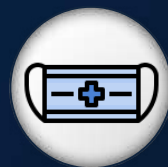


WHAT TO DO IF YOU HAVE SYMPTOMS?

- ▶ Immediately notify the Club Head Team Physician and/or Head Team Athletic Trainer
- ▶ **Immediately self-isolate.** Any player or employee who reports and / or exhibits symptoms of COVID-19 may not enter the Club facility.
- ▶ If developing symptoms for the first time while inside the Club facility:



Immediately isolate in a separate room



Wear a mask



Transported and quarantined at home ASAP



WHAT IS A "CLOSE CONTACT"?

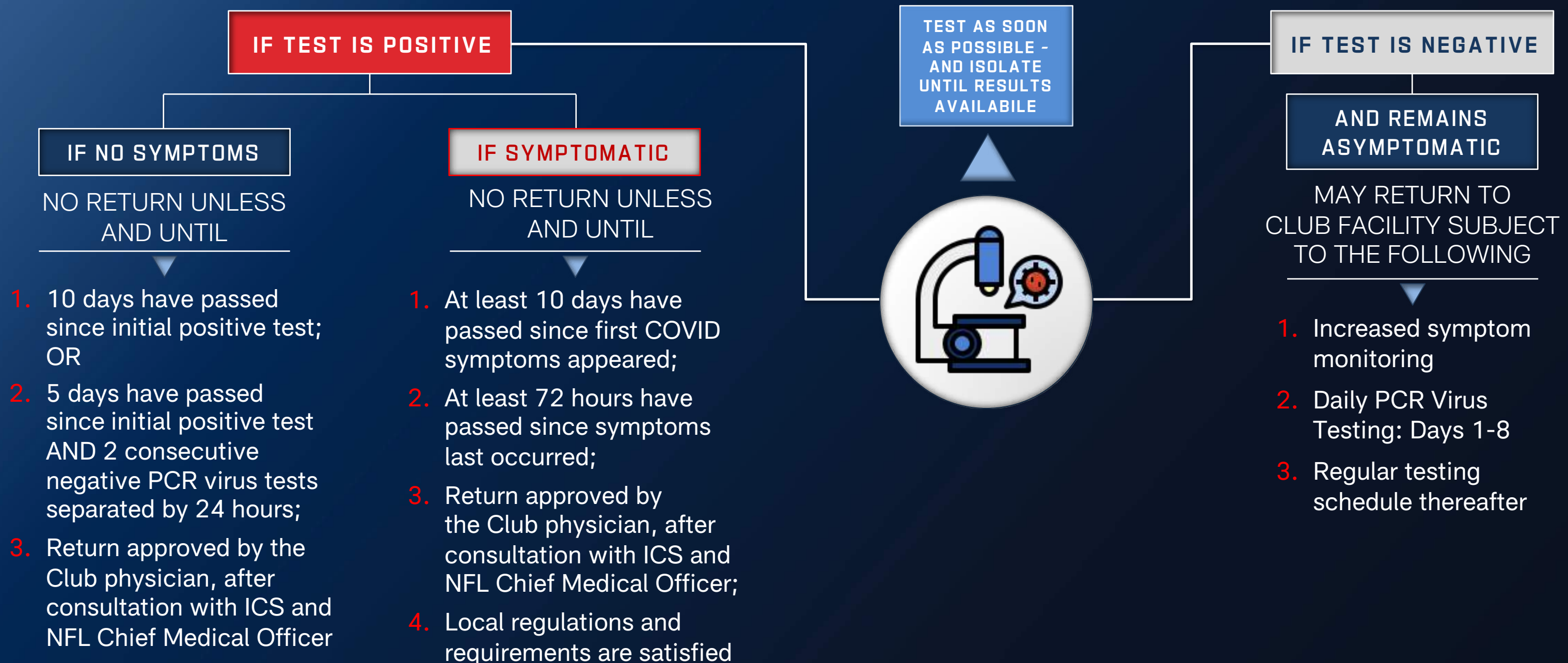
- ▶ Living in the same household
- ▶ Being within 6 feet of someone for about 10 minutes
- ▶ Direct contact with secretions from a sick person with COVID-19 (e.g., being coughed on)
- ▶ Having direct physical contact with an infected individual during practice
- ▶ Anyone documented to have had Close Contact with an infected individual while playing a game or during team travel
- ▶ May include handling uniforms, equipment or a shared object used by an infected individual

CLOSE CONTACT DOES NOT INCLUDE BRIEF INTERACTIONS, SUCH AS WALKING PAST SOMEONE



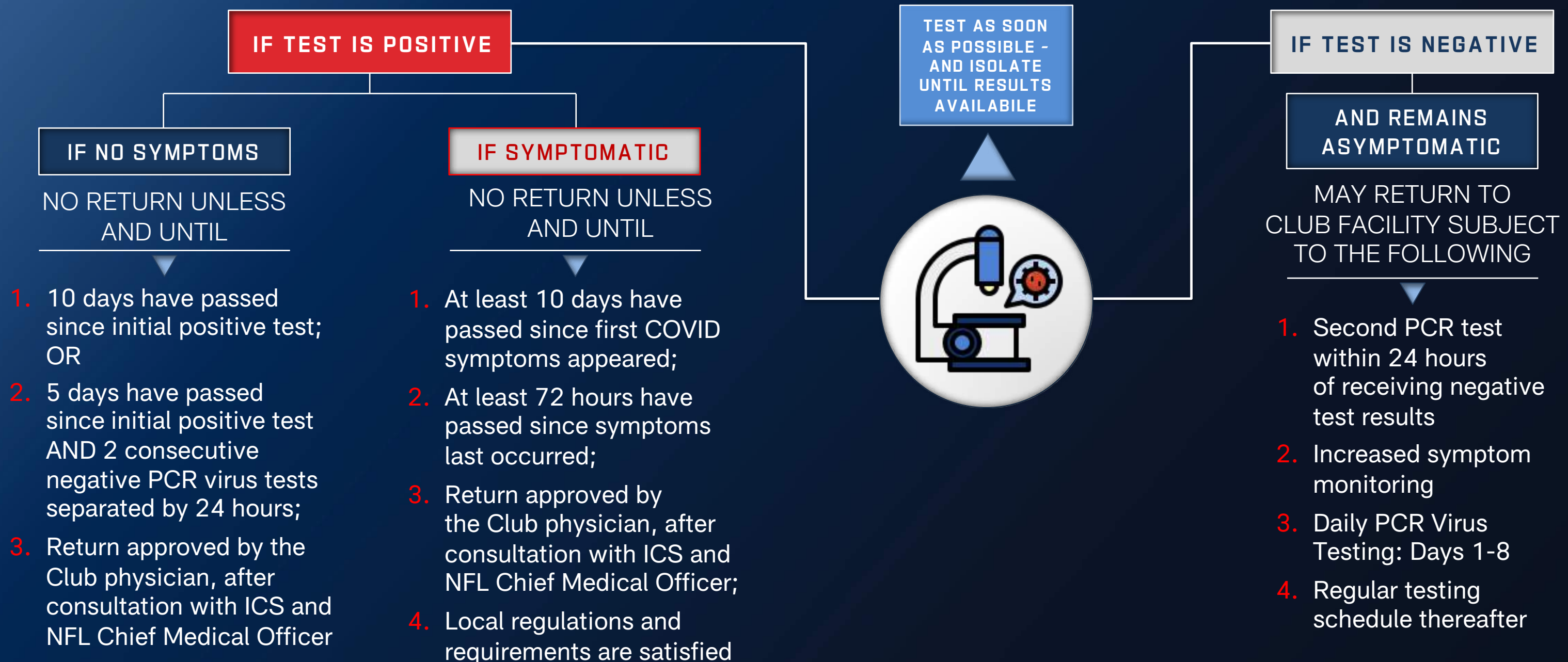
WHAT IF YOU HAVE CONTACT WITH SOMEONE WHO HAS SYMPTOMS OF COVID-19?

CLOSE CONTACT EXPOSURE TO SYMPTOMATIC INDIVIDUAL



WHAT IF YOU HAVE CONTACT WITH SOMEONE WHO TESTS POSITIVE FOR COVID-19?

CLOSE CONTACT EXPOSURE TO COVID-19 POSITIVE INDIVIDUAL



WHAT IF YOU HAVE CONTACT WITH SOMEONE WHO TESTS POSITIVE FOR COVID-19?

LOW OR MEDIUM RISK EXPOSURE TO SYMPTOMATIC
OR COVID-19 POSITIVE INDIVIDUAL:

Monitor for symptoms
and continue testing at normal
testing cadence



CONTACT TRACING

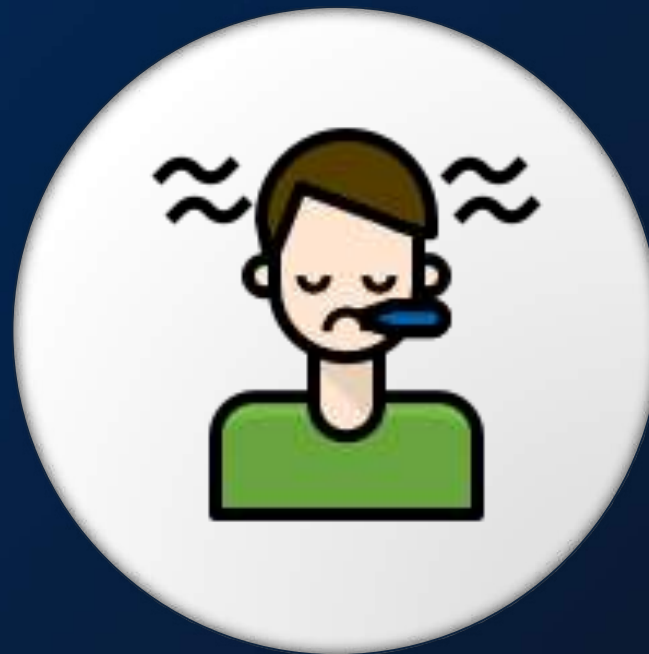
- ▶ Conducted by IQVIA following a positive test result to identify employees and players who had a close contact with the infected individual
- ▶ Kinexon Proximity Recording devices will be used to identify in-game close contacts
- ▶ During team activities (e.g. at facility, practice, team travel) Kinexon Proximity Recording devices must be worn
- ▶ Clubs will notify the proper health authorities of any positive tests as required by the applicable local regulation/law



TREATMENT



Isolation – no activities outside of the home except to receive medical care



Provided with a thermometer and a pulse oximeter for daily symptom and temperature checks



Daily communication with Club medical staff, including regular follow-up testing and symptom monitoring

RETURN TO FACILITY

Following a positive test



NO travel permitted



NO access to any Club facility



NO direct contact with any other Club employees or players other than the medical staff

UNTIL CLEARED TO RETURN



RETURN TO FACILITY

**FOLLOWING A POSITIVE TEST,
BUT ASYMPTOMATIC**

10 days have passed since the initial positive test; **OR**
5 days have passed since the initial positive test and receives two consecutive negative PCR virus tests, at least 24 hours apart, within that 5-day period

Clearance from the Club's Head Team Physician

**FOLLOWING A POSITIVE TEST,
SYMPTOMATIC**

At least 10 days have passed since symptoms first appeared; **AND**
at least 72 hours have passed since last experienced symptoms

Clearance from the Club's Head Team Physician



RETURN TO PLAY

Players who have tested positive and recovered or who have tested positive for antibodies will undergo additional cardiac screening

**FOLLOWING A MILD,
SYMPTOMATIC INFECTION**

Complete a minimum three day progressive exercise protocol under team medical staff supervision with appropriate clinical monitoring.

**FOLLOWING A MODERATE
TO SEVERE INFECTION**

Complete a progressive exercise protocol for a recommended 7 days or equal to twice the duration of the hospitalization.





**TRANSPORTATION
& TRAVEL**

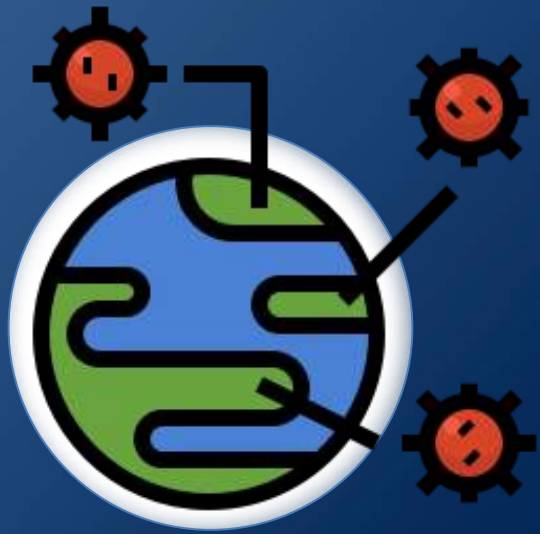
TEAM TRAVEL



- ▶ Team travel is restricted to Tier 1 and Tier 2 individuals only
- ▶ Masks must be worn while traveling
- ▶ Physical distancing protocols will be followed wherever possible including:
 - Separate hotel rooms
 - Buses limited to no more than 50% capacity
 - At least one open seat between airplane passengers



TEAM TRAVEL DON'TS



- ▶ **No use of public or private** transportation on the road to or in other cities
- ▶ **Not permitted to leave the hotel** to eat or otherwise use restaurants that are open to the public (room service or contactless delivery is permitted)
- ▶ **No room visits** by anyone other than members of the traveling party
- ▶ **No use of shared hotel facilities** (e.g. pool, fitness center) unless it is limited to use by the traveling party and has been disinfected





**MEDIA AND FAN
ENGAGEMENT**

MEDIA ENGAGEMENT



- ▶ **Media access** to Club facilities will be limited for the 2020 Training Camp and Preseason
- ▶ **All media personnel** with access to the club facility must adhere to all NFL-NFLPA medical and facility protocols
- ▶ **In-person interviews** with players will not be permitted until further notice – interviews must occur virtually.



FAN ENGAGEMENT



- ▶ Fans and visitors will not be permitted to attend Training Camp held at Club facilities at any time
- ▶ Clubs may hold up to two fan events at its stadium
 - No fans are permitted to have any contact or interactions with any Tier 1 or Tier 2 Individuals





DOING YOUR PART EVERY DAY
KEEPS YOU, YOUR FAMILY, YOUR TEAM
AND YOUR COMMUNITY SAFER.

