

# CONCUSSION GAME DAY CHECKLIST



PLAYER HEALTH & SAFETY



NFLPA

Player receives impact to the head

and

Player exhibits or reports symptoms or signs suggestive of a concussion or stinger

or

ATC, booth ATC, team physician, NFL official, coach, teammate or UNC initiates protocol

Player is immediately removed to sideline or stabilized on field, as needed.

## SIDELINE SURVEY

Remove helmet. Team Physician and UNC perform sideline survey:

- » No-Go
- » History of Event
- » Concussion Signs/Symptoms
- » Maddock's Questions
- » Video Review
- » **Focused Neurological Exam:**
  - Cervical Spine Exam (including range of motion- pain)
  - Evaluation of Speech
  - Observation of Gait
  - Eye Movements and Pupillary Exam

If any elements are positive, inconclusive or suspicious of concussion, player is escorted to locker room.

## LOCKER ROOM EXAM

Team Physician/ UNC/ ATC OR

Team Physician/ UNC perform locker room exam:

- » Complete NFL SCAT
- » Complete Neurological Exam

**If abnormal, NO RETURN TO PLAY:**

- » Player stays in locker room
- » Periodic evaluation by medical team
- » Follow-up neurological exam

If normal sideline survey and "benign" video, player may **RETURN TO PLAY.**

## No-Go

- » LOC
- » Gross Motor Instability\*
- » Confusion
- » Amnesia

If observed at any point, **NO RETURN TO PLAY**

\*Determined by team physician, in consultation with the UNC, to be neurologically caused.

If normal assessment, player may **RETURN TO PLAY.**

During above checklist, if player demonstrates progressive/worsening concussion symptoms, **NO RETURN TO PLAY**