

National Football League Game Summary

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Date: Sunday, 11/16/2025

Seattle Seahawks at Los Angeles Rams

Start Time: 1:05 PM PST

at SoFi Stadium, Inglewood, CA

Game Day Weather

Game Weather: Cloudy

Temp: 64° F (17.8° C) Humidity: 68%, Wind: S 3 mph

Open Stadium on Matrix Turf

Officials

Referee: Hussey, John (35)

Umpire: Heydt, Duane (42)

Down Judge: Causey, Max (21)

Line Judge: Johnson, Carl (101)

Field Judge: Flemming, Anthony (90)

Side Judge: Baynes, Allen (56)

Back Judge: Edwards, Matt (96)

Replay Official: Lambert, Andrew (0)

Lineups

Seattle Seahawks				Los Angeles Rams			
Offense		Defense		Offense		Defense	
TE	18 E.Arroyo	DT	91 B.Murphy	TE	89 T.Higbee	OLB	8 J.Verse
LT	67 C.Cross	DE	99 L.Williams	LT	77 A.Jackson	DE	55 B.Fiske
LG	76 G.Zabel	LB	7 U.Nwosu	LG	73 S.Avila	DE	91 K.Turner
C	55 O.Oluwatimi	LB	0 D.Lawrence	C	65 C.Shelton	OLB	0 B.Young
RG	75 A.Bradford	LB	13 E.Jones	RG	69 K.Dotson	ILB	48 O.Speights
RT	72 A.Lucas	LB	42 D.Thomas	RT	79 R.Havenstein	ILB	53 N.Landman
WR	10 C.Kupp	CB	29 J.Jobe	WR	19 X.Smith	CB	1 E.Forbes
TE	88 A.Barner	CB	21 D.Witherspoon	WR	12 P.Nacua	CB	14 C.Durant
WR	11 J.Smith-Njigba	S	3 N.Emmanwori	WR	17 D.Adams	S	26 K.Kinchens
QB	14 S.Darnold	S	8 C.Bryant	QB	9 M.Stafford	S	37 Q.Lake
RB	9 K.Walker	S	39 T.Okada	RB	23 K.Williams	S	3 K.Curl

Substitutions

CB 1 D.Kendrick, P 4 M.Dickson, K 5 J.Myers, WR 22 R.Shaheed, S 23 D.Bell, RB 26 Z.Charbonnet, CB 27 T.Woolen, CB 28 N.Pritchett, RB 36 G.Holani, FB 38 B.Russell, FB 40 R.Ouzts, LS 41 C.Stoll, LB 44 C.Surratt, LB 48 T.Knight, LB 52 P.O'Connell, LB 53 B.Mafe, LB 58 D.Hall, G 64 C.Haynes, G/T 74 J.Jones, G 77 B.Cabeldue, WR 82 C.White, TE 89 N.Kallerup, DT 92 Q.Bohanna, DE 94 M.Morris, NT 95 B.Pili

Substitutions

S 2 J.McCollough, OLB 6 N.Hampton, OLB 10 J.Stewart, WR 15 K.Mumpfield, TE 18 T.Ferguson, RB 20 R.Rivers, RB 22 B.Corum, CB 25 R.McCreary, CB 30 J.Wallace, CB 31 D.Williams, P 42 E.Evans, LS 44 J.McQuaide, ILB 51 T.Reeder, DE 52 L.Murchison, ILB 56 S.Dolac, DL 57 T.Hamilton, OL 67 J.Dedich, OL 68 D.Quessenberry, OL 71 W.McClendon, TE 84 C.Parkinson, TE 87 D.Allen, WR 88 J.Whittington, DE 90 T.Davis, K 92 H.Mevis, NT 95 P.Ford

Did Not Play

QB 2 D.Lock

Did Not Play

QB 11 J.Garoppolo

Not Active

3QB 6 J.Milroe, WR 15 T.Horton, WR 19 J.Bobo, LB 51 J.Ivey, LB 57 C.O'Toole, T/G 78 M.Richman

Not Active

3QB 13 S.Bennett, K 16 J.Karty, RB 27 J.Hunter, OL 50 B.Limmer, OL 72 D.Humphries, DE 94 D.Johnson

Field Goals (made () & missed)

J.Myers (57) (30) (22) (29) 61SH

		1	2	3	4	OT	Total
VISITOR:	Seattle Seahawks	3	6	3	7	0	19
HOME:	Los Angeles Rams	14	0	0	7	0	21

Scoring Plays

Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Rams	1	8:38	K.Williams 1 yd. run (H.Mevis kick) (4-3, 2:10)	0	7
Seahawks	1	6:31	J.Myers 57 yd. Field Goal (6-26, 2:07)	3	7
Rams	1	1:04	D.Adams 1 yd. pass from M.Stafford (H.Mevis kick) (10-74, 5:27)	3	14
Seahawks	2	9:04	J.Myers 30 yd. Field Goal (13-53, 7:00)	6	14
Seahawks	2	0:00	J.Myers 22 yd. Field Goal (15-89, 7:47)	9	14
Seahawks	3	8:02	J.Myers 29 yd. Field Goal (10-55, 5:54)	12	14
Rams	4	14:15	C.Parkinson 6 yd. pass from M.Stafford (H.Mevis kick) (4-25, 1:49)	12	21
Seahawks	4	2:23	K.Walker 1 yd. run (J.Myers kick) (11-84, 3:37)	19	21

Paid Attendance: 75,323

Time: 3:05

Seattle Seahawks vs Los Angeles Rams

11/16/2025 at SoFi Stadium

Final Individual Statistics

Seattle Seahawks									Los Angeles Rams																										
RUSHING						RUSHING						RUSHING																							
	ATT	YDS	AVG	LG	TD		ATT	YDS	AVG	LG	TD		ATT	YDS	AVG	LG	TD																		
K.Walker	16	67	4.2	25	1	K.Williams	12	91	7.6	34	1	K.Williams	12	91	7.6	34	1																		
Z.Charbonnet	11	37	3.4	6	0	P.Nacua	2	18	9.0	18	0	P.Nacua	2	18	9.0	18	0																		
S.Darnold	2	11	5.5	8	0	B.Corum	8	10	1.3	6	0	B.Corum	8	10	1.3	6	0																		
J.Smith-Njigba	1	11	11.0	11	0																														
G.Holani	2	6	3.0	4	0																														
R.Shaheed	1	2	2.0	2	0																														
A.Barner	2	1	0.5	1	0																														
Total	35	135	3.9	25	1	Total	22	119	5.4	34	1	Total	22	119	5.4	34	1																		
PASSING									PASSING									PASSING																	
	ATT	CMP	YDS	SK/YD	TD	LG	IN	RT		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT									
S.Darnold	44	29	279	0/0	0	28	4	45.5	M.Stafford	28	15	130	0/0	2	23	0	89.9	M.Stafford	28	15	130	0/0	2	23	0	89.9									
Total	44	29	279	0/0	0	28	4	45.5	Total	28	15	130	0/0	2	23	0	89.9	Total	28	15	130	0/0	2	23	0	89.9									
PASS RECEIVING									PASS RECEIVING									PASS RECEIVING																	
	TAR	REC	YDS	AVG	LG	TD				TAR	REC	YDS	AVG	LG	TD					TAR	REC	YDS	AVG	LG	TD										
A.Barner	11	10	70	7.0	13	0	P.Nacua	8	7	75	10.7	19	0	P.Nacua	8	7	75	10.7	19	0	8	7	75	10.7	19	0									
J.Smith-Njigba	12	9	105	11.7	28	0	C.Parkinson	2	2	14	7.0	8	1	C.Parkinson	2	2	14	7.0	8	1	2	2	14	7.0	8	1									
K.Walker	3	3	44	14.7	23	0	T.Higbee	2	1	23	23.0	23	0	T.Higbee	2	1	23	23.0	23	0	2	1	23	23.0	23	0									
C.Kupp	7	3	23	7.7	9	0	J.Whittington	1	1	9	9.0	9	0	J.Whittington	1	1	9	9.0	9	0	1	1	9	9.0	9	0									
R.Shaheed	5	2	27	13.5	21	0	X.Smith	2	1	8	8.0	8	0	X.Smith	2	1	8	8.0	8	0	2	1	8	8.0	8	0									
Z.Charbonnet	2	2	10	5.0	6	0	K.Williams	2	1	5	5.0	5	0	K.Williams	2	1	5	5.0	5	0	2	1	5	5.0	5	0									
E.Arroyo	2	0	0	0.0	0	0	D.Adams	8	1	1	1.0	1	1	D.Adams	8	1	1	1.0	1	1	2	1	1	1.0	1	1									
							B.Corum	2	1	-5	-5.0	-5	0	B.Corum	2	1	-5	-5.0	-5	0	2	1	-5	-5.0	-5	0									
Total	42	29	279	9.6	28	0	Total	27	15	130	8.7	23	2	Total	27	15	130	8.7	23	2	27	15	130	8.7	23	2									
INTERCEPTIONS									INTERCEPTIONS									INTERCEPTIONS																	
	NO	YDS	AVG	LG	TD					NO	YDS	AVG	LG	TD						NO	YDS	AVG	LG	TD											
Total	0	0	0	0	0																														
PUNTING									PUNTING									PUNTING																	
	NO	YDS	AVG	NET	TB	IN20	LG		NO	YDS	AVG	NET	TB	IN20	LG		NO	YDS	AVG	NET	TB	IN20	LG		NO	YDS	AVG	NET	TB	IN20	LG				
M.Dickson	2	103	51.5	51.5	0	1	55	E.Evans	6	253	42.2	38.8	0	4	52	E.Evans	6	253	42.2	38.8	0	4	52	E.Evans	6	253	42.2	38.8	0	4	52				
Total	2	103	51.5	51.5	0	1	55	Total	6	253	42.2	38.8	0	4	52	Total	6	253	42.2	38.8	0	4	52	Total	6	253	42.2	38.8	0	4	52				
PUNT RETURNS									PUNT RETURNS									PUNT RETURNS																	
	NO	YDS	AVG	FC	LG	TD			NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD
R.Shaheed	2	20	10.0	2	20	0	K.Williams	0	0	0.0	1	0	0	K.Williams	0	0	0.0	1	0	0	0	0	0	K.Williams	0	0	0.0	1	0	0	0	0	0		
[OUT OF BOUNDS]	2	0	0.0	0	0	0	[DOWNED]	1	0	0.0	0	0	0	[DOWNED]	1	0	0.0	0	0	0	0	0	[DOWNED]	1	0	0.0	0	0	0	0	0	0			
Total	2	20	10.0	2	20	0	Total	0	0	0.0	1	0	0	Total	0	0	0.0	1	0	0	0	0	Total	0	0	0.0	1	0	0	0	0	0			
KICKOFF RETURNS									KICKOFF RETURNS									KICKOFF RETURNS																	
	NO	YDS	AVG	FC	LG	TD			NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD		NO	YDS	AVG	FC	LG	TD
[TOUCHBACK]	4	0	0.0	0	0	0	J.Whittington	2	48	24.0	0	25	0	J.Whittington	2	48	24.0	0	25	0	0	25	0	J.Whittington	2	48	24.0	0	25	0	0	25	0		
							X.Smith	1	22	22.0	0	22	0	X.Smith	1	22	22.0	0	22	0	0	22	0	X.Smith	1	22	22.0	0	22	0	0	22	0		
							B.Corum	1	21	21.0	0	21	0	B.Corum	1	21	21.0	0	21	0	0	21	0	B.Corum	1	21	21.0	0	21	0	0	21	0		
Total	0	0	0.0	0	0	0	Total	4	91	22.8	0	25	0	Total	4	91	22.8	0	25	0	0	25	0	Total	4	91	22.8	0	25	0	0	25	0		

Seattle Seahawks

FUMBLES	FUM	LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YDS	TD	OUT-BDS
A.Barner	1	0	1	0	0	0	0	0	0	0
C.Bryant	0	0	0	0	0	1	0	0	0	0
D.Thomas	0	0	0	0	0	0	1	8	0	0
Total	1	0	1	0	0	1	1	8	0	0

Los Angeles Rams

FUMBLES	FUM	LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YDS	TD	OUT-BDS
P.Nacua	1	1	0	0	0	0	0	0	0	0
N.Landman	0	0	0	0	0	1	0	0	0	0
Total	1	1	0	0	0	1	0	0	0	0

Seattle Seahawks vs Los Angeles Rams
11/16/2025 at SoFi Stadium

Final Team Statistics

	Visitor Seahawks	Home Rams
TOTAL FIRST DOWNS	26	12
By Rushing	9	5
By Passing	15	6
By Penalty	2	1
THIRD DOWN EFFICIENCY	7-16-43.8%	2-11-18.2%
FOURTH DOWN EFFICIENCY	1-1-100.0%	2-3-66.7%
TOTAL NET YARDS	414	249
Total Offensive Plays (inc. times thrown passing)	79	50
Average gain per offensive play	5.2	5.0
NET YARDS RUSHING	135	119
Total Rushing Plays	35	22
Average gain per rushing play	3.9	5.4
Tackles for a loss-number and yards	0-0	2-4
NET YARDS PASSING	279	130
Times thrown - yards lost attempting to pass	0-0	0-0
Gross yards passing	279	130
PASS ATTEMPTS-COMPLETIONS-HAD INTERCEPTED	44-29-4	28-15-0
Avg gain per pass play (inc.# thrown passing)	6.3	4.6
KICKOFFS Number-In End Zone-Touchbacks	5-0-0	4-4-4
PUNTS Number and Average	2-51.5	6-42.2
Had Blocked	0	0
FGs - PATs Had Blocked	0-0	0-0
Net Punting Average	51.5	38.8
TOTAL RETURN YARDAGE (Not Including Kickoffs)	20	81
No. and Yards Punt Returns	2-20	0-0
No. and Yards Kickoff Returns	0-0	4-91
No. and Yards Interception Returns	0-0	4-81
PENALTIES Number and Yards	6-47	6-43
FUMBLES Number and Lost	1-0	1-1
TOUCHDOWNS	1	3
Rushing	1	1
Passing	0	2
EXTRA POINTS Made-Attempts	1-1	3-3
Kicking Made-Attempts	1-1	3-3
FIELD GOALS Made-Attempts	4-5	0-0
RED ZONE EFFICIENCY	1-4-25%	3-4-75%
GOAL TO GO EFFICIENCY	1-2-50%	3-3-100%
SAFETIES	0	0
FINAL SCORE	19	21
TIME OF POSSESSION	37:49	22:11

Seattle Seahawks vs Los Angeles Rams
11/16/2025 at SoFi Stadium

Ball Possession And Drive Chart

Seattle Seahawks												
#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	12:07	10:48	1:19	Downs	SEA 8	3	13	0	13	1	SEA 21	Interception
2	8:38	6:31	2:07	Kickoff	SEA 35	6	26	0	26	2	LA 39	Field Goal
3	1:04	9:04	7:00	Kickoff	SEA 35	13	43	10	53	5	* LA 12	Field Goal
4	7:47	0:00	7:47	Punt	SEA 8	15	89	0	89	4	* LA 3	Field Goal
5	15:00	14:13	0:47	Kickoff	SEA 35	3	1	0	1	0	SEA 36	Interception
6	13:56	8:02	5:54	Fumble	SEA 34	10	65	-10	55	3	* LA 11	Field Goal
7	5:50	3:32	2:18	Punt	SEA 31	3	9	0	9	0	SEA 40	Punt
8	1:22	1:04	0:18	Punt	SEA 37	1	0	-10	-10	0	SEA 27	Interception
9	14:15	10:45	3:30	Kickoff	SEA 30	6	34	0	34	1	LA 36	Interception
10	9:30	7:59	1:31	Punt	SEA 13	3	7	0	7	0	SEA 20	Punt
11	6:00	2:23	3:37	Punt	SEA 16	11	84	0	84	6	* LA 1	Touchdown
12	1:41	0:00	1:41	Punt	SEA 1	10	43	13	56	4	LA 43	Missed FG

(283) Average SEA 24

Los Angeles Rams												
#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	15:00	12:07	2:53	Kickoff	LA 30	7	47	15	62	2	* SEA 8	Downs
2	10:48	8:38	2:10	Interception	SEA 3	4	3	0	3	1	* SEA 1	Touchdown
3	6:31	1:04	5:27	Kickoff	LA 26	10	84	-10	74	4	* SEA 1	Touchdown
4	9:04	7:47	1:17	Kickoff	LA 40	3	1	0	1	0	LA 41	Punt
5	14:13	13:56	0:17	Interception	SEA 35	2	7	0	7	0	SEA 35	Fumble
6	8:02	5:50	2:12	Kickoff	LA 22	5	23	0	23	1	LA 45	Punt
7	3:32	1:22	2:10	Punt	LA 12	5	30	-10	20	1	LA 32	Punt
8	1:04	14:15	1:49	Interception	SEA 25	4	25	0	25	2	* SEA 6	Touchdown
9	10:45	9:30	1:15	Interception	SEA 49	3	4	0	4	0	SEA 45	Punt
10	7:59	6:00	1:59	Punt	LA 25	3	7	0	7	0	LA 32	Punt
11	2:23	1:41	0:42	Kickoff	LA 31	4	18	0	18	1	LA 49	Punt

(474) Average LA 43

* inside opponent's 20

Time of Possession by Quarter		1st	2nd	3rd	4th	OT	Total
Visitor	Seattle Seahawks	4:30	13:43	9:17	10:19		37:49
Home	Los Angeles Rams	10:30	1:17	5:43	4:41		22:11
Kickoff Drive No.-Start Average		Seahawks: 4 - SEA 34			Rams: 5 - LA 30		

Final Defensive Statistics

Seattle Seahawks	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/ YDS	TFL	Q	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
E.Jones	5	1	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
T.Okada	2	4	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.Bryant	3	2	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	
B.Murphy	1	4	5	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
L.Williams	2	2	4	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Jobe	3	0	3	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
N.Emmanwori	2	1	3	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
D.Witherspoon	2	1	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
U.Nwosu	1	1	2	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
T.Woolen	1	1	2	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
D.Lawrence	0	2	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
D.Thomas	1	0	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	
B.Mafe	1	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
D.Hall	0	1	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Pili	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.White	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0	
M.Morris	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
T.Knight	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
B.Russell	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
S.Darnold	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
J.Smith-Njigba	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
A.Lucas	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
C.Kupp	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
A.Barner	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	
Total	24	21	45	0	0	3	3	0	4	1	1	3	2	0	0	0	4	0	0	1	

TKL = Tackle AST = Assist COMB = Combined QH=QB Hit IN = Interception PD = Pass Defense FF = Forced Fumble FR = Fumble Recovery

Los Angeles Rams	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/ YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
K.Curl	9	2	11	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
N.Landman	6	1	7	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	
O.Speights	3	4	7	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Young	3	3	6	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
E.Forbes	4	1	5	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
P.Ford	4	0	4	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
K.Kinchens	3	1	4	0	0	0	1	2	2	0	0	0	0	0	0	0	0	0	0	0	
C.Durant	3	0	3	0	0	0	0	1	2	0	0	0	0	0	0	0	0	0	0	0	
Q.Lake	3	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Wallace	3	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Verse	2	1	3	0	0	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	
D.Williams	2	1	3	0	0	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	
T.Davis	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Fiske	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Stewart	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
L.Murchison	0	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
K.Turner	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
N.Hampton	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.McCollough	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Corum	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
T.Reeder	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
J.Whittington	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	
Total	51	21	72	0	0	0	3	4	8	1	0	2	0	0	0	0	1	0	0	0	

First Half Summary

PERIOD SCORES

Seahawks	3	6	=	9
Rams	14	0	=	14

TIME OF POSSESSION

Seahawks	18:13
Rams	11:47

Scoring Plays

Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Rams	1	8:38	K.Williams 1 yd. run (H.Mevis kick) (4-3, 2:10)	0	7
Seahawks	1	6:31	J.Myers 57 yd. Field Goal (6-26, 2:07)	3	7
Rams	1	1:04	D.Adams 1 yd. pass from M.Stafford (H.Mevis kick) (10-74, 5:27)	3	14
Seahawks	2	9:04	J.Myers 30 yd. Field Goal (13-53, 7:00)	6	14
Seahawks	2	0:00	J.Myers 22 yd. Field Goal (15-89, 7:47)	9	14

	Seattle Seahawks	Los Angeles Rams
TOTAL FIRST DOWNS	12	7
First Downs Rushing-Passing-by Penalty	5 - 6 - 1	3 - 3 - 1
THIRD DOWN EFFICIENCY	2-6-33.3%	1-5-20.0%
TOTAL NET YARDS	171	135
Total Offensive Plays	34	24
NET YARDS RUSHING	79	85
NET YARDS PASSING	92	50
Gross Yards Passing	92	50
Times thrown-yards lost attempting to pass	0-0	0-0
Pass Attempts-Completions-Had Intercepted	16 - 10 - 1	13 - 7 - 0
Punts-Number and Average	0 - 0-0	1 - 44.0
Penalties-Number and Yards	3 - 22	3 - 20
Fumbles-Number and Lost	0 - 0	0 - 0
Red Zone Efficiency	0-2-0%	2-3-67%
Average Drive Start	SEA 22	LA 48

Seattle Seahawks

Los Angeles Rams

RUSHING									RUSHING								
	ATT	YDS	AVG	LG	TD					ATT	YDS	AVG	LG	TD			
K.Walker	6	37	6.2	25	0	K.Williams				6	76	12.7	34	1			
Z.Charbonnet	7	22	3.1	6	0	B.Corum				5	9	1.8	6	0			
J.Smith-Njigba	1	11	11.0	11	0												
G.Holani	2	6	3.0	4	0												
R.Shaheed	1	2	2.0	2	0												
A.Barner	1	1	1.0	1	0												
Total	18	79	4.4	25	0	Total				11	85	7.7	34	1			
PASSING									PASSING								
	ATT	CMP	YDS	SK/YD	TD	LG	IN	RT		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT
S.Darnold	16	10	92	0/0	0	28	1	52.1	M.Stafford	13	7	50	0/0	1	23	0	88.6
Total	16	10	92	0/0	0	28	1	52.1	Total	13	7	50	0/0	1	23	0	88.6
PASS RECEIVING									PASS RECEIVING								
	TAR	REC	YDS	AVG	LG	TD				TAR	REC	YDS	AVG	LG	TD		
J.Smith-Njigba	6	5	63	12.6	28	0	T.Higbee			2	1	23	23.0	23	0		
A.Barner	4	4	23	5.8	10	0	P.Nacua			1	1	10	10.0	10	0		
Z.Charbonnet	1	1	6	6.0	6	0	X.Smith			2	1	8	8.0	8	0		
C.Kupp	2	0	0	0.0	0	0	C.Parkinson			1	1	8	8.0	8	0		
R.Shaheed	1	0	0	0.0	0	0	K.Williams			2	1	5	5.0	5	0		
							D.Adams			4	1	1	1.0	1	1		
							B.Corum			1	1	-5	-5.0	-5	0		
Total	14	10	92	9.2	28	0	Total			13	7	50	7.1	23	1		

Seattle Seahawks

Regular Defensive Plays

Special Teams

Misc

11/16/2025 at SoFi Stadium[illegible][illegible]

Play By Play

First Quarter

11/16/2025

SEA wins the coin toss and elects to defer. LA elects to Receive, and SEA elects to defend the north goal.

J.Myers kicks 60 yards from SEA 35 to LA 5. J.Whittington to LA 30 for 25 yards (M.Morris).

Los Angeles Rams at 15:00, (1st play from scrimmage 14:55)

1-10-LA 30	(14:55) (Shotgun) M.Stafford pass incomplete short left to X.Smith (U.Nwosu).	
2-10-LA 30	(14:51) (No Huddle, Shotgun) M.Stafford pass short left to X.Smith to LA 38 for 8 yards (D.Witherspoon).	
	<i>PENALTY on SEA-D.Witherspoon, Unnecessary Roughness, 15 yards, enforced at LA 38.</i>	X1
<u>1-10-SEA 47</u>	(14:19) K.Williams right guard pushed ob at SEA 17 for 30 yards (T.Okada).	R2
<u>1-10-SEA 17</u>	(13:33) K.Williams up the middle to SEA 13 for 4 yards (B.Murphy; T.Okada).	
2-6-SEA 13	(12:52) M.Stafford pass incomplete short left to K.Williams (N.Emmanwori).	
3-6-SEA 13	(12:48) (Shotgun) M.Stafford pass short right to K.Williams pushed ob at SEA 8 for 5 yards (N.Emmanwori).	
	Los Angeles Rams challenged the short of the line to gain ruling, and the play was Upheld. The ruling on the field stands. (Timeout #1.)	
4-1-SEA 8	(12:12) M.Stafford pass incomplete short left to T.Higbee.	

Seattle Seahawks at 12:07

1-10-SEA 8	(12:07) (Shotgun) S.Darnold pass short right to J.Smith-Njigba to SEA 16 for 8 yards (K.Kinchens).	
2-2-SEA 16	(11:27) K.Walker up the middle to SEA 21 for 5 yards (Q.Lake).	R1
<u>1-10-SEA 21</u>	(10:59) (No Huddle) S.Darnold pass short left intended for C.Kupp INTERCEPTED by K.Kinchens at SEA 34. K.Kinchens pushed ob at SEA 3 for 31 yards (S.Darnold).	

Los Angeles Rams at 10:48

1-3-SEA 3	(10:48) (Shotgun) B.Corum right guard to SEA 1 for 2 yards (J.Jobbe, L.Williams).	
2-1-SEA 1	(10:11) B.Corum right tackle to SEA 1 for no gain (B.Murphy; D.Lawrence).	
3-1-SEA 1	(9:30) B.Corum left tackle to SEA 1 for no gain (U.Nwosu; D.Lawrence).	
	Timeout #2 by LA at 08:41.	
4-1-SEA 1	(8:41) (Shotgun) K.Williams up the middle for 1 yard, TOUCHDOWN.	R3
	H.Mevis extra point is GOOD, Center-J.McQuaide, Holder-E.Evans.	

Timeout at 08:38.

SEA 0 LA 7, 4 plays, 3 yards, 2:10 drive, 6:22 elapsed

E.Evans kicks 65 yards from LA 35 to end zone, Touchback to the SEA 35.

Seattle Seahawks at 8:38

1-10-SEA 35	(8:38) S.Darnold pass short right to J.Smith-Njigba to SEA 48 for 13 yards (Q.Lake).	P2
<u>1-10-SEA 48</u>	(8:04) J.Smith-Njigba left end pushed ob at LA 41 for 11 yards (K.Curl).	R3
<u>1-10-LA 41</u>	(7:29) R.Shaheed right end to LA 39 for 2 yards (N.Landman).	
2-8-LA 39	(6:43) (Shotgun) S.Darnold pass incomplete short left to R.Shaheed.	
3-8-LA 39	(6:40) (Shotgun) S.Darnold pass incomplete deep middle to C.Kupp.	
4-8-LA 39	(6:36) J.Myers 57 yard field goal is GOOD, Center-C.Stoll, Holder-M.Dickson.	

Timeout at 06:31.

SEA 3 LA 7, 6 plays, 26 yards, 2:07 drive, 8:29 elapsed

J.Myers kicks 61 yards from SEA 35 to LA 4. X.Smith to LA 26 for 22 yards (T.Knight).

Los Angeles Rams at 6:31, (1st play from scrimmage 6:26)

1-10-LA 26	(6:26) K.Williams left tackle to LA 44 for 18 yards (N.Emmanwori).	
	<i>PENALTY on LA-C.Parkinson, Offensive Holding, 10 yards, enforced at LA 26 - No Play.</i>	
1-20-LA 16	(6:00) (Shotgun) M.Stafford pass short right to T.Higbee to LA 39 for 23 yards (E.Jones).	P4
<u>1-10-LA 39</u>	(5:16) K.Williams up the middle to LA 42 for 3 yards (B.Murphy; T.Okada).	
2-7-LA 42	(4:36) K.Williams up the middle to LA 46 for 4 yards (B.Murphy; D.Hall).	
3-3-LA 46	(3:54) (Shotgun) M.Stafford pass short right to P.Nacua to SEA 44 for 10 yards (T.Okada; C.Bryant).	P5
<u>1-10-SEA 44</u>	(3:09) M.Stafford pass short right to C.Parkinson to SEA 36 for 8 yards (T.Okada; N.Emmanwori).	
2-2-SEA 36	(2:31) B.Corum up the middle to SEA 35 for 1 yard (L.Williams).	
3-1-SEA 35	(1:44) M.Stafford pass incomplete short middle to D.Adams.	
4-1-SEA 35	(1:41) K.Williams left tackle to SEA 1 for 34 yards (N.Emmanwori).	R6
<u>1-1-SEA 1</u>	(1:09) (No Huddle) M.Stafford pass incomplete short left to D.Adams (T.Woolen).	
	Timeout #3 by LA at 01:06.	
2-1-SEA 1	(1:06) M.Stafford pass short left to D.Adams for 1 yard, TOUCHDOWN.	P7

Seattle Seahawks vs Los Angeles Rams at SoFi Stadium

Penalty on SEA-U.Nwosu, Defensive Offside, declined.

H.Mevis extra point is GOOD, Center-J.McQuaide, Holder-E.Evans.

Timeout at 01:04.

** Injury Update: LA-X.Smith return is Questionable.

** Injury Update: SEA-T.Knight return is Questionable.

SEA 3 LA 14, 10 plays, 74 yards, 5:27 drive, 13:56 elapsed

E.Evans kicks 65 yards from LA 35 to end zone, Touchback to the SEA 35.

Seattle Seahawks at 1:04

1-10-SEA 35 (1:04) S.Darnold pass short left to A.Barner to SEA 38 for 3 yards (E.Forbes).

2-7-SEA 38 (:22) (Shotgun) Z.Charbonnet left guard to SEA 39 for 1 yard (K.Curl; B.Young).

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Seattle Seahawks	3	4:30	2	1	0	3	0/1	0/0
Los Angeles Rams	14	10:30	3	3	1	7	1/4	2/3

Second Quarter

11/16/2025

Play By Play

Seattle Seahawks continued.

3-6-SEA 39	(15:00) (Shotgun) S.Darnold pass short right to Z.Charbonnet to SEA 45 for 6 yards (B.Young).	P4
<u>1-10-SEA 45</u>	(14:25) Z.Charbonnet right end to SEA 49 for 4 yards (P.Ford).	
2-6-SEA 49	(13:45) Z.Charbonnet left end to LA 45 for 6 yards (K.Curl).	R5
<u>1-10-LA 45</u>	(13:04) K.Walker left tackle to LA 44 for 1 yard (N.Landman).	
2-9-LA 44	(12:22) (Shotgun) S.Darnold pass incomplete short left to E.Arroyo.	
	<i>PENALTY on LA-E.Forbes, Illegal Use of Hands, 5 yards, enforced at LA 44 - No Play.</i>	X6
<u>1-10-LA 39</u>	(12:19) S.Darnold pass short left to A.Barner to LA 35 for 4 yards (O.Speights).	
2-6-LA 35	(11:39) S.Darnold pass short middle to A.Barner to LA 29 for 6 yards (O.Speights).	P7
<u>1-10-LA 29</u>	(11:00) R.Shaheed left end to LA 27 for 2 yards (D.Williams; N.Landman).	
	<i>PENALTY on LA-J.Stewart, Defensive Offside, 5 yards, enforced at LA 29 - No Play.</i>	
1-5-LA 24	(10:35) S.Darnold pass short left to J.Smith-Njigba to LA 14 for 10 yards (D.Williams).	P8
<u>1-10-LA 14</u>	(9:56) G.Holani up the middle to LA 12 for 2 yards (L.Murchison; T.Davis).	
2-8-LA 12	(9:17) S.Darnold pass incomplete short left to J.Smith-Njigba.	
3-8-LA 12	(9:14) (Shotgun) S.Darnold pass incomplete short left.	
4-8-LA 12	(9:07) J.Myers 30 yard field goal is GOOD, Center-C.Stoll, Holder-M.Dickson.	

Timeout at 09:04.

SEA 6 LA 14, 13 plays, 53 yards, 2 penalties, 7:00 drive, 5:56 elapsed

J.Myers kicks 43 yards from SEA 35 to LA 22, short of landing zone.

PENALTY on SEA-J.Myers, Kickoff Short of Landing Zone, placed at LA 40.

Los Angeles Rams at 9:04

1-10-LA 40	(9:04) M.Stafford pass short middle to B.Corum to LA 35 for -5 yards (B.Murphy) [D.Lawrence].	
2-15-LA 35	(8:22) (Shotgun) B.Corum up the middle to LA 41 for 6 yards (E.Jones).	
3-9-LA 41	(8:00) (No Huddle, Shotgun) M.Stafford pass incomplete deep left to D.Adams.	
4-9-LA 41	(7:56) E.Evans punts 44 yards to SEA 15, Center-J.McQuaide. R.Shaheed pushed ob at SEA 24 for 9 yards (B.Corum).	
	<i>PENALTY on SEA-D.Kendrick, Offensive Holding, 7 yards, enforced at SEA 15.</i>	

Timeout at 07:47.

Seattle Seahawks at 7:47

1-10-SEA 8	(7:47) Z.Charbonnet right end pushed ob at SEA 14 for 6 yards (K.Curl; O.Speights).	
2-4-SEA 14	(7:09) K.Walker left end pushed ob at SEA 39 for 25 yards (K.Curl).	R9
<u>1-10-SEA 39</u>	(6:26) K.Walker left end pushed ob at SEA 41 for 2 yards (B.Young; B.Fiske).	
2-8-SEA 41	(5:43) (Shotgun) S.Darnold pass deep left to J.Smith-Njigba ran ob at LA 31 for 28 yards.	P10
<u>1-10-LA 31</u>	(5:21) (No Huddle) K.Walker left tackle to LA 29 for 2 yards (B.Young).	
2-8-LA 29	(4:39) K.Walker right tackle to LA 27 for 2 yards (Q.Lake).	
3-6-LA 27	(3:55) (Shotgun) S.Darnold pass short middle to A.Barner to LA 17 for 10 yards (N.Landman).	P11
<u>1-10-LA 17</u>	(3:16) G.Holani up the middle to LA 13 for 4 yards (J.Stewart).	
2-6-LA 13	(2:33) Z.Charbonnet right tackle to LA 12 for 1 yard (P.Ford).	

Two-Minute Warning

3-5-LA 12	(2:00) (Shotgun) Z.Charbonnet up the middle to LA 8 for 4 yards (K.Curl).	
4-1-LA 8	(1:22) Direct snap to A.Barner. A.Barner right guard to LA 7 for 1 yard (B.Fiske; O.Speights).	R12
<u>1-7-LA 7</u>	(:39) Z.Charbonnet left guard to LA 7 for no gain (J.Verse).	
	Timeout #1 by SEA at 00:24.	
2-7-LA 7	(:24) (Shotgun) S.Darnold pass short right to J.Smith-Njigba to LA 3 for 4 yards (C.Durant).	
	Timeout #2 by SEA at 00:11.	
3-3-LA 3	(:11) (Shotgun) S.Darnold pass incomplete short left.	
4-3-LA 3	(:04) J.Myers 22 yard field goal is GOOD, Center-C.Stoll, Holder-M.Dickson.	

SEA 9 LA 14, 15 plays, 89 yards, 7:47 drive, 15:00 elapsed

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Seattle Seahawks	9	13:43	3	5	1	9	2/5	1/1
Los Angeles Rams	14	1:17	0	0	0	0	0/1	0/0

Third Quarter

11/16/2025

Play By Play

SEA elects to Receive, and LA elects to defend the North goal.

** Injury Update: SEA-T.Knight is Out of the game.

E.Evans kicks 65 yards from LA 35 to end zone, Touchback to the SEA 35.

Seattle Seahawks at 15:00

- 1-10-SEA 35 (15:00) (Shotgun) S.Darnold pass incomplete deep left to J.Smith-Njigba.
- 2-10-SEA 35 (14:55) K.Walker left end to SEA 36 for 1 yard (K.Kinchens; E.Forbes). LA-J.Verse was injured during the play.
- 3-9-SEA 36 (14:19) (Shotgun) S.Darnold pass short right intended for J.Smith-Njigba INTERCEPTED by C.Durant [B.Young] at SEA 45. C.Durant pushed ob at SEA 35 for 10 yards (J.Smith-Njigba).

Los Angeles Rams at 14:13

- 1-10-SEA 35 (14:13) M.Stafford pass incomplete short right.
- 2-10-SEA 35 (14:09) (Shotgun) M.Stafford pass short middle to P.Nacua to SEA 28 for 7 yards (C.Bryant). FUMBLES (C.Bryant), RECOVERED by SEA-D.Thomas at SEA 26. D.Thomas to SEA 34 for 8 yards (J.Whittington).
- ** Injury Update: LA-X.Smith is Out of the game.

Timeout at 13:56.

** Injury Update: LA-Q.Lake is Out of the game.

Seattle Seahawks at 13:56

- 1-10-SEA 34 (13:56) (Shotgun) K.Walker left tackle to SEA 37 for 3 yards (T.Davis). ** Injury Update: LA-J.Verse has returned to the game.
- 2-7-SEA 37 (13:21) S.Darnold pass deep left to R.Shaheed to LA 42 for 21 yards (E.Forbes). P13
- 1-10-LA 42 (12:43) (No Huddle, Shotgun) S.Darnold pass short right to A.Barner to LA 29 for 13 yards (K.Kinchens). P14
- 1-10-LA 29 (11:56) K.Walker right end to LA 27 for 2 yards (N.Landman).
- 2-8-LA 27 (11:10) (Shotgun) K.Walker left guard to LA 22 for 5 yards (N.Landman).
- 3-3-LA 22 (10:30) K.Walker right tackle to LA 15 for 7 yards (K.Curl). R15
- 1-10-LA 15 (9:47) K.Walker left tackle for 15 yards, TOUCHDOWN NULLIFIED by Penalty.
PENALTY on SEA-N.Kallerup, Offensive Holding, 10 yards, enforced at LA 15 - No Play.
- 1-20-LA 25 (9:41) (Shotgun) S.Darnold pass incomplete deep right to R.Shaheed (E.Forbes).
- 2-20-LA 25 (9:37) (Shotgun) S.Darnold pass short middle to A.Barner to LA 16 for 9 yards (J.Wallace).
- 3-11-LA 16 (8:48) (Shotgun) S.Darnold pass short right to A.Barner to LA 11 for 5 yards (C.Durant).
- 4-6-LA 11 (8:05) J.Myers 29 yard field goal is GOOD, Center-C.Stoll, Holder-M.Dickson.

Timeout at 08:02.

SEA 12 LA 14, 10 plays, 55 yards, 5:54 drive, 6:58 elapsed

J.Myers kicks 64 yards from SEA 35 to LA 1. B.Corum to LA 22 for 21 yards (C.White).

Los Angeles Rams at 8:02, (1st play from scrimmage 7:56)

- 1-10-LA 22 (7:56) (Shotgun) M.Stafford pass short right to P.Nacua to LA 29 for 7 yards (J.Jobé). P8
- 2-3-LA 29 (7:33) (No Huddle, Shotgun) M.Stafford pass deep right to P.Nacua pushed ob at LA 48 for 19 yards (J.Jobé).
- 1-10-LA 48 (6:47) B.Corum up the middle to LA 45 for -3 yards (B.Mafé).
- 2-13-LA 45 (6:10) (Shotgun) M.Stafford pass incomplete short left to B.Corum.
- 3-13-LA 45 (6:06) (Shotgun) M.Stafford pass incomplete deep middle to D.Adams [L.Williams].
- 4-13-LA 45 (6:01) E.Evans punts 44 yards to SEA 11, Center-J.McQuaide. R.Shaheed to SEA 31 for 20 yards (T.Reeder).

Timeout at 05:50.

Seattle Seahawks at 5:50

- 1-10-SEA 31 (5:50) S.Darnold pass short middle to A.Barner to SEA 38 for 7 yards (O.Speights, N.Landman). FUMBLES (N.Landman), and recovers at SEA 38.
- 2-3-SEA 38 (5:05) Z.Charbonnet right guard to SEA 40 for 2 yards (P.Ford).
- 3-1-SEA 40 (4:25) Direct snap to A.Barner. A.Barner up the middle to SEA 40 for no gain (J.Stewart; J.Verse).
- 4-1-SEA 40 (3:39) M.Dickson punts 48 yards to LA 12, Center-C.Stoll, fair catch by K.Williams.

Timeout at 03:32.

Los Angeles Rams at 3:32

- 1-10-LA 12 (3:32) K.Williams up the middle to LA 16 for 4 yards (C.Bryant).
- 2-6-LA 16 (2:53) *PENALTY on LA-C.Parkinson, False Start, 5 yards, enforced at LA 16 - No Play.*
- 2-11-LA 11 (2:34) (Shotgun) M.Stafford pass short right to P.Nacua pushed ob at LA 23 for 12 yards (T.Woolen). P9
- 1-10-LA 23 (1:57) (Shotgun) M.Stafford pass incomplete short right to P.Nacua (J.Jobé).
- 2-10-LA 23 (1:54) (Shotgun) M.Stafford pass incomplete short right to D.Adams.

Seattle Seahawks vs Los Angeles Rams at SoFi Stadium

Timeout #1 by LA at 01:49.

- 3-10-LA 23 (1:49) (Shotgun) PENALTY on LA-R.Havenstein, False Start, 5 yards, enforced at LA 23 - No Play.
- 3-15-LA 18 (1:49) (Shotgun) M.Stafford pass short left to P.Nacua to LA 32 for 14 yards (E.Jones).
- 4-1-LA 32 (1:28) E.Evans punts 31 yards to SEA 37, Center-J.McQuaide, out of bounds.

Timeout at 01:22.

Seattle Seahawks at 1:22

- 1-10-SEA 37 (1:22) S.Darnold pass incomplete deep left to C.Kupp [B.Young].
PENALTY on SEA-A.Bradford, Offensive Holding, 10 yards, enforced at SEA 37 - No Play.
** Injury Update: LA-T.Higbee return is Questionable.
- 1-20-SEA 27 (1:15) S.Darnold pass deep middle intended for E.Arroyo INTERCEPTED by K.Kinchens at SEA 47. K.Kinchens to SEA 25 for 22 yards (A.Lucas).

Los Angeles Rams at 1:04

- 1-10-SEA 25 (1:04) M.Stafford pass short middle to J.Whittington to SEA 16 for 9 yards (D.Witherspoon; E.Jones).
- 2-1-SEA 16 (:26) K.Williams up the middle to SEA 16 for no gain (B.Pili; L.Williams).

END OF QUARTER

	Score	Time	First Downs				Efficiencies	
		Poss	R	P	X	T	3 Down	4 Down
Seattle Seahawks	12	9:17	1	2	0	3	1/4	0/0
Los Angeles Rams	14	5:43	0	2	0	2	0/2	0/0

Play By Play

Fourth Quarter

11/16/2025

Los Angeles Rams continued.

3-1-SEA 16	(15:00) K.Williams left tackle to SEA 6 for 10 yards (E.Jones).	R10
<u>1-6-SEA 6</u>	(14:21) M.Stafford pass short right to C.Parkinson for 6 yards, TOUCHDOWN.	P11
	H.Mevis extra point is GOOD, Center-J.McQuaide, Holder-E.Evans.	

Timeout at 14:15.

SEA 12 LA 21, 4 plays, 25 yards, 1:49 drive, 0:45 elapsed

E.Evans kicks 65 yards from LA 35 to end zone, Touchback to the SEA 35.

PENALTY on SEA-C.Surratt, Illegal Formation, 5 yards, enforced at SEA 35.

Seattle Seahawks at 14:15

1-10-SEA 30	(14:15) Z.Charbonnet right tackle to SEA 36 for 6 yards (T.Davis; L.Murchison).	
2-4-SEA 36	(13:35) S.Darnold pass short left to K.Walker to SEA 39 for 3 yards (O.Speights; D.Williams).	
3-1-SEA 39	(12:53) S.Darnold pass short left to K.Walker pushed ob at LA 43 for 18 yards (K.Curl).	P16
<u>1-10-LA 43</u>	(12:21) K.Walker right tackle to LA 40 for 3 yards (K.Turner).	
2-7-LA 40	(11:39) K.Walker up the middle to LA 36 for 4 yards (B.Fiske).	
3-3-LA 36	(10:55) (Shotgun) S.Darnold pass short middle intended for E.Arroyo INTERCEPTED by D.Williams [K.Kinchens] at LA 33. D.Williams to SEA 49 for 18 yards (C.Kupp).	

Timeout at 10:45.

Los Angeles Rams at 10:45

1-10-SEA 49	(10:45) B.Corum up the middle to SEA 46 for 3 yards (T.Okada). SEA-T.Okada was injured during the play.	
2-7-SEA 46	(10:21) B.Corum right tackle to SEA 45 for 1 yard (L.Williams).	
3-6-SEA 45	(9:43) (Shotgun) M.Stafford pass incomplete short left to D.Adams [D.Hall]. ** Injury Update: SEA-T.Okada has returned to the game.	
4-6-SEA 45	(9:38) E.Evans punts 32 yards to SEA 13, Center-J.McQuaide, fair catch by R.Shaheed.	

Timeout at 09:30.

Seattle Seahawks at 9:30

1-10-SEA 13	(9:30) Z.Charbonnet right tackle to SEA 16 for 3 yards (B.Young; O.Speights).	
2-7-SEA 16	(8:57) (No Huddle, Shotgun) Z.Charbonnet right guard to SEA 20 for 4 yards (P.Ford).	
3-3-SEA 20	(8:15) (Shotgun) S.Darnold sacked at SEA 11 for -9 yards (J.Verse). FUMBLES (J.Verse) [J.Verse], RECOVERED by LA-O.Speights at SEA 28. O.Speights to SEA 28 for no gain (C.Kupp). The Replay Official reviewed the fumble ruling, and the play was REVERSED. (Shotgun) S.Darnold pass incomplete short middle to R.Shaheed (J.Verse) [J.Verse].	
4-3-SEA 20	(8:11) M.Dickson punts 55 yards to LA 25, Center-C.Stoll, downed by SEA-N.Pritchett.	

Los Angeles Rams at 7:59

1-10-LA 25	(7:59) K.Williams left guard to LA 27 for 2 yards (D.Witherspoon).	
2-8-LA 27	(7:19) (Shotgun) M.Stafford pass short right to P.Nacua to LA 33 for 6 yards (E.Jones).	
3-2-LA 33	(6:43) K.Williams up the middle to LA 32 for -1 yards (U.Nwosu).	
4-3-LA 32	(6:07) E.Evans punts 52 yards to SEA 16, Center-J.McQuaide, fair catch by R.Shaheed.	

Seattle Seahawks at 6:00

1-10-SEA 16	(6:00) (Shotgun) S.Darnold pass short middle to K.Walker to SEA 39 for 23 yards (K.Kinchens).	P17
<u>1-10-SEA 39</u>	(5:33) (No Huddle, Shotgun) S.Darnold pass short left to C.Kupp pushed ob at SEA 48 for 9 yards (J.Wallace).	
2-1-SEA 48	(5:12) (No Huddle) K.Walker left end pushed ob at LA 49 for 3 yards (J.Verse).	R18
<u>1-10-LA 49</u>	(4:46) (No Huddle, Shotgun) S.Darnold pass short right to C.Kupp pushed ob at LA 42 for 7 yards (J.Wallace).	
2-3-LA 42	(4:41) (No Huddle, Shotgun) S.Darnold pass short left to J.Smith-Njigba to LA 33 for 9 yards (E.Forbes).	P19
<u>1-10-LA 33</u>	(4:16) (No Huddle, Shotgun) S.Darnold scrambles up the middle to LA 25 for 8 yards (K.Curl).	
2-2-LA 25	(3:46) (No Huddle, Shotgun) K.Walker right guard to LA 24 for 1 yard (B.Young).	
3-1-LA 24	(3:22) (No Huddle) S.Darnold up the middle to LA 21 for 3 yards (N.Hampton).	R20
<u>1-10-LA 21</u>	(3:03) (No Huddle, Shotgun) S.Darnold pass short left to J.Smith-Njigba pushed ob at LA 8 for 13 yards (K.Curl).	P21
<u>1-8-LA 8</u>	(2:56) (Shotgun) S.Darnold pass short right to C.Kupp to LA 1 for 7 yards (N.Landman).	
2-1-LA 1	(2:27) (No Huddle, Shotgun) K.Walker right tackle for 1 yard, TOUCHDOWN. SEA-G.Zabel was injured during the play.	R22

Timeout at 02:23.

J.Myers extra point is GOOD, Center-C.Stoll, Holder-M.Dickson.

SEA 19 LA 21, 11 plays, 84 yards, 3:37 drive, 12:37 elapsed

J.Myers kicks 57 yards from SEA 35 to LA 8. J.Whittington to LA 31 for 23 yards (C.White; B.Russell).

Seattle Seahawks vs Los Angeles Rams at SoFi Stadium

Los Angeles Rams at 2:23, (1st play from scrimmage 2:17)

1-10-LA 31	(2:17) P.Nacua left end to LA 49 for 18 yards (C.Bryant; T.Woolen).	R12
	Timeout #1 by SEA at 02:09.	
<u>1-10-LA 49</u>	(2:09) K.Williams left tackle to LA 49 for no gain (D.Thomas).	
Two-Minute Warning		
2-10-LA 49	(2:00) P.Nacua right end to LA 49 for no gain (C.Bryant).	
	Timeout #2 by SEA at 01:54.	
3-10-LA 49	(1:54) (Shotgun) M.Stafford pass incomplete short middle to D.Adams.	
4-10-LA 49	(1:50) E.Evans punts 50 yards to SEA 1, Center-J.McQuaide, out of bounds.	

Seattle Seahawks at 1:41

1-10-SEA 1	(1:41) (Shotgun) S.Darnold pass short right to A.Barner to SEA 5 for 4 yards (J.McCollough).	
2-6-SEA 5	(1:16) (No Huddle, Shotgun) S.Darnold pass incomplete short middle to A.Barner (P.Ford).	
3-6-SEA 5	(1:13) (Shotgun) S.Darnold pass short middle to A.Barner to SEA 14 for 9 yards (C.Durant).	P23
<u>1-10-SEA 14</u>	(:53) (No Huddle, Shotgun) S.Darnold pass incomplete deep right to C.Kupp.	
2-10-SEA 14	(:47) (Shotgun) S.Darnold pass short left to Z.Charbonnet pushed ob at SEA 18 for 4 yards (K.Curl).	
3-6-SEA 18	(:40) (Shotgun) S.Darnold pass short right to J.Smith-Njigba to SEA 26 for 8 yards (E.Forbes).	P24
<u>1-10-SEA 26</u>	(:22) (No Huddle, Shotgun) S.Darnold pass short left to J.Smith-Njigba ran ob at SEA 38 for 12 yards (D.Williams).	P25
	Timeout #2 by LA at 00:17.	
<u>1-10-SEA 38</u>	(:17) (Shotgun) S.Darnold pass incomplete short right to C.Kupp (C.Durant).	
2-10-SEA 38	(:10) (Shotgun) S.Darnold pass incomplete short left to J.Smith-Njigba.	
	<i>PENALTY on LA-E.Forbes, Defensive Pass Interference, 13 yards, enforced at SEA 38 - No Play.</i>	X26
<u>1-10-LA 49</u>	(:05) (Shotgun) S.Darnold pass short right to R.Shaheed to LA 43 for 6 yards.	
	Timeout #3 by SEA at 00:01.	
	Timeout #3 by LA at 00:01.	
2-4-LA 43	(:01) J.Myers 61 yard field goal is No Good, Short, Center-C.Stoll, Holder-M.Dickson.	

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Seattle Seahawks	19	10:19	3	7	1	11	4/6	0/0
Los Angeles Rams	21	4:41	2	1	0	3	1/4	0/0

Miscellaneous Statistics Report

Seattle Seahawks vs Los Angeles Rams
11/16/2025 at SoFi Stadium

Ten Longest Plays for Seattle Seahawks

Yards	Qtr	Play Start	Play Description
28	2	2-8-SEA 41	(5:43) (Shotgun) S.Darnold pass deep left to J.Smith-Njigba ran ob at LA 31 for 28 yards.
25	2	2-4-SEA 14	(7:09) K.Walker left end pushed ob at SEA 39 for 25 yards (K.Curl).
23	4	1-10-SEA 16	(6:00) (Shotgun) S.Darnold pass short middle to K.Walker to SEA 39 for 23 yards (K.Kinchens).
21	3	2-7-SEA 37	(13:21) S.Darnold pass deep left to R.Shaheed to LA 42 for 21 yards (E.Forbes).
18	4	3-1-SEA 39	(12:53) S.Darnold pass short left to K.Walker pushed ob at LA 43 for 18 yards (K.Curl).
13	1	1-10-SEA 35	(8:38) S.Darnold pass short right to J.Smith-Njigba to SEA 48 for 13 yards (Q.Lake).
13	3	1-10-LA 42	(12:43) (No Huddle, Shotgun) S.Darnold pass short right to A.Barner to LA 29 for 13 yards (K.Kinchens).
13	4	1-10-LA 21	(3:03) (No Huddle, Shotgun) S.Darnold pass short left to J.Smith-Njigba pushed ob at LA 8 for 13 yards (K.Curl).
12	4	1-10-SEA 26	(:22) (No Huddle, Shotgun) S.Darnold pass short left to J.Smith-Njigba ran ob at SEA 38 for 12 yards (D.Williams).
11	1	1-10-SEA 48	(8:04) J.Smith-Njigba left end pushed ob at LA 41 for 11 yards (K.Curl).

Ten Longest Plays for Los Angeles Rams

Yards	Qtr	Play Start	Play Description
34	1	4-1-SEA 35	(1:41) K.Williams left tackle to SEA 1 for 34 yards (N.Emmanwori).
30	1	1-10-SEA 47	(14:19) K.Williams right guard pushed ob at SEA 17 for 30 yards (T.Okada).
23	1	2-10-LA 30	(14:51) (No Huddle, Shotgun) M.Stafford pass short left to X.Smith to LA 38 for 8 yards (D.Witherspoon).
23	1	1-20-LA 16	(6:00) (Shotgun) M.Stafford pass short right to T.Higbee to LA 39 for 23 yards (E.Jones).
19	3	2-3-LA 29	(7:33) (No Huddle, Shotgun) M.Stafford pass deep right to P.Nacua pushed ob at LA 48 for 19 yards (J.Jobe).
18	4	1-10-LA 31	(2:17) P.Nacua left end to LA 49 for 18 yards (C.Bryant; T.Woolen).
14	3	3-15-LA 18	(1:49) (Shotgun) M.Stafford pass short left to P.Nacua to LA 32 for 14 yards (E.Jones).
12	3	2-11-LA 11	(2:34) (Shotgun) M.Stafford pass short right to P.Nacua pushed ob at LA 23 for 12 yards (T.Woolen).
10	1	3-3-LA 46	(3:54) (Shotgun) M.Stafford pass short right to P.Nacua to SEA 44 for 10 yards (T.Okada; C.Bryant).
10	4	3-1-SEA 16	(15:00) K.Williams left tackle to SEA 6 for 10 yards (E.Jones).

Touchdown Scoring Information

		Offense	Defense	Special Teams
VISITOR	Seattle Seahawks	1	0	0
HOME	Los Angeles Rams	3	0	0

Player Scoring Information

Club	Player	TD	Rush TD	Rec TD	KO TD	Punt TD	Int TD	Fum TD	Misc TD	FG	XP	2Pt Rush	2Pt Rec	Sfty	Points
SEA	J.Myers	0	0	0	0	0	0	0	0	4	1	0	0	0	13
SEA	K.Walker	0	1	0	0	0	0	0	0	0	0	0	0	0	6
LA	K.Williams	0	1	0	0	0	0	0	0	0	0	0	0	0	6
LA	C.Parkinson	0	0	1	0	0	0	0	0	0	0	0	0	0	6
LA	D.Adams	0	0	1	0	0	0	0	0	0	0	0	0	0	6
LA	H.Mevis	0	0	0	0	0	0	0	0	0	3	0	0	0	3

Possession Detail

	First Half		Second Half		Game	
	Visitor	Home	Visitor	Home	Visitor	Home
Largest Lead	0	11	0	9	0	11
Drives Leading	0	2	0	7	0	9
Time of Possession Leading	0:00	6:44	0:00	10:24	0:00	17:08
Largest Deficit	-11	0	-9	0	-11	0
Drives Trailing	3	0	8	0	11	0
Time of Possession Trailing	16:54	0:00	19:36	0:00	36:30	0:00
Times Score Tied Up		0		0		0
Lead Changes		1		0		1

Playtime Percentage

Percent of playtime per player on offense, defense and special teams (Unofficial)

Seattle Seahawks

Los Angeles Rams

		Offense		Defense		Special Teams		Offense		Defense		Special Teams			
A.Bradford	G	84	100%			6	23%	A.Jackson	OL	51	100%			3	12%
A.Lucas	T	84	100%			6	23%	C.Shelton	OL	51	100%			3	12%
C.Cross	T	84	100%			6	23%	K.Dotson	OL	51	100%			3	12%
O.Oluwatimi	C	84	100%					S.Avila	OL	51	100%			3	12%
S.Darnold	QB	84	100%					R.Havenstein	OL	51	100%				
G.Zabel	G	74	88%			4	15%	M.Stafford	QB	51	100%				
A.Barner	TE	73	87%					D.Adams	WR	44	86%				
J.Smith-Njigba	WR	70	83%					K.Williams	RB	35	69%			2	8%
C.Kupp	WR	68	81%					C.Parkinson	TE	35	69%				
R.Shaheed	WR	45	54%			10	38%	P.Nacua	WR	34	67%				
K.Walker	RB	43	51%					J.Whittington	WR	25	49%			8	31%
Z.Charbonnet	RB	36	43%					T.Higbee	TE	20	39%				
E.Arroyo	TE	31	37%			3	12%	D.Allen	TE	19	37%			14	54%
C.White	WR	22	26%			14	54%	B.Corum	RB	16	31%			12	46%
R.Ouzts	FB	19	23%			12	46%	T.Ferguson	TE	15	29%			5	19%
N.Kallerup	TE	11	13%			4	15%	K.Mumphfield	WR	6	12%			5	19%
C.Haynes	G	10	12%			2	8%	X.Smith	WR	6	12%			2	8%
G.Holani	RB	2	2%			16	62%	K.Curl	S			84	100%	6	23%
E.Jones	LB			51	100%	3	12%	N.Landman	LB			81	96%	8	31%
C.Bryant	S			51	100%	3	12%	K.Kinchens	S			73	87%	4	15%
N.Emmanwori	S			48	94%	3	12%	J.Verse	LB			64	76%	6	23%
L.Williams	DE			47	92%	3	12%	E.Forbes	CB			64	76%	6	23%
T.Okada	S			47	92%	2	8%	B.Young	LB			64	76%	2	8%
D.Witherspoon	CB			47	92%			C.Durant	CB			57	68%	6	23%
B.Murphy	DT			45	88%	3	12%	D.Williams	CB			57	68%	2	8%
D.Lawrence	LB			40	78%	3	12%	O.Speights	LB			54	64%	21	81%
D.Thomas	LB			37	73%	2	8%	K.Turner	DE			50	60%	8	31%
T.Woolen	CB			35	69%			B.Fiske	DE			47	56%	8	31%
J.Jobe	CB			31	61%			T.Davis	DE			38	45%	3	12%
U.Nwosu	LB			30	59%			P.Ford	NT			37	44%	5	19%
D.Hall	LB			19	37%	3	12%	J.Stewart	LB			35	42%	4	15%
B.Mafe	LB			17	33%	3	12%	Q.Lake	S			32	38%	2	8%
B.Pili	NT			10	20%	3	12%	J.McCollough	S			30	36%	17	65%
Q.Bohanna	DT			5	10%	1	4%	J.Wallace	CB			27	32%	11	42%
D.Bell	S			1	2%	20	77%	L.Murchison	DE			12	14%		
M.Morris	DE					24	92%	T.Hamilton	DL			10	12%		
B.Russell	FB					23	88%	N.Hampton	LB			8	10%	17	65%
C.Surratt	LB					17	65%	T.Reeder	LB					21	81%
P.O'Connell	LB					17	65%	S.Dolac	LB					15	58%
N.Pritchett	CB					15	58%	E.Evans	P					13	50%
J.Myers	K					11	42%	R.McCreary	CB					12	46%
D.Kendrick	CB					11	42%	J.McQuaide	LS					9	35%
C.Stoll	LS					8	31%	R.Rivers	RB					8	31%
M.Dickson	P					8	31%	W.McClendon	OL					3	12%
J.Jones	G/T					6	23%								

B.Cabeldue	G	6	23%	H.Mevis	K	3	12%
T.Knight	LB	3	12%	J.Dedich	OL	3	12%
				D.Quessenberry	OL	3	12%