

CONCUSSION GAME DAY CHECKLIST



Player receives impact to the head

and

Player exhibits or reports symptoms or signs suggestive of a concussion or stinger

or

ATC, booth ATC, team physician, NFL official, coach, teammate or UNC initiates protocol

Player is immediately removed to sideline or stabilized on field, as needed.

SIDELINE SURVEY

Remove helmet. Team Physician and UNC perform sideline survey:

- » No-Go
- » History of Event
- » Concussion Signs/Symptoms
- » Maddock's Questions
- » Video Review
- » **Focused Neurological Exam:**
 - Cervical Spine Exam (including range of motion- pain)
 - Evaluation of Speech
 - Observation of Gait
 - Eye Movements and Pupillary Exam

If any elements are positive, inconclusive or suspicious of concussion, player is escorted to locker room.

LOCKER ROOM EXAM

Team Physician/ UNC/ ATC OR

Team Physician/ UNC perform locker room exam:

- » Complete NFL SCAT
- » Complete Neurological Exam

If abnormal, NO RETURN TO PLAY:

- » Player stays in locker room
- » Periodic evaluation by medical team
- » Follow-up neurological exam

If normal sideline survey and "benign" video, player may **RETURN TO PLAY.**

No-Go

- » LOC
- » Gross Motor Instability*
- » Confusion
- » Amnesia

If observed at any point, **NO RETURN TO PLAY**

*Determined by team physician, in consultation with the UNC, to be neurologically caused.

If normal assessment, player may **RETURN TO PLAY.**

During above checklist, if player demonstrates progressive/worsening concussion symptoms, **NO RETURN TO PLAY**