

National Football League Game Summary

NFL Copyright © 2026 by The National Football League. All rights reserved. This summary and play-by-play is for the express purpose of assisting media in their coverage of the game; any other use of this material is prohibited without the written permission of the National Football League.

Date: Saturday, 8/15/2026

Dallas Cowboys at Seattle Seahawks

Start Time: 5:05 PM PDT

at Lumen Field, Seattle, WA

Game Day Weather

Game Weather: Sunny

Temp: 75° F (23.9° C) Humidity: 58%, Wind: W 3 mph

Open Stadium on Field Turf

Outdoor Weather: Sunny

Officials

Referee: Killens Jr., Terry (77)

Umpire: Savoie, Adam (MDP)

Down Judge: McKenzie, Dana (8)

Line Judge: Eaton, Thomas (87)

Field Judge: Robinson, Mearl (31)

Side Judge: Jeffries, Anthony (36)

Back Judge: Miles, Terrence (111)

Replay Official: Nicholson, James (0)

Lineups

Dallas Cowboys				Seattle Seahawks			
Offense		Defense		Offense		Defense	
WR	11 M.Valdes-Scantling	OLB	35 M.Liufau	WR	82 C.White	NT	95 B.Pili
WR	83 A.Smith	DT	59 D.Withers	TE	81 E.Saubert	DE	98 R.Mills
LT	71 N.Thomas	DT	93 J.Toia	LT	74 Jo.Jones	DE	94 M.Morris
LG	77 T.Keegan	DT	99 L.Overton	LG	78 M.Richman	LB	48 T.Knight
C	66 T.Bass	OLB	57 M.Lawrence	C	55 O.Oluwatimi	LB	51 J.Ivey
RG	65 A.Cornelius	LB	42 C.Robinson	RG	64 C.Haynes	LB	52 P.O'Connell
RT	67 D.Shelton	LB	50 S.James	RT	68 B.Hart	CB	34 S.Jean-Charles
TE	86 L.Schoonmaker	DB	13 C.Downs	TE	18 E.Arroyo	CB	28 N.Pritchett
WR	81 J.Mingo	CB	21 C.Carson	WR	19 J.Bobo	CB	17 N.Igbinoghene
QB	16 S.Howell	CB	28 S.Revel	QB	2 D.Lock	S	30 A.Finley
RB	23 J.Blue	S	1 P.Locke	RB	36 G.Holani	S	9 B.Clark

Substitutions

P 5 B.Anger, WR 6 C.Brown, QB 10 J.Milton, S 14 M.Bell, CB 15 D.Kendrick, WR 15 T.Johnson, WR 17 J.Smith, K 17 B.Aubrey, WR 18 J.Hudson, RB 20 M.Davis, CB 25 T.Bridges, CB 27 R.Steward, RB 30 I.Abanikanda, CB 31 J.Butler, S 32 J.Wood, RB 36 J.Corbin, RB 37 P.Mafah, S 38 A.Clark, CB 39 A.Speed, OLB 41 J.Houston, LS 44 T.Sieg, LB 45 J.Barron, TE 46 M.Trigg, LB 47 L.Patterson, TE 47 Z.Kuntz, TE 49 D.Rogers, OL 51 N.Leverett, OLB 54 S.Williams, OLB 58 I.Land, G 61 S.Gutierrez, OL 64 D.Wingfield, G 68 C.Glaser, OL 75 S.Pete, T 79 M.Johnson, WR 80 T.Holden, WR 84 D.Mims, OLB 90 T.Wheat, DT 94 K.Gilliam, DT 95 T.Dunn, DT 96 A.Odeleye

Did Not Play

LB 0 D.Overshown, CB 2 C.Durant, WR 3 G.Pickens, QB 4 D.Prescott, OLB 6 D.Ezeiruaku, OLB 7 R.Gary, WR 9 K.Turpin, WR 19 R.Flournoy, S 24 M.Hooker, CB 26 D.Bland, CB 29 D.Moore, RB 33 J.Williams, S 34 J.Thompson, FB 40 H.Luepke, CB 48 Z.Childress, G 52 T.Booker, LB 53 D.Winters, LB 55 J.Barham, C 56 C.Beebe, T 60 T.Guyton, G 73 T.Smith, T 78 T.Steele, TE 87 J.Ferguson, WR 88 C.Lamb, TE 89 B.Spann-Ford, DT 91 O.Ogbonnia, DT 92 Q.Williams, DT 97 K.Clark, DT 98 J.Bullard

Not Active

Substitutions

P 4 M.Dickson, K 5 J.Myers, QB 6 J.Milroe, S 23 D.Bell, S 24 R.Thomas, RB 25 Ju.Jones, RB 30 T.Harden, CB 33 J.Washington, RB 33 V.Jones, CB 35 A.Fuller, WR 35 R.Rochelle, CB 37 M.Dansby, FB 38 B.Russell, LS 41 C.Stoll, LB 42 A.Smith, S 43 M.Hook, LB 44 C.Surratt, FB 46 B.Lampe, LB 47 J.Gaines, LB 57 C.O'Toole, LB 59 M.Jones, G 60 B.Stephens, C 62 F.Maranges, NT 69 W.Thomas, NT 70 J.Singleton, T 73 L.Brown, G 77 B.Cabeldue, T 79 A.Kight, TE 83 N.Vannett, WR 84 E.Henderson, WR 86 R.White, WR 87 M.Foster, TE 89 N.Kallerup, NT 92 U.Seumalo, LB 93 A.Hubbard, NT 97 D.Eastern

Did Not Play

LB 0 D.Lawrence, CB 1 J.Neal, S 3 N.Emmanwori, LB 7 U.Nwosu, RB 8 J.Price, WR 10 C.Kupp, WR 11 J.Smith-Njigba, LB 13 E.Jones, QB 14 S.Darnold, WR 15 T.Horton, S 20 J.Love, CB 21 D.Witherspoon, WR 22 R.Shaheed, RB 26 Z.Charbonnet, RB 27 E.Wilson, CB 29 J.Jobbe, RB 31 J.Wright, LB 32 D.Thomas, S 39 T.Okada, LB 49 C.Paul, LB 50 J.Sheriff, LB 56 D.Fowler, LB 58 D.Hall, C 61 J.Sundell, T 67 C.Cross, T 72 A.Lucas, G 75 A.Bradford, G 76 G.Zabel, WR 85 I.Charles, TE 88 A.Barner, NT 90 J.Reed, DT 91 B.Murphy, DT 99 L.Williams

Not Active

Field Goals (made () & missed)

B.Aubrey		(29)	J.Myers			45WR		
			1	2	3	4	OT	Total
VISITOR:	Dallas Cowboys		0	10	7	0	0	17
HOME:	Seattle Seahawks		7	0	0	0	0	7

Scoring Plays

Team	Qtr	Time	Play Description (Extra Point) (Drive Info)	Visitor	Home
Seahawks	1	7:42	M.Foster 5 yd. pass from D.Lock (J.Myers kick) (13-80, 7:18)	0	7
Cowboys	2	11:14	B.Aubrey 29 yd. Field Goal (16-74, 8:43)	3	7
Cowboys	2	0:38	C.Brown 39 yd. pass from S.Howell (B.Aubrey kick) (7-65, 1:26)	10	7

National Football League Game Summary

NFL Copyright © 2026 by The National Football League. All rights reserved. This summary and play-by-play is for the express purpose of assisting media in their coverage of the game; any other use of this material is prohibited without the written permission of the National Football League.

Cowboys	3	7:41	C.Brown 2 yd. pass from J.Milton (B.Aubrey kick) (13-84, 7:19)	17	7
Paid Attendance: 68,474				Time: 2:54	

Final Individual Statistics

Dallas Cowboys										Seattle Seahawks									
RUSHING				ATT	YDS	AVG	LG	TD		RUSHING				ATT	YDS	AVG	LG	TD	
M.Davis				7	39	5.6	14	0		G.Holani				12	42	3.5	8	0	
I.Abanikanda				7	36	5.1	9	0		J.Milroe				5	36	7.2	20	0	
J.Blue				8	19	2.4	4	0		V.Jones				7	19	2.7	5	0	
S.Howell				2	15	7.5	10	0		D.Lock				1	6	6.0	6	0	
J.Milton				7	10	1.4	5	0		Ju.Jones				1	3	3.0	3	0	
P.Mafah				4	9	2.3	4	0		T.Harden				2	1	0.5	1	0	
A.Smith				1	9	9.0	9	0											
Total				36	137	3.8	14	0		Total				28	107	3.8	20	0	
PASSING		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT	PASSING		ATT	CMP	YDS	SK/YD	TD	LG	IN	RT
J.Milton		15	12	107	0/0	1	23	0	118.6	D.Lock		13	9	40	0/0	1	15	0	98.2
S.Howell		12	8	94	0/0	1	39	0	118.1	J.Milroe		8	5	36	3/27	0	10	0	72.9
Total		27	20	201	0/0	2	39	0	119.5	Total		21	14	76	3/27	1	15	0	88.6
PASS RECEIVING		TAR	REC	YDS	AVG	LG	TD			PASS RECEIVING		TAR	REC	YDS	AVG	LG	TD		
M.Trigg		5	4	30	7.5	10	0			M.Foster		7	5	36	7.2	15	1		
C.Brown		3	3	62	20.7	39	2			J.Bobo		5	3	13	4.3	9	0		
A.Smith		5	2	28	14.0	23	0			V.Jones		2	2	-5	-2.5	-1	0		
T.Johnson		2	2	25	12.5	14	0			E.Arroyo		1	1	12	12.0	12	0		
J.Mingo		2	2	20	10.0	11	0			N.Vannett		1	1	10	10.0	10	0		
J.Blue		2	2	15	7.5	13	0			N.Kallerup		1	1	6	6.0	6	0		
J.Hudson		2	2	15	7.5	10	0			R.White		1	1	4	4.0	4	0		
P.Mafah		1	1	6	6.0	6	0			C.White		1	0	0	0.0	0	0		
D.Rogers		2	1	2	2.0	2	0			T.Harden		1	0	0	0.0	0	0		
Z.Kuntz		1	1	-2	-2.0	-2	0												
M.Valdes-Scantling		1	0	0	0.0	0	0												
I.Abanikanda		1	0	0	0.0	0	0												
Total		27	20	201	10.1	39	2			Total		20	14	76	5.4	15	1		
INTERCEPTIONS		NO	YDS	AVG	LG	TD			INTERCEPTIONS		NO	YDS	AVG	LG	TD				
Total		0	0	0	0	0			Total		0	0	0	0	0				
PUNTING		NO	YDS	AVG	NET	TB	IN20	LG	PUNTING		NO	YDS	AVG	NET	TB	IN20	LG		
B.Anger		3	146	48.7	25.3	0	0	56	M.Dickson		3	141	47.0	47.0	0	2	51		
Total		3	146	48.7	25.3	0	0	56	Total		3	141	47.0	47.0	0	2	51		
PUNT RETURNS		NO	YDS	AVG	FC	LG	TD	PUNT RETURNS		NO	YDS	AVG	FC	LG	TD				
T.Holden		1	0	0.0	0	0	0	R.Rochelle		1	52	52.0	1	52	0				
J.Mingo		0	0	0.0	1	0	0	C.White		1	18	18.0	0	18	0				
[OUT OF BOUNDS]		1	0	0.0	0	0	0												
Total		1	0	0.0	1	0	0	Total		2	70	35.0	1	52	0				
KICKOFF RETURNS		NO	YDS	AVG	FC	LG	TD	KICKOFF RETURNS		NO	YDS	AVG	FC	LG	TD				
I.Abanikanda		1	25	25.0	0	25	0	R.Rochelle		2	40	20.0	0	22	0				
J.Blue		1	23	23.0	0	23	0	C.White		2	34	17.0	0	18	0				
Total		2	48	24.0	0	25	0	Total		4	74	18.5	0	22	0				

Dallas Cowboys

FUMBLES	FUM	LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YDS	TD	OUT-BDS
J.Milton	1	0	1	0	0	0	0	0	0	0
T.Holden	1	1	0	0	0	0	0	0	0	0
D.Rogers	1	0	0	0	0	0	0	0	0	1
Total	3	1	1	0	0	0	0	0	0	1

Seattle Seahawks

FUMBLES	FUM	LOST	OWN-REC	YDS	TD	FORCED	OPP-REC	YDS	TD	OUT-BDS
J.Milroe	1	0	1	-1	0	0	0	0	0	0
C.Surratt	0	0	0	0	0	1	0	0	0	0

Dallas Cowboys vs Seattle Seahawks
8/15/2026 at Lumen Field

Final Individual Statistics

T.Harden	0	0	0	0	0	0	1	0	0	0
Total	1	0	1	-1	0	1	1	0	0	0

Dallas Cowboys vs Seattle Seahawks
8/15/2026 at Lumen Field

Final Team Statistics

	Visitor Cowboys	Home Seahawks
TOTAL FIRST DOWNS	21	14
By Rushing	9	5
By Passing	11	6
By Penalty	1	3
THIRD DOWN EFFICIENCY	11-15-73.3%	6-12-50.0%
FOURTH DOWN EFFICIENCY	0-0-0.0%	0-2-0.0%
TOTAL NET YARDS	338	156
Total Offensive Plays (inc. times thrown passing)	63	52
Average gain per offensive play	5.4	3.0
NET YARDS RUSHING	137	107
Total Rushing Plays	36	28
Average gain per rushing play	3.8	3.8
Tackles for a loss-number and yards	1-3	1-1
NET YARDS PASSING	201	49
Times thrown - yards lost attempting to pass	0-0	3-27
Gross yards passing	201	76
PASS ATTEMPTS-COMPLETIONS-HAD INTERCEPTED	27-20-0	21-14-0
Avg gain per pass play (inc.# thrown passing)	7.4	2.0
KICKOFFS Number-In End Zone-Touchbacks	4-0-0	2-1-0
PUNTS Number and Average	3-48.7	3-47.0
Had Blocked	0	0
FGs - PATs Had Blocked	0-0	0-0
Net Punting Average	25.3	47.0
TOTAL RETURN YARDAGE (Not Including Kickoffs)	0	70
No. and Yards Punt Returns	1-0	2-70
No. and Yards Kickoff Returns	2-48	4-74
No. and Yards Interception Returns	0-0	0-0
PENALTIES Number and Yards	13-103	8-71
FUMBLES Number and Lost	3-1	1-0
TOUCHDOWNS	2	1
Rushing	0	0
Passing	2	1
EXTRA POINTS Made-Attempts	2-2	1-1
Kicking Made-Attempts	2-2	1-1
FIELD GOALS Made-Attempts	1-1	0-1
RED ZONE EFFICIENCY	1-2-50%	1-4-25%
GOAL TO GO EFFICIENCY	1-1-100%	1-2-50%
SAFETIES	0	0
FINAL SCORE	17	7
TIME OF POSSESSION	32:55	27:05

Ball Possession And Drive Chart

Dallas Cowboys												
#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	7:42	5:50	1:52	Kickoff	DAL 25	3	6	-5	1	0	DAL 26	Punt
2	4:57	11:14	8:43	Punt	DAL 16	16	58	16	74	5	* SEA 10	Field Goal
3	2:04	0:38	1:26	Missed FG	DAL 35	7	70	-5	65	3	SEA 39	Touchdown
4	15:00	7:41	7:19	Kickoff	DAL 16	13	98	-14	84	6	* SEA 2	Touchdown
5	6:12	3:01	3:11	Punt	DAL 17	5	19	-5	14	1	DAL 31	Punt
6	14:52	11:00	3:52	Downs	DAL 10	6	24	-5	19	1	DAL 29	Punt
7	6:32	0:00	6:32	Downs	DAL 15	14	63	0	63	5	SEA 21	End of Game
(134) Average DAL 19												

Seattle Seahawks												
#	Time Recd	Time Lost	Time Poss	How Ball Obtained	Drive Began	# Play	Yds Gain	Yds Pen	Net Yds	1st Down	Last Scrm	How Given Up
1	15:00	7:42	7:18	Kickoff	SEA 20	13	46	34	80	6	* DAL 5	Touchdown
2	5:50	4:57	0:53	Punt	SEA 36	3	-1	0	-1	0	SEA 35	Punt
3	11:14	2:04	9:10	Kickoff	SEA 23	15	60	-10	50	5	* DAL 27	Missed FG
4	0:38	0:00	0:38	Kickoff	SEA 28	3	23	-25	-2	1	SEA 19	End of Half
5	7:41	6:12	1:29	Kickoff	SEA 25	3	7	0	7	0	SEA 32	Punt
6	3:01	14:52	3:09	Punt	DAL 27	6	17	0	17	1	* DAL 6	Downs
7	11:00	8:21	2:39	Punt	SEA 34	6	13	0	13	1	SEA 47	Punt
8	8:21	6:32	1:49	Muffed Punt	DAL 5	4	-10	0	-10	0	* DAL 1	Downs
(334) Average SEA 42												

* inside opponent's 20

Time of Possession by Quarter		1st	2nd	3rd	4th	OT	Total
Visitor	Dallas Cowboys	6:49	5:12	10:30	10:24		32:55
Home	Seattle Seahawks	8:11	9:48	4:30	4:36		27:05
Kickoff Drive No.-Start Average		Cowboys: 2 - DAL 20		Seahawks: 4 - SEA 24			

Dallas Cowboys vs Seattle Seahawks
8/15/2026 at Lumen Field

Final Defensive Statistics

Dallas Cowboys		Regular Defensive Plays											Special Teams					Misc			
	TKL	AST	COMB	SK	/ YDS	TFL	Q	IN	PD	FF	FR		TKL	AST	FF	FR	BL	TKL	AST	FF	FR
C.Robinson	5	3	8	0	0	1	0	0	0	0	0		0	0	0	0	0	0	0	0	0
C.Carson	3	1	4	0	0	0	0	0	1	0	0		0	0	0	0	0	0	0	0	0
J.Barron	2	2	4	0	0	1	0	0	0	0	0		0	0	0	0	0	0	0	0	0
J.Wood	1	3	4	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
J.Houston	2	1	3	1	4	1	1	0	0	0	0		0	0	0	0	0	0	0	0	0
R.Steward	2	1	3	0.5	4.5	0	1	0	0	0	0		0	0	0	0	0	0	0	0	0
M.Lawrence	2	1	3	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
K.Gilliam	0	3	3	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
J.Butler	2	0	2	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
I.Land	1	1	2	1	14	1	1	0	0	0	0		0	0	0	0	0	0	0	0	0
T.Bridges	1	1	2	0	0	0	0	0	1	0	0		0	0	0	0	0	0	0	0	0
M.Bell	1	1	2	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
D.Withers	1	1	2	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
T.Wheat	0	2	2	0.5	4.5	0	2	0	0	0	0		0	0	0	0	0	0	0	0	0
L.Patterson	0	2	2	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
S.James	0	2	2	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
J.Toia	0	2	2	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
S.Williams	0	2	2	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
A.Speed	1	0	1	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
S.Revel	1	0	1	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
M.Liufau	1	0	1	0	0	1	0	0	0	0	0		0	0	0	0	0	0	0	0	0
T.Dunn	1	0	1	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
D.Kendrick	0	1	1	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
L.Overton	0	1	1	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
A.Clark	0	1	1	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	0
J.Hudson	0	0	0	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
J.Mingo	0	0	0	0	0	0	0	0	0	0	0		1	0	0	0	0	0	0	0	0
J.Milton	0	0	0	0	0	0	0	0	0	0	0		0	0	0	0	0	0	0	0	1
Total	27	32	59	3	27	5	5	0	2	0	0		6	0	0	0	0	0	0	0	1

TKL = Tackle AST = Assist COMB = Combined QH=QB Hit IN = Interception PD = Pass Defense FF = Forced Fumble FR = Fumble Recovery

Final Defensive Statistics

Seattle Seahawks	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/ YDS	TFL	QH	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
T.Knight	7	3	10	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	0	0	
C.Surratt	2	4	6	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	
A.Smith	3	2	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
P.O'Connell	2	3	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
R.Thomas	1	4	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Gaines	2	2	4	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
A.Fuller	3	0	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.O'Toole	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Clark	1	2	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Ivey	2	0	2	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
J.Washington	2	0	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Singleton	1	1	2	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
N.Pritchett	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
U.Seumalo	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
M.Jones	1	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
D.Bell	0	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
M.Dansby	0	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
M.Hook	0	2	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
M.Morris	1	0	1	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
S.Jean-Charles	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
W.Thomas	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
A.Hubbard	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
A.Finley	1	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
R.Mills	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
B.Pili	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Ju.Jones	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
B.Russell	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	
T.Harden	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	
J.Milroe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	
Total	35	34	69	0	0	2	2	0	2	1	0	1	2	0	1	0	0	0	0	1	

Dallas Cowboys vs Seattle Seahawks
8/15/2026 at Lumen Field

First Half Summary

PERIOD SCORES			TIME OF POSSESSION		
Cowboys	0	10 = 10	Cowboys	12:01	
Seahawks	7	0 = 7	Seahawks	17:59	

Scoring Plays							
Team	Qtr	Time	Play Description (Extra Point) (Drive Info)			Visitor	Home
Seahawks	1	7:42	M.Foster 5 yd. pass from D.Lock (J.Myers kick) (13-80, 7:18)			0	7
Cowboys	2	11:14	B.Aubrey 29 yd. Field Goal (16-74, 8:43)			3	7
Cowboys	2	0:38	C.Brown 39 yd. pass from S.Howell (B.Aubrey kick) (7-65, 1:26)			10	7

	Dallas Cowboys	Seattle Seahawks
TOTAL FIRST DOWNS	8	12
First Downs Rushing-Passing-by Penalty	3 - 4 - 1	5 - 4 - 3
THIRD DOWN EFFICIENCY	5-7-71.4%	5-7-71.4%
TOTAL NET YARDS	134	129
Total Offensive Plays	25	33
NET YARDS RUSHING	40	98
NET YARDS PASSING	94	31
Gross Yards Passing	94	35
Times thrown-yards lost attempting to pass	0-0	1-4
Pass Attempts-Completions-Had Intercepted	12 - 8 - 0	11 - 7 - 0
Punts-Number and Average	1 - 56.0	1 - 39.0
Penalties-Number and Yards	6 - 59	7 - 66
Fumbles-Number and Lost	0 - 0	1 - 0
Red Zone Efficiency	0-1-0%	1-2-50%
Average Drive Start	DAL 25	SEA 27

Dallas Cowboys										Seattle Seahawks																	
RUSHING						ATT	YDS	AVG	LG	TD	RUSHING						ATT	YDS	AVG	LG	TD						
J.Blue						8	19	2.4	4	0	G.Holani						12	42	3.5	8	0						
S.Howell						2	15	7.5	10	0	J.Milroe						4	34	8.5	20	0						
P.Mafah						3	6	2.0	4	0	V.Jones						4	16	4.0	5	0						
											D.Lock						1	6	6.0	6	0						
Total						13	40	3.1	10	0	Total						21	98	4.7	20	0						
PASSING						ATT	CMP	YDS	SK/YD	TD	LG	IN	RT	PASSING						ATT	CMP	YDS	SK/YD	TD	LG	IN	RT
S.Howell						12	8	94	0/0	1	39	0	118.1	D.Lock						7	4	19	0/0	1	12	0	101.8
														J.Milroe						4	3	16	1/4	0	9	0	81.2
Total						12	8	94	0/0	1	39	0	118.1	Total						11	7	35	1/4	1	12	0	98.7
PASS RECEIVING						TAR	REC	YDS	AVG	LG	TD	PASS RECEIVING						TAR	REC	YDS	AVG	LG	TD				
J.Mingo						2	2	20	10.0	11	0	J.Bobo						5	3	13	4.3	9	0				
J.Blue						2	2	15	7.5	13	0	E.Arroyo						1	1	12	12.0	12	0				
M.Trigg						3	2	14	7.0	10	0	N.Kallerup						1	1	6	6.0	6	0				
C.Brown						1	1	39	39.0	39	1	M.Foster						1	1	5	5.0	5	1				
P.Mafah						1	1	6	6.0	6	0	V.Jones						1	1	-1	-1.0	-1	0				
A.Smith						2	0	0	0.0	0	0	C.White						1	0	0	0.0	0	0				
M.Valdes-Scantling						1	0	0	0.0	0	0																
Total						12	8	94	11.8	39	1	Total						10	7	35	5.0	12	1				

Dallas Cowboys	Regular Defensive Plays												Special Teams					Misc			
	TKL	AST	COMB	SK	/ YDS	TFL	Q	IN	PD	FF	FR	TKL	AST	FF	FR	BL	TKL	AST	FF	FR	
C.Robinson	4	2	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
C.Carson	3	1	4	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	
J.Barron	2	2	4	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
J.Houston	2	1	3	1	4	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	
Total	11	6	17	1	4	2	1	0	1	0	0	0	0	0	0	0	0	0	0	0	

8/15/2026 at Lumen Field

[illegible]

Play By Play

First Quarter

8/15/2026

DAL wins the coin toss and elects to defer. SEA elects to Receive, and DAL elects to defend the north goal.

B.Aubrey kicks 53 yards from DAL 35 to SEA 12. C.White pushed ob at SEA 45 for 33 yards (A.Speed).

PENALTY on SEA-N.Kallerup, Offensive Holding, 10 yards, enforced at SEA 30.

Seattle Seahawks at 15:00, (1st play from scrimmage 14:52)

1-10-SEA 20	(14:52) G.Holani left end to SEA 23 for 3 yards (C.Carson).	
2-7-SEA 23	(14:17) D.Lock pass short right to J.Bobo to SEA 26 for 3 yards (S.Revel).	
3-4-SEA 26	(13:38) (Shotgun) D.Lock pass incomplete deep left to C.White.	
	<i>PENALTY on DAL-C.Carson, Defensive Pass Interference, 19 yards, enforced at SEA 26 - No Play.</i>	X1
<u>1-10-SEA 45</u>	(13:34) V.Jones left tackle to SEA 49 for 4 yards (C.Carson; S.James).	
2-6-SEA 49	(12:57) V.Jones right end to DAL 46 for 5 yards (C.Robinson).	
3-1-DAL 46	(12:21) G.Holani right guard to DAL 44 for 2 yards (M.Lawrence; J.Toia).	R2
<u>1-10-DAL 44</u>	(11:42) D.Lock pass incomplete short left.	
2-10-DAL 44	(11:37) (Shotgun) G.Holani right guard to DAL 39 for 5 yards (S.Williams; S.James).	
3-5-DAL 39	(10:57) (Shotgun) D.Lock scrambles left end to DAL 33 for 6 yards (C.Robinson; D.Kendrick).	R3
	<i>PENALTY on DAL-C.Carson, Face Mask, 15 yards, enforced at DAL 33.</i>	X4
<u>1-10-DAL 18</u>	(10:39) G.Holani right tackle to DAL 18 for no gain (K.Gilliam; T.Bridges).	
2-10-DAL 18	(9:58) (Shotgun) D.Lock pass short middle to E.Arroyo to DAL 6 for 12 yards (C.Carson).	P5
<u>1-6-DAL 6</u>	(9:11) G.Holani left tackle to DAL 4 for 2 yards (M.Bell; L.Overton).	
2-4-DAL 4	(8:28) G.Holani up the middle to DAL 5 for -1 yards (M.Liufau).	
3-5-DAL 5	(7:46) (Shotgun) D.Lock pass short right to M.Foster for 5 yards, TOUCHDOWN.	P6
	<i>Penalty on DAL-M.Liufau, Defensive Pass Interference, declined.</i>	
	J.Myers extra point is GOOD, Center-C.Stoll, Holder-M.Dickson.	

Timeout at 07:42.

DAL 0 SEA 7, 13 plays, 80 yards, 2 penalties, 7:18 drive, 7:18 elapsed

J.Myers kicks 65 yards from SEA 35 to DAL 0. I.Abanikanda to DAL 25 for 25 yards (J.Ivey; B.Russell).

Dallas Cowboys at 7:42, (1st play from scrimmage 7:35)

1-10-DAL 25	(7:35) J.Blue up the middle to DAL 27 for 2 yards (R.Mills; B.Pili).	
2-8-DAL 27	(7:05) J.Blue left guard to DAL 31 for 4 yards (J.Ivey).	
3-4-DAL 31	(6:28) (Shotgun) <i>PENALTY on DAL-N.Thomas, False Start, 5 yards, enforced at DAL 31 - No Play.</i>	
3-9-DAL 26	(6:07) (Shotgun) S.Howell pass incomplete short left to A.Smith (T.Knight) [M.Morris].	
4-9-DAL 26	(6:03) B.Anger punts 56 yards to SEA 18, Center-T.Sieg. C.White to SEA 36 for 18 yards (M.Bell).	

Timeout at 05:50.

Seattle Seahawks at 5:50

1-10-SEA 36	(5:50) (Shotgun) D.Lock pass short left to V.Jones to SEA 35 for -1 yards (J.Barron).	
2-11-SEA 35	(5:13) D.Lock pass incomplete short middle to J.Bobo (C.Carson).	
3-11-SEA 35	(5:09) (Shotgun) D.Lock pass incomplete deep middle to J.Bobo.	
4-11-SEA 35	(5:04) M.Dickson punts 39 yards to DAL 26, Center-C.Stoll, fair catch by J.Mingo.	
	<i>PENALTY on DAL-C.Robinson, Offensive Holding, 10 yards, enforced at DAL 26.</i>	

Timeout at 04:57.

Dallas Cowboys at 4:57

1-10-DAL 16	(4:57) (Shotgun) S.Howell pass short left to J.Blue to DAL 29 for 13 yards (C.O'Toole).	P1
<u>1-10-DAL 29</u>	(4:21) S.Howell pass incomplete deep left to M.Valdes-Scantling.	
2-10-DAL 29	(4:16) (Shotgun) J.Blue left guard to DAL 32 for 3 yards (T.Knight).	
3-7-DAL 32	(3:35) (Shotgun) S.Howell pass incomplete short middle to M.Valdes-Scantling.	
	<i>PENALTY on SEA-S.Jean-Charles, Defensive Pass Interference, 16 yards, enforced at DAL 32 - No Play.</i>	X2
<u>1-10-DAL 48</u>	(3:30) (Shotgun) J.Blue left guard to DAL 49 for 1 yard (T.Knight; C.O'Toole).	
2-9-DAL 49	(2:48) (Shotgun) J.Blue up the middle to 50 for 1 yard (T.Knight).	
3-8-50	(2:09) (Shotgun) S.Howell pass short left to J.Mingo to SEA 39 for 11 yards (T.Knight).	P3
<u>1-10-SEA 39</u>	(1:32) S.Howell scrambles up the middle to SEA 34 for 5 yards (P.O'Connell).	
2-5-SEA 34	(:44) (Shotgun) P.Mafah left guard to SEA 33 for 1 yard (P.O'Connell; D.Bell).	

Dallas Cowboys vs Seattle Seahawks at Lumen Field

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Dallas Cowboys	0	6:49	0	2	1	3	1/2	0/0
Seattle Seahawks	7	8:11	2	2	2	6	3/4	0/0

Second Quarter

8/15/2026

Play By Play

Dallas Cowboys continued.

3-4-SEA 33	(15:00) (Shotgun) S.Howell pass short right to J.Mingo to SEA 24 for 9 yards (N.Pritchett; C.O'Toole).	P4
<u>1-10-SEA 24</u>	(14:25) P.Mafah right tackle to SEA 23 for 1 yard (T.Knight).	
2-9-SEA 23	(13:39) (Shotgun) S.Howell pass short right to P.Mafah ran ob at SEA 17 for 6 yards (P.O'Connell; T.Knight).	
3-3-SEA 17	(13:21) (No Huddle, Shotgun) P.Mafah up the middle to SEA 13 for 4 yards (T.Knight; P.O'Connell).	R5
<u>1-10-SEA 13</u>	(12:39) (Shotgun) J.Blue up the middle to SEA 12 for 1 yard (U.Seumalo).	
2-9-SEA 12	(12:02) (Shotgun) S.Howell pass short right to J.Blue to SEA 10 for 2 yards (T.Knight).	
3-7-SEA 10	(11:20) (Shotgun) S.Howell pass incomplete short left to A.Smith.	
4-7-SEA 10	(11:17) B.Aubrey 29 yard field goal is GOOD, Center-T.Sieg, Holder-B.Anger.	

Timeout at 11:14.

DAL 3 SEA 7, 16 plays, 74 yards, 1 penalty, 8:43 drive, 3:46 elapsed

B.Aubrey kicks 58 yards from DAL 35 to SEA 7. C.White to SEA 23 for 16 yards (J.Wood).

Seattle Seahawks at 11:14, (1st play from scrimmage 11:06)

1-10-SEA 23	(11:06) G.Holani left end to SEA 28 for 5 yards (T.Dunn).	
2-5-SEA 28	(10:22) J.Milroe FUMBLES (Aborted) at SEA 27, and recovers at SEA 27.	
3-6-SEA 27	(9:44) (Shotgun) J.Milroe pass short middle to J.Bobo to SEA 36 for 9 yards (J.Barron).	P7
<u>1-10-SEA 36</u>	(9:04) J.Milroe scrambles right end ran ob at SEA 38 for 2 yards (M.Lawrence).	
	<i>PENALTY on DAL-C.Carson, Defensive Holding, 5 yards, enforced at SEA 38.</i>	X8
<u>1-10-SEA 43</u>	<i>(8:40) PENALTY on SEA-C.White, False Start, 5 yards, enforced at SEA 43 - No Play.</i>	
1-15-SEA 38	(8:18) (Shotgun) J.Milroe pass short left to J.Bobo to SEA 39 for 1 yard (J.Houston).	
2-14-SEA 39	(7:44) (Shotgun) G.Holani left guard to SEA 42 for 3 yards (M.Lawrence).	
3-11-SEA 42	(7:06) (Shotgun) J.Milroe scrambles right end pushed ob at DAL 46 for 12 yards (C.Robinson).	R9
<u>1-10-DAL 46</u>	(6:26) V.Jones left guard to DAL 42 for 4 yards (J.Barron; S.Williams).	
2-6-DAL 42	(5:45) (Shotgun) J.Milroe pass short middle to N.Kallerup to DAL 36 for 6 yards (C.Robinson).	P10

Timeout at 05:05.

<u>1-10-DAL 36</u>	(5:01) (Shotgun) G.Holani right end to DAL 28 for 8 yards (C.Carson).	
2-2-DAL 28	(4:22) (Shotgun) G.Holani left tackle to DAL 25 for 3 yards (L.Patterson; K.Gilliam).	R11
<u>1-10-DAL 25</u>	(3:43) G.Holani left end to DAL 20 for 5 yards (M.Bell).	
2-5-DAL 20	(3:09) V.Jones up the middle to DAL 17 for 3 yards (J.Houston; C.Robinson).	
3-2-DAL 17	(2:35) (Shotgun) J.Milroe pass incomplete short left to C.White (T.Bridges).	
4-2-DAL 17	(2:30) (Shotgun) J.Milroe pass short middle to J.Bobo to DAL 7 for 10 yards (D.Withers; A.Clark).	
	<i>PENALTY on SEA-A.Kight, Offensive Holding, 10 yards, enforced at DAL 17 - No Play.</i>	
4-12-DAL 27	(2:07) J.Myers 45 yard field goal is No Good, Wide Right, Center-C.Stoll, Holder-M.Dickson.	

Timeout at 02:04.

Dallas Cowboys at 2:04

1-10-DAL 35	(2:04) S.Howell pass incomplete short left to M.Trigg (T.Knight).	
Two-Minute Warning		
2-10-DAL 35	(1:59) (Shotgun) J.Blue up the middle to DAL 38 for 3 yards (M.Morris).	
3-7-DAL 38	(1:21) (Shotgun) S.Howell scrambles right end pushed ob at DAL 48 for 10 yards (N.Pritchett).	R6
	Timeout #1 by SEA at 01:15.	
<u>1-10-DAL 48</u>	(1:15) (Shotgun) S.Howell pass short right to M.Trigg to SEA 48 for 4 yards (T.Knight).	
2-6-SEA 48	<i>(:55) (No Huddle, Shotgun) PENALTY on DAL-D.Shelton, False Start, 5 yards, enforced at SEA 48 - No Play.</i>	
	Timeout #1 by DAL at 00:55. 10-second runoff avoided.	
2-11-DAL 47	<i>(:55) (Shotgun) S.Howell pass short right to M.Trigg pushed ob at SEA 43 for 10 yards (T.Knight).</i>	
3-1-SEA 43	<i>(:49) (No Huddle, Shotgun) J.Blue up the middle to SEA 39 for 4 yards (P.O'Connell).</i>	R7
	Timeout #2 by DAL at 00:45.	
<u>1-10-SEA 39</u>	(:45) (Shotgun) S.Howell pass deep right to C.Brown for 39 yards, TOUCHDOWN.	P8
	B.Aubrey extra point is GOOD, Center-T.Sieg, Holder-B.Anger.	

DAL 10 SEA 7, 7 plays, 65 yards, 1:26 drive, 14:22 elapsed

B.Aubrey kicks 59 yards from DAL 35 to SEA 6. R.Rochelle to SEA 28 for 22 yards (L.Patterson).

Dallas Cowboys vs Seattle Seahawks at Lumen Field

Seattle Seahawks at 0:38, (1st play from scrimmage 0:33)

- 1-10-SEA 28 (:33) (Shotgun) J.Milroe scrambles right end ran ob at SEA 48 for 20 yards (C.Robinson).
- 1-10-SEA 48 (:25) (Shotgun) *PENALTY on SEA-J.Bobo, False Start, 5 yards, enforced at SEA 48 - No Play.*
- 1-15-SEA 43 (:25) (Shotgun) J.Milroe sacked at SEA 41 for -2 yards (J.Houston).
PENALTY on SEA-B.Stephens, Offensive Holding, 10 yards, enforced at SEA 43 - No Play.
- 1-25-SEA 33 (:19) (Shotgun) J.Milroe sacked at SEA 29 for -4 yards (J.Houston).
Timeout #2 by SEA at 00:13.
- 2-29-SEA 29 (:13) (Shotgun) J.Milroe pass short left to E.Arroyo to SEA 38 for 9 yards (D.Kendrick).
PENALTY on SEA-L.Brown, Offensive Holding, 10 yards, enforced at SEA 29 - No Play.
- 2-39-SEA 19 (:04) (Shotgun) G.Holani left tackle to SEA 26 for 7 yards (J.Barron; T.Wheat).

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Dallas Cowboys	10	5:12	3	2	0	5	4/5	0/0
Seattle Seahawks	7	9:48	3	2	1	6	2/3	0/0

Third Quarter

8/15/2026

Play By Play

DAL elects to Receive, and SEA elects to defend the South goal.

J.Myers kicks 62 yards from SEA 35 to DAL 3. J.Blue to DAL 28 for 25 yards (Ju.Jones).

PENALTY on DAL-T.Holden, Illegal Block Above the Waist, 10 yards, enforced at DAL 26.

Dallas Cowboys at 15:00, (1st play from scrimmage 14:55)

1-10-DAL 16	(14:55) A.Smith left end to DAL 25 for 9 yards (M.Dansby; C.Surratt).	
2-1-DAL 25	(14:24) (Shotgun) P.Mafah right guard to DAL 28 for 3 yards (J.Ivey).	R9
<u>1-10-DAL 28</u>	(13:49) J.Milton pass short right to M.Trigg ran ob at DAL 37 for 9 yards (B.Clark). SEA-J.Ivey was injured during the play.	
2-1-DAL 37	(13:21) PENALTY on DAL-M.Johnson, False Start, 4 yards, enforced at DAL 37 - No Play.	
2-5-DAL 33	(13:03) (Shotgun) J.Milton pass incomplete short right to C.Brown. PENALTY on DAL-M.Johnson, Illegal Use of Hands, 10 yards, enforced at DAL 33 - No Play.	
2-15-DAL 23	(13:00) (Shotgun) J.Milton pass short middle to C.Brown to DAL 44 for 21 yards (S.Jean-Charles).	P10
<u>1-10-DAL 44</u>	(12:19) J.Milton pass incomplete short right to A.Smith.	
2-10-DAL 44	(12:15) J.Milton pass short middle to M.Trigg to SEA 49 for 7 yards (R.Thomas; C.Surratt).	
3-3-SEA 49	(11:33) (Shotgun) J.Milton pass short left to A.Smith to SEA 26 for 23 yards (A.Fuller).	P11
<u>1-10-SEA 26</u>	(10:54) (Shotgun) J.Milton scrambles right tackle to SEA 21 for 5 yards (A.Smith).	
2-5-SEA 21	(10:12) M.Davis right tackle to SEA 13 for 8 yards (R.Thomas; B.Clark).	R12
<u>1-10-SEA 13</u>	(9:35) M.Davis left guard to SEA 5 for 8 yards (D.Bell; C.Surratt).	
2-2-SEA 5	(8:54) (Shotgun) J.Milton left end ran ob at SEA 4 for 1 yard (R.Thomas). Timeout #1 by DAL at 08:23.	
3-1-SEA 4	(8:23) J.Milton up the middle to SEA 2 for 2 yards (J.Gaines). ** Injury Update: SEA-J.Ivey has returned to the game.	R13
<u>1-2-SEA 2</u>	(7:46) J.Milton pass short left to C.Brown for 2 yards, TOUCHDOWN [J.Singleton]. B.Aubrey extra point is GOOD, Center-T.Sieg, Holder-B.Anger.	P14

Timeout at 07:41.

DAL 17 SEA 7, 13 plays, 84 yards, 7:19 drive, 7:19 elapsed

B.Aubrey kicks 58 yards from DAL 35 to SEA 7. R.Rochelle to SEA 25 for 18 yards (J.Hudson).

Seattle Seahawks at 7:41, (1st play from scrimmage 7:37)

1-10-SEA 25	(7:37) V.Jones up the middle to SEA 28 for 3 yards (D.Withers; J.Toia).
2-7-SEA 28	(7:03) D.Lock pass short right to R.White to SEA 32 for 4 yards (J.Butler).
3-3-SEA 32	(6:25) (Shotgun) D.Lock pass incomplete deep left to M.Foster.
4-3-SEA 32	(6:19) M.Dickson punts 51 yards to DAL 17, Center-C.Stoll, out of bounds.

Timeout at 06:12.

Dallas Cowboys at 6:12

1-10-DAL 17	(6:12) M.Davis left tackle to DAL 20 for 3 yards (W.Thomas).	
2-7-DAL 20	(5:38) M.Davis left tackle to DAL 34 for 14 yards (B.Clark; R.Thomas).	R15
<u>1-10-DAL 34</u>	(4:53) M.Davis right tackle to DAL 31 for -3 yards (J.Gaines).	
2-13-DAL 31	(4:14) J.Milton pass incomplete short right to I.Abanikanda.	
3-13-DAL 31	(4:06) (Shotgun) PENALTY on DAL, Delay of Game, 5 yards, enforced at DAL 31 - No Play.	
3-18-DAL 26	(4:06) (Shotgun) J.Milton pass short left to A.Smith to DAL 31 for 5 yards (A.Fuller).	
4-13-DAL 31	(3:19) B.Anger punts 53 yards to SEA 16, Center-T.Sieg. R.Rochelle to DAL 32 for 52 yards (J.Mingo). PENALTY on DAL-J.Barron, Illegal Formation, 5 yards, enforced at DAL 32.	

Timeout at 03:01.

Seattle Seahawks at 3:01

1-10-DAL 27	(3:01) V.Jones right end ran ob at DAL 27 for no gain (J.Butler).	
2-10-DAL 27	(2:30) (Shotgun) D.Lock pass short middle to M.Foster to DAL 12 for 15 yards (C.Robinson; A.Clark).	P13
<u>1-10-DAL 12</u>	(1:50) (Shotgun) V.Jones up the middle to DAL 12 for no gain (J.Wood; K.Gilliam).	
2-10-DAL 12	(1:14) (Shotgun) D.Lock pass short left to M.Foster to DAL 9 for 3 yards (J.Wood; I.Land).	
3-7-DAL 9	(:29) (Shotgun) D.Lock pass short left to M.Foster pushed ob at DAL 6 for 3 yards (A.Speed).	

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Dallas Cowboys	17	10:30	4	3	0	7	2/3	0/0
Seattle Seahawks	7	4:30	0	1	0	1	0/2	0/0

Fourth Quarter

8/15/2026

Play By Play

Seattle Seahawks continued.

** Injury Update: DAL-P.Mafah is Out of the game.

4-4-DAL 6 (15:00) (Shotgun) D.Lock pass short left to V.Jones to DAL 10 for -4 yards (C.Robinson).

Penalty on SEA-L.Brown, Offensive Holding, declined.

Timeout at 14:52.

Dallas Cowboys at 14:52

1-10-DAL 10 (14:52) (Shotgun) J.Milton scrambles left end to DAL 11 for 1 yard (R.Thomas).

PENALTY on DAL-S.Pete, Illegal Use of Hands, 5 yards, enforced at DAL 10 - No Play.

1-15-DAL 5 (14:28) (Shotgun) M.Davis left guard to DAL 13 for 8 yards (A.Fuller).

2-7-DAL 13 (13:53) M.Davis left end to DAL 14 for 1 yard (A.Hubbard).

3-6-DAL 14 (13:13) (Shotgun) J.Milton pass short right to J.Hudson to DAL 24 for 10 yards (J.Washington). P16

1-10-DAL 24 (12:39) I.Abanikanda up the middle to DAL 29 for 5 yards (C.Surratt; R.Thomas).

2-5-DAL 29 (12:03) J.Milton pass short right to D.Rogers to DAL 31 for 2 yards (C.Surratt). FUMBLES (C.Surratt), ball out of bounds at DAL 31.

3-3-DAL 31 (11:41) (Shotgun) J.Milton pass short right to Z.Kuntz to DAL 29 for -2 yards (A.Finley).

4-5-DAL 29 (11:06) B.Anger punts 37 yards to SEA 34, Center-T.Sieg, fair catch by R.Rochelle.

Timeout at 11:00.

Seattle Seahawks at 11:00

1-10-SEA 34 (11:00) J.Milroe pass incomplete short left to M.Foster.

2-10-SEA 34 (10:54) (Shotgun) J.Milroe pass incomplete short right to T.Harden [T.Wheat].

3-10-SEA 34 (10:49) (Shotgun) J.Milroe pass short left to M.Foster to SEA 43 for 9 yards (T.Bridges). P14

Seattle challenged the short of the line to gain ruling, and the play was REVERSED.

(Shotgun) J.Milroe pass short left to M.Foster to SEA 44 for 10 yards (T.Bridges).

1-10-SEA 44 (10:26) J.Milroe sacked at SEA 35 for -9 yards (sack split by T.Wheat and R.Steward).

2-19-SEA 35 (9:43) (Shotgun) J.Milroe pass short left to N.Vannett to SEA 45 for 10 yards (L.Patterson; J.Wood).

3-9-SEA 45 (8:55) (Shotgun) J.Milroe scrambles right end pushed ob at SEA 47 for 2 yards (R.Steward).

Penalty on SEA-M.Foster, Offensive Offside, declined.

4-7-SEA 47 (8:44) M.Dickson punts 51 yards to DAL 2, Center-C.Stoll. T.Holden to DAL 21 for 19 yards (B.Lampe).

*PENALTY on DAL, Defensive Too Many Men on Field, 5 yards, enforced at SEA 47 - No Play.*4-2-DAL 48 (8:32) (Shotgun) *PENALTY on SEA-L.Brown, False Start, 5 yards, enforced at DAL 48 - No Play.*

4-7-SEA 47 (8:32) M.Dickson punts 51 yards to DAL 2, Center-C.Stoll. T.Holden MUFFS catch, RECOVERED by SEA-T.Harden at DAL 5.

Penalty on DAL-J.Butler, Offensive Holding, declined.

Seattle Seahawks at 8:21

1-5-DAL 5 (8:21) Ju.Jones right end ran ob at DAL 2 for 3 yards (R.Steward).

2-2-DAL 2 (7:48) T.Harden right end pushed ob at DAL 1 for 1 yard (J.Wood).

3-1-DAL 1 (7:22) T.Harden up the middle to DAL 1 for no gain (D.Withers).

4-1-DAL 1 (6:40) (Shotgun) J.Milroe sacked at DAL 15 for -14 yards (I.Land).

Timeout at 06:32.

Dallas Cowboys at 6:32

1-10-DAL 15 (6:32) J.Milton to DAL 14 for -1 yards. FUMBLES, and recovers at DAL 14. J.Milton to DAL 11 for -3 yards. Handoff to I.Abanikanda to DAL 23 for 12 yards (M.Dansby; A.Smith).

2-2-DAL 23 (5:51) I.Abanikanda up the middle to DAL 23 for no gain (M.Jones; M.Hook).

Timeout #1 by SEA at 05:42.

3-2-DAL 23 (5:42) (Shotgun) J.Milton pass short right to J.Hudson to DAL 28 for 5 yards (J.Washington). P17

*Penalty on SEA-J.Washington, Illegal Use of Hands, declined.*1-10-DAL 28 (5:23) (Shotgun) J.Milton pass short left to T.Johnson to DAL 42 for 14 yards (A.Smith). P18

Timeout #2 by SEA at 05:14.

1-10-DAL 42 (5:14) (Shotgun) J.Milton pass incomplete short right to D.Rogers.

2-10-DAL 42 (5:09) I.Abanikanda left guard to DAL 47 for 5 yards (J.Singleton; A.Smith).

Timeout #3 by SEA at 05:03.

3-5-DAL 47 (5:03) (Shotgun) J.Milton pass short right to T.Johnson to SEA 42 for 11 yards (A.Smith). P19

1-10-SEA 42 (4:27) I.Abanikanda up the middle to SEA 36 for 6 yards (J.Gaines; U.Seumalo).

Timeout #2 by DAL at 03:45.

Dallas Cowboys vs Seattle Seahawks at Lumen Field

2-4-SEA 36 (3:45) I.Abanikanda up the middle to SEA 33 for 3 yards (J.Gaines; M.Hook).
3-1-SEA 33 (3:06) J.Milton up the middle to SEA 31 for 2 yards (M.Jones).
1-10-SEA 31 (2:24) (Shotgun) I.Abanikanda up the middle to SEA 22 for 9 yards (C.Surratt).

R20

Two-Minute Warning

2-1-SEA 22 (2:00) J.Milton up the middle to SEA 20 for 2 yards (J.Singleton).
1-10-SEA 20 (1:17) J.Milton kneels to SEA 21 for -1 yards.
2-11-SEA 21 (:43) J.Milton kneels to SEA 22 for -1 yards.

R21

END OF QUARTER

	Score	Time Poss	First Downs				Efficiencies	
			R	P	X	T	3 Down	4 Down
Dallas Cowboys	17	10:24	2	4	0	6	4/5	0/0
Seattle Seahawks	7	4:36	0	1	0	1	1/3	0/2

Miscellaneous Statistics Report

Dallas Cowboys vs Seattle Seahawks
8/15/2026 at Lumen Field

Ten Longest Plays for Dallas Cowboys

Yards	Qtr	Play Start	Play Description
39	2	1-10-SEA 39	(:45) (Shotgun) S.Howell pass deep right to C.Brown for 39 yards, TOUCHDOWN.
23	3	3-3-SEA 49	(11:33) (Shotgun) J.Milton pass short left to A.Smith to SEA 26 for 23 yards (A.Fuller).
21	3	2-15-DAL 23	(13:00) (Shotgun) J.Milton pass short middle to C.Brown to DAL 44 for 21 yards (S.Jean-Charles).
14	3	2-7-DAL 20	(5:38) M.Davis left tackle to DAL 34 for 14 yards (B.Clark; R.Thomas).
14	4	1-10-DAL 28	(5:23) (Shotgun) J.Milton pass short left to T.Johnson to DAL 42 for 14 yards (A.Smith).
13	1	1-10-DAL 16	(4:57) (Shotgun) S.Howell pass short left to J.Blue to DAL 29 for 13 yards (C.O'Toole).
11	1	3-8-50	(2:09) (Shotgun) S.Howell pass short left to J.Mingo to SEA 39 for 11 yards (T.Knight).
11	4	3-5-DAL 47	(5:03) (Shotgun) J.Milton pass short right to T.Johnson to SEA 42 for 11 yards (A.Smith).
10	2	3-7-DAL 38	(1:21) (Shotgun) S.Howell scrambles right end pushed ob at DAL 48 for 10 yards (N.Pritchett).
10	2	2-11-DAL 47	(:55) (Shotgun) S.Howell pass short right to M.Trigg pushed ob at SEA 43 for 10 yards (T.Knight).

Ten Longest Plays for Seattle Seahawks

Yards	Qtr	Play Start	Play Description
21	1	3-5-DAL 39	(10:57) (Shotgun) D.Lock scrambles left end to DAL 33 for 6 yards (C.Robinson; D.Kendrick).
20	2	1-10-SEA 28	(:33) (Shotgun) J.Milroe scrambles right end ran ob at SEA 48 for 20 yards (C.Robinson).
15	3	2-10-DAL 27	(2:30) (Shotgun) D.Lock pass short middle to M.Foster to DAL 12 for 15 yards (C.Robinson; A.Clark).
12	1	2-10-DAL 18	(9:58) (Shotgun) D.Lock pass short middle to E.Arroyo to DAL 6 for 12 yards (C.Carson).
12	2	3-11-SEA 42	(7:06) (Shotgun) J.Milroe scrambles right end pushed ob at DAL 46 for 12 yards (C.Robinson).
10	4	3-10-SEA 34	(10:49) (Shotgun) J.Milroe pass short left to M.Foster to SEA 43 for 9 yards (T.Bridges).
10	4	2-19-SEA 35	(9:43) (Shotgun) J.Milroe pass short left to N.Vannett to SEA 45 for 10 yards (L.Patterson; J.Wood).
9	2	3-6-SEA 27	(9:44) (Shotgun) J.Milroe pass short middle to J.Bobo to SEA 36 for 9 yards (J.Barron).
8	2	1-10-DAL 36	(5:01) (Shotgun) G.Holani right end to DAL 28 for 8 yards (C.Carson).
7	2	1-10-SEA 36	(9:04) J.Milroe scrambles right end ran ob at SEA 38 for 2 yards (M.Lawrence).

Touchdown Scoring Information

		Offense	Defense	Special Teams
VISITOR	Dallas Cowboys	2	0	0
HOME	Seattle Seahawks	1	0	0

Player Scoring Information

Club	Player	TD	Rush TD	Rec TD	KO TD	Punt TD	Int TD	Fum TD	Misc TD	FG	XP	2Pt Rush	2Pt Rec	Sfty	Points
DAL	C.Brown	0	0	2	0	0	0	0	0	0	0	0	0	0	12
DAL	B.Aubrey	0	0	0	0	0	0	0	0	1	2	0	0	0	5
SEA	M.Foster	0	0	1	0	0	0	0	0	0	0	0	0	0	6
SEA	J.Myers	0	0	0	0	0	0	0	0	0	1	0	0	0	1

Possession Detail

	First Half		Second Half		Game	
	Visitor	Home	Visitor	Home	Visitor	Home
Largest Lead	3	7	10	0	10	7
Drives Leading	0	2	4	0	4	2
Time of Possession Leading	0:00	10:03	20:54	0:00	20:54	10:03
Largest Deficit	-7	-3	0	-10	-7	-10
Drives Trailing	3	1	0	4	3	5
Time of Possession Trailing	12:01	0:38	0:00	9:06	12:01	9:44
Times Score Tied Up		0		0		0
Lead Changes		2		0		2

Playtime Percentage

Percent of playtime per player on offense, defense and special teams (Unofficial)

Dallas Cowboys							Seattle Seahawks								
		Offense		Defense		Special Teams				Offense		Defense		Special Teams	
D.Shelton	T	45	68%			3	17%	E.Arroyo	TE	41	73%			3	17%
T.Keegan	G	45	68%			3	17%	B.Hart	T	41	73%				
A.Cornelius	T	45	68%			2	11%	M.Foster	WR	41	73%				
M.Johnson	T	44	67%			3	17%	M.Richman	T/G	37	66%			2	11%
J.Milton	QB	40	61%					C.White	WR	32	57%			6	33%
A.Smith	WR	39	59%			4	22%	Jo.Jones	G/T	32	57%				
N.Leverett	OL	38	58%			2	11%	O.Oluwatimi	C	32	57%				
J.Hudson	WR	37	56%			2	11%	B.Stephens	G	30	54%			2	11%
D.Rogers	TE	33	50%			7	39%	J.Milroe	QB	30	54%				
M.Trigg	TE	32	48%			6	33%	J.Bobo	WR	29	52%				
C.Brown	WR	27	41%			6	33%	G.Holani	RB	27	48%				
S.Howell	QB	26	39%					C.Haynes	G	26	46%			2	11%
N.Thomas	T	22	33%			1	6%	D.Lock	QB	26	46%				
D.Wingfield	OL	21	32%			3	17%	R.White	WR	24	43%			4	22%
C.Glaser	G	21	32%					L.Brown	T	24	43%			2	11%
S.Gutierrez	G	21	32%					F.Maranges	C	24	43%				
S.Pete	OL	21	32%					B.Cabeldue	G	19	34%			2	11%
J.Blue	RB	20	30%			4	22%	V.Jones	RB	19	34%			2	11%
I.Abanikanda	RB	19	29%			4	22%	N.Kallerup	TE	15	27%			8	44%
Z.Kuntz	TE	18	27%			3	17%	A.Kight	T	15	27%			2	11%
M.Valdes-Scantling	WR	18	27%			2	11%	N.Vannett	TE	12	21%			9	50%
J.Mingo	WR	17	26%			4	22%	E.Saubert	TE	12	21%				
P.Mafah	RB	15	23%			1	6%	T.Harden	RB	9	16%			3	17%
J.Smith	WR	14	21%					B.Russell	FB	8	14%			1	6%
M.Davis	RB	12	18%			4	22%	E.Henderson	WR	7	12%			7	39%
T.Johnson	WR	11	17%					B.Lampe	FB	3	5%			4	22%
T.Holden	WR	9	14%			4	22%	Ju.Jones	RB	1	2%			9	50%
L.Schoonmaker	TE	8	12%			2	11%	A.Finley	S			47	71%	6	33%
T.Bass	G	7	11%			1	6%	B.Clark	S			45	68%	5	28%
D.Mims	WR	1	2%					S.Jean-Charles	CB			40	61%	6	33%
C.Robinson	LB			46	82%	7	39%	C.Surratt	LB			40	61%	5	28%
A.Clark	S			45	80%	6	33%	M.Dansby	CB			40	61%	4	22%
C.Carson	CB			37	66%	6	33%	A.Smith	LB			40	61%	1	6%
J.Barron	LB			37	66%	6	33%	J.Gaines	LB			38	58%	3	17%
M.Bell	S			33	59%	5	28%	J.Ivey	LB			36	55%	10	56%
T.Bridges	CB			33	59%	4	22%	J.Singleton	NT			29	44%	1	6%
J.Toia	DT			32	57%	2	11%	R.Thomas	S			26	39%	10	56%
D.Withers	DT			32	57%	2	11%	N.Igbinoghene	CB			26	39%	7	39%
D.Kendrick	CB			27	48%	2	11%	A.Fuller	CB			26	39%	4	22%
T.Dunn	DT			25	45%			N.Pritchett	CB			26	39%	3	17%
T.Wheat	LB			23	41%	7	39%	P.O'Connell	LB			26	39%	3	17%
M.Liufau	LB			22	39%	5	28%	T.Knight	LB			26	39%	2	11%
J.Wood	S			20	36%	8	44%	U.Seumalo	NT			25	38%	1	6%
K.Gilliam	DT			20	36%	1	6%	M.Jones	LB			23	35%	6	33%
J.Houston	LB			18	32%	5	28%								

A.Speed	CB	18	32%	5	28%	M.Morris	DE	22	33%	2	11%
L.Overton	DT	17	30%	1	6%	R.Mills	DE	22	33%	2	11%
M.Lawrence	LB	17	30%	1	6%	J.Washington	CB	21	32%		
I.Land	LB	16	29%	7	39%	A.Hubbard	LB	19	29%	9	50%
S.Williams	LB	16	29%	2	11%	C.O'Toole	LB	17	26%	2	11%
L.Patterson	LB	15	27%	6	33%	W.Thomas	NT	17	26%	1	6%
J.Butler	CB	15	27%	5	28%	M.Hook	S	14	21%	11	61%
S.James	LB	14	25%	4	22%	B.Pili	NT	13	20%	1	6%
R.Steward	CB	10	18%	3	17%	D.Bell	S	11	17%	5	28%
A.Odeleye	DT	8	14%	5	28%	D.Eastern	NT	11	17%		
P.Locke	S	7	12%	1	6%	C.Stoll	LS			6	33%
C.Downs	DB	7	12%			M.Dickson	P			6	33%
S.Revel	CB	6	11%			J.Myers	K			4	22%
B.Aubrey	K			7	39%	R.Rochelle	WR			4	22%
B.Anger	P			6	33%						
T.Sieg	LS			6	33%						
J.Corbin	RB			2	11%						