### DATA-DRIVEN EVOLUTION OF COVID PROTOCOLS

# STANDARD PROTOCOL

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## **INTENSIVE PROTOCOL**

#### DAILY OPERATIONS



- Most meetings held virtually; if not, held be outdoors with physical distancing
- > All meetings held **virtually**

Max weight room capacity of 15 players; no limit on staff

> Max weight room **capacity** of 10 players and 5 staff members

No in-person gatherings outside of facility or team travel

- Groups of more than 3 prohibited from gathering outside of facility or team travel

Meal room access limited

- > No seating in cafeteria or meal area; **grab-and-go meals** only
- Locker rooms reconfigured to allow for distancing and /or plexiglass dividers; time and number of players in locker rooms limited
- **Locker room use** strongly discouraged and strictly limited to small groups for short periods of time

### MASKING

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- Staff members wear masks during practice; players wear masks on practice field when feasible
- > All players and staff wear masks or face shields throughout practice
- Players encouraged but not required to wear masks in weight room
- > Players and staff always wear masks, including in weight room
- Players encouraged to wear surgical masks during medical treatment / rehab
- Players required to wear surgical masks during medical treatment / rehab; face shields also encouraged

## TESTING



- Negative RT-PCR test result from the previous day required to enter facility
- > All RT-PCR test results received before any player or staff member enters the facility